



PATHFINDER BIKE-A-THON

April 7, 2024 / South Ridge

Kindly download the PDF to access the links leading to forms and applications.

DATE

April 7, 2024

TIME

8:00 a.m. – Track opens

4:00 p.m. – Track closes

LOCATION

South Ridge Estates, 9413 S Butte Rd, Sutter, CA 95982

DESCRIPTION

This is a one-day riding/walking event which combines the following goals:

1. To provide a Conference supervised event to complete the cycling honor requirements for riding 50 miles.
2. To raise funds for the local Club and its programs.
3. A percentage of total funds for Conference use as follows:
 - (a) To fund the Pathfinder Coordinator's services to Clubs and the Conference.
 - (b) To pay expenses for the Bike-a-thon.
 - (c) To help with specific mission projects.

ELIGIBILITY

To ride in the Bike-a-thon, you must be a Pathfinder, staff member, or guest at least ten years of age or in the fifth grade. In addition, you must have turned in a sponsor SPONSOR form containing at least five sponsors. Every rider and helper (if included on the REGISTRATION form) will later receive a Bike-a-thon pin.

SANCTION

Special insurance coverage is required for the Bike-a-thon event. The NCC Pathfinder Department pays for this coverage to provide a fun, safe fund-raising event.

NEW REGISTRATION

Please register your Club by March 22, 2024, to help us determine rental quantities.

POINTS & REPORT

To receive 100 Club points for Bike-a-thon, send your check for 35% of the funds collected, along with the BIKE-A-THON REPORT form, to the NCC Pathfinder Department by June 7, 2024.

AWARDS

Medallions will be awarded to each rider with money earned at the following award levels:

Gold: \$1000 +

Silver: \$750-\$999.99

Bronze: \$500-\$749

Trophies will be awarded at the Conference level to the Pathfinders' who earned the most money and rode the most miles.



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SPONSORSHIP

Each Pathfinder is encouraged to contact family, friends, relatives, and persons within the church to sponsor them in the Bike-a-thon. To be eligible to ride in the Bike-a-thon, each rider must have a minimum of five (5) sponsors. Each sponsor may sponsor the Pathfinder on a per-mile basis (i.e., 25¢ per mile, with or without a maximum amount) or a one-time flat fee (i.e., \$20.00 no matter how many miles the Pathfinder rides). The key to raising funds is to have a lot of sponsors.

Before arriving at the Bike-a-thon, each Pathfinder should have turned in their SPONSOR form to the Club Director. The Director must prepare a copy of each form, alphabetize the two sets by first name, and place them in a large manilla envelope with the Club's name written on it. The envelope should be delivered to the Area Coordinator upon arrival at the event. Not preparing the envelope properly may DELAY your Club's starting time. The envelope of the Club's copies should be collected from the Area Coordinator before departing the Bike-a-thon.

MEDICAL RELEASE/CONSENT FORM

Each Club **MUST** have a signed MEDICAL RELEASE/CONSENT form from each Pathfinder's parent(s) or guardian(s) on hand at the event.

NO PETS

For the safety of our Pathfinders, on and off the track, **NO** pets are allowed on any portion of the grounds at the Bike-a-thon. Each Club is required to submit a signed PATHFINDER EVENT PET POLICY form. All pets will be removed, and a \$100 fine will be assessed to the Club. Per ADA, this does not apply to licensed service animals.

BIBS

Each rider must wear an identification bib securely fastened to their outer clothing. Bibs must be CLOTH-NO PAPER. (See the bib pattern in this packet.)

FOOD BOOTH

Food or drink items may only be sold in the food court, NOT Club headquarters. Prior reservation is required to operate a food booth. **NEW** There will be a fee of \$20, in addition to the refundable deposit of \$20, payable on arrival at the event. Online Applications must be received no later than Friday, March 22, 2024. NO caffeine and NO meat are permitted.

HEADQUARTERS

Conference leadership and Coordinators will be available at Headquarters and around the Bike-a-thon venue. They will be wearing field uniforms so that they will be easily identifiable.

FIRST AID

The Conference will have a First Aid Station next to the Bike-a-thon Headquarters to treat minor cuts and abrasions.

RESTRICTED AREA — NO BICYCLES

- Within 25 feet of the Area Coordinator's table.
- Within 25 feet of the First Aid Area.
- Within the food court.
- Within the restroom area.



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BIKE-A-THON SAFETY PATROL

The Bike-a-thon Safety Patrol (BSP) comprises LITs and adult volunteers who help ensure the safety of Bike-a-thon participants. The BSPs wear bright orange safety vests. They carry a radio and are in contact with headquarters. They are available to help treat immediate emergencies and call for help. Club Directors must inform their riders of the importance of cooperating with the BSPs. The BSPs have the authority to disallow a Bike-a-thon participant from riding on the track if they do not comply with the rules and regulations. The BSPs can either be on foot or bicycle. The Coordinators and Bike-a-thon Safety Patrol can and WILL remove any rider from the track if the bicyclist violates the safety rules, rides recklessly, or endangers other riders. The rider will be delivered to their area Coordinator's table, where consequences will be determined. Once the rider has been removed from the track, they can only re-enter the track with the permission of the Coordinator who unseated the rider. It is at the Coordinator's discretion how long the rider is to remain off the track.

SAFETY

- Riders must ride with an approved Department of Transportation (DOT) helmet. NO EXCEPTIONS!
- Riders should wear modest biking gear. Shorts, T-shirts, or other appropriate clothing may be worn. Field uniform shirts may simplify identifying Pathfinders from each Club when they are on the track but are NOT required. Remember, weather conditions may change during the day, so bring clothing to accommodate those changes.
- Riders must have their hands on the handlebars at all times.
- Riders are limited to riding the official course and are to avoid shortcuts and restricted areas.
- Riders are not permitted to use personal media devices of any kind on the track.
- Riders may only ride a bike that is of appropriate size.
- Riders may NOT use motorized bikes or scooters of any kind are prohibited at this event. Any of the following cycles are permitted -- recumbent, tandem, unicycle, BMX, single, or multi-speed geared.

BICYCLE MAINTENANCE

The below items should be checked before arriving at the Bike-a-thon; allow time so that if repairs are needed, they can be completed before the Bike-a-thon. Any bike considered unsafe to ride will not be permitted on the track. Directors: Please make sure you know that all bikes are safe so that your Pathfinder is not disappointed if they have to be pulled off the track!! The responsibility is yours!! We want your Pathfinders to be able to ride safely. Clubs are responsible for the repair of their bicycles. Plan on bringing air pumps, extra tubes, and assorted tools for "last minute" adjustments. An official Conference vehicle will circulate the track to pick up any breakdowns and deliver them to their repair headquarters. Plan for the worst and hope for the best.

BICYCLE CHECKLIST

Staff should check the bicycles before arrival at the Bike-a-thon according to the following checklist:

- ☐ 1. All equipment should be securely fastened.
- ☐ 2. The tires should be in good condition with no splits or cracks. They should have all the spokes. The wheels should be in good condition without cracks or breaks.
- ☐ 3. Hand brakes should be in good working order, with the pads carefully checked for excessive wear. The back and front brakes should be able to stop the bike when operated independently.
- ☐ 4. Foot brakes should be able to stop the bicycles.
- ☐ 5. Gears and shifting levers should be in proper working order. Derailleurs should be adequately adjusted.
- ☐ 6. Chains should be adjusted appropriately, lubricated, and have a chain/sprocket guard covering the front sprocket. If riding with long pants, please ensure pants are strapped to the leg with some band.



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- ☐ 7. Handlebars should be securely tightened and have handle grips.
- ☐ 8. The pedals should be full pedal and rotate freely.
- ☐ 9. The seat should be of proper height and securely tightened so that it does not move.

CLUB RESPONSIBILITIES

- Each Club should set up a headquarters where riders may rest or adjust their bicycles. We never know what the weather has in store; therefore, we suggest you consider bringing some portable shade.
- Emphasis should be placed on completing the 50 miles required for the bike honor.
- Prepare a RIDER MILEAGE TRACKER form for each rider.
- Each Club should have two (2) adult checkers to mark each rider's laps on the RIDER MILEAGE TRACKER form. NOTE: Sponsors trust you to see that the miles ridden are accurate. Please don't let them down.
- Family and friends are invited to attend this event and see their Pathfinders in action. You might suggest your guests bring chairs and umbrellas, but remind them that NO PETS are permitted.
- Supply plenty of water and sports drinks for your Club. Also, check to make sure they are drinking it.

ON ARRIVAL

- Parking attendants will direct you to parking. Please follow their instructions. They are there for your safety. After entering the parking area, please find a location beyond the food booths. Unload at that location and set up your headquarters. Do NOT unload your Pathfinders or bicycles at the Bike-a-thon entrance.
- The Director or assigned personnel should register your Club with your Area Coordinator, bringing the envelope of Sponsor sheets to them at Headquarters. Upon receiving your sponsor sheets, your Coordinator will give you one wristband per rider with a sponsor sheet. PLEASE know how many wristbands you need before getting to your Coordinator's table. Orange fast-track wristbands are only for those committed to riding 70 miles or more. Green wristbands are for all other riders. Blue wristbands are for walkers.
- After receiving wristbands for each rider, return to Club headquarters and have each rider fasten one snugly to the right wrist.
- Only after the Pathfinder has their bicycle, is wearing an approved Department of Transportation (DOT) helmet, is wearing the official Club bib, is wearing a wristband on their right wrist, and has been assigned a RIDER MILEAGE TRACKER form are they ready to enter the track. If it is before 8:00 am, Pathfinders should line up at the start line.
- When the rider has completed riding for the day, they should return to their Club headquarters.

GENERAL INFORMATION

- Portable restroom facilities will be available for your convenience.
- All vehicles, except the official Conference vehicle, are prohibited from driving on the track, unless authorized by the Conference.
- Two or more riders may use the same bicycle on alternate laps but MUST not use the same RIDER MILEAGE TRACKER sheet.
- Riders may stop and rest as often as they wish.



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DIRECTIONS

South Ridge Estates

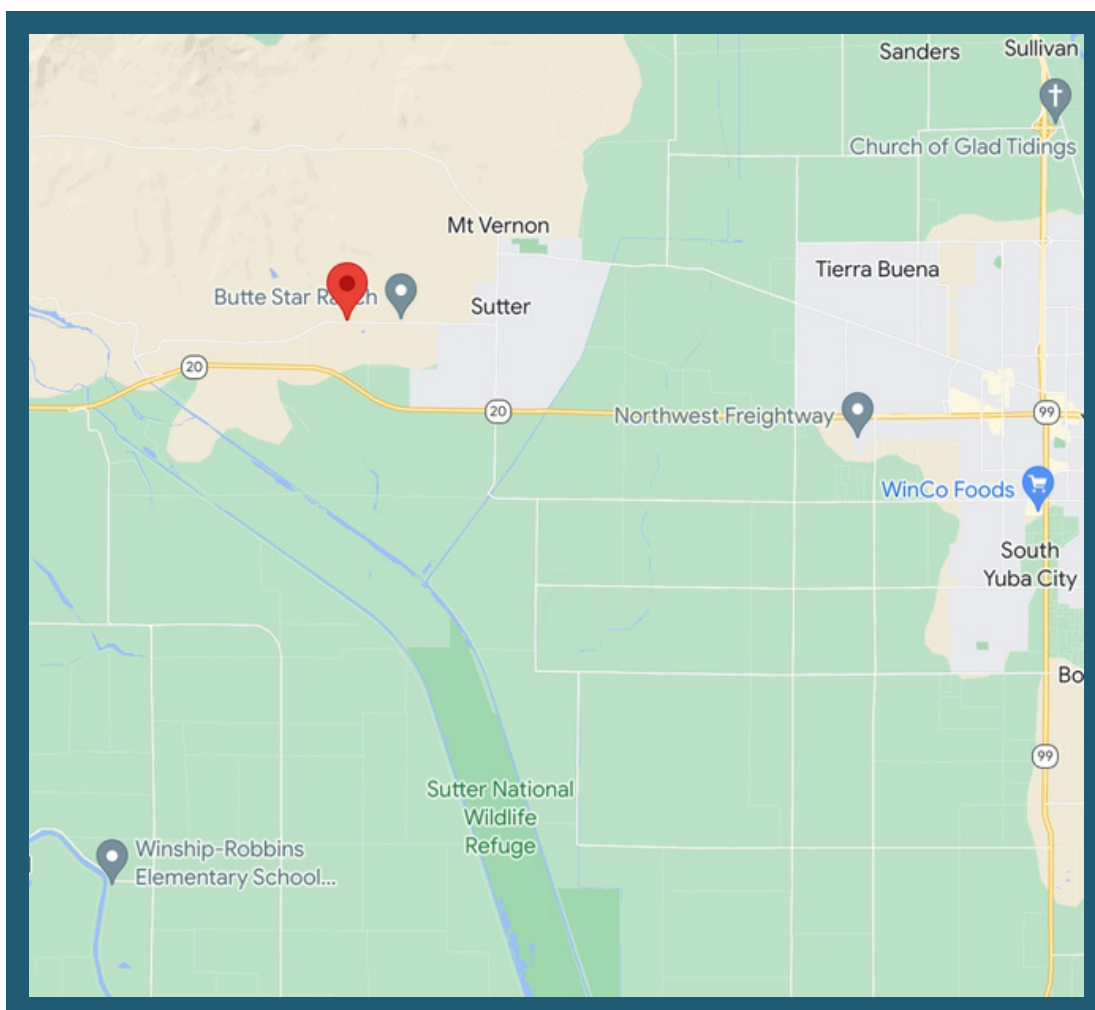
9413 S Butte Rd, Sutter, CA 95982

Take Highways 99 or 65 to Marysville or Yuba City until you reach HWY 20

Go West on Hwy 20 to Wyncoop Rd

Go North on Wyncoop Rd until S. Butte Rd

Follow signs to Bike-a-thon Area and Parking



Northern California Conference of Seventh-day Adventists

Pathfinder Department

2100 Douglas Blvd, Roseville, CA 95661 | P.O. Box 619015 Roseville, CA 95661-9015 | 916.886.5600 | pathfinders@nccsda.com



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AREA & Club CODING

Area 1 – North Coast

Crescent City1-CC
Fortuna1-FO
McKinleyville1-HB

Area 2 – North Valley

Anderson2-AN
Hayfork2-HA
Palo Cedro2-PC
Red Bluff2-RB
Redding2-RE

Area 3 – Sierra Foothills

Auburn3-AU
Carmichael3-CA
Colfax3-CO
Georgetown3-GT
Gracepoint3-RL
Granite Bay3-GB
Lincoln3-LI
Meadow Vista3-MV
Orangevale3-OV
Roseville3-RO
Sac. Central3-SC
Sac. Samoan3-SS
Sac. Slavic3-SL
Sac. Woodside3-SW

Area 4 – Central Valley

Chico4-CH
Grass Valley4-GV
Gridley4-GR
Magalia-Upper Ridge4-UP
Oroville4-OR
Paradise4-PA
Sierra Golden Bears4-SG
Woodland4-WD
Yuba City4-YC

Area 5 – South Valley

All Nations-Tongan5-AN
Camino5-CA
Escalon5-ES
Galt5-GA
Lockeford5-LF
Lodi Fairmont5-LO
Lodi Spanish5-LS
Manteca5-MA
Manteca Spanish5-MS
Placerville5-PV
Sac. Capitol City5-CC
Sac. Southgate5-CG
Sac. Spanish5-SS
Sac. Tongan5-ST
Shingle Springs5-SSP
Stock. Delta Disciples5-SD
Stock. Mayfair5-MF
Stock. Spanish5-SP
Stock. Fil-Am5-FI
Sutter Hill5-SH
Tracy Spanish5-TS

Area 6 – Diablo Area

Antioch6-AN
Fremont6-FR
Hayward English6-HW
Hayward Spanish6-HS
Oak. Elmhurst6-OE
Oak. "The Grand"6-OG
Oak. Immanuel Temple.....6-OI
Oak. Spanish6-OS
Pittsburg6-PI
Pleasant Hill6-PH
San Leandro6-SL

Area 7 – Howell Mountain/ Clearlake

Calistoga7-CA
Fairfield Spanish7-FS
Fairfield7-FF
Middletown7-MT
Napa Spanish7-NS
Napa Valley7-NY
PUC/Howell Mountain ... 7-HM
Richmond Beacon Light ..7-BL
Rohnert Park7-RP
Santa Rosa Spanish7-SR
Sebastopol7-SE
Elmshaven7-TH
Vacaville7-VA
Vallejo Central7-VC
Vallejo-Berea7-VB

Area 8 – Central Coast

Clearlake8-KO
Cloverdale/Healdsburg ...8-CD
Ukiah8-UK
Willits8-WI



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BIB PATTERN

Material Needed: Unbleached muslin or any plain cloth material - Approx.: 1/3 yard.

Bias tape: 3 yards and cord ties.

Cut two nine inch squares, bind with bias tape, attach shoulder and waist tie cords, and apply Bold and clear numbers and letters.

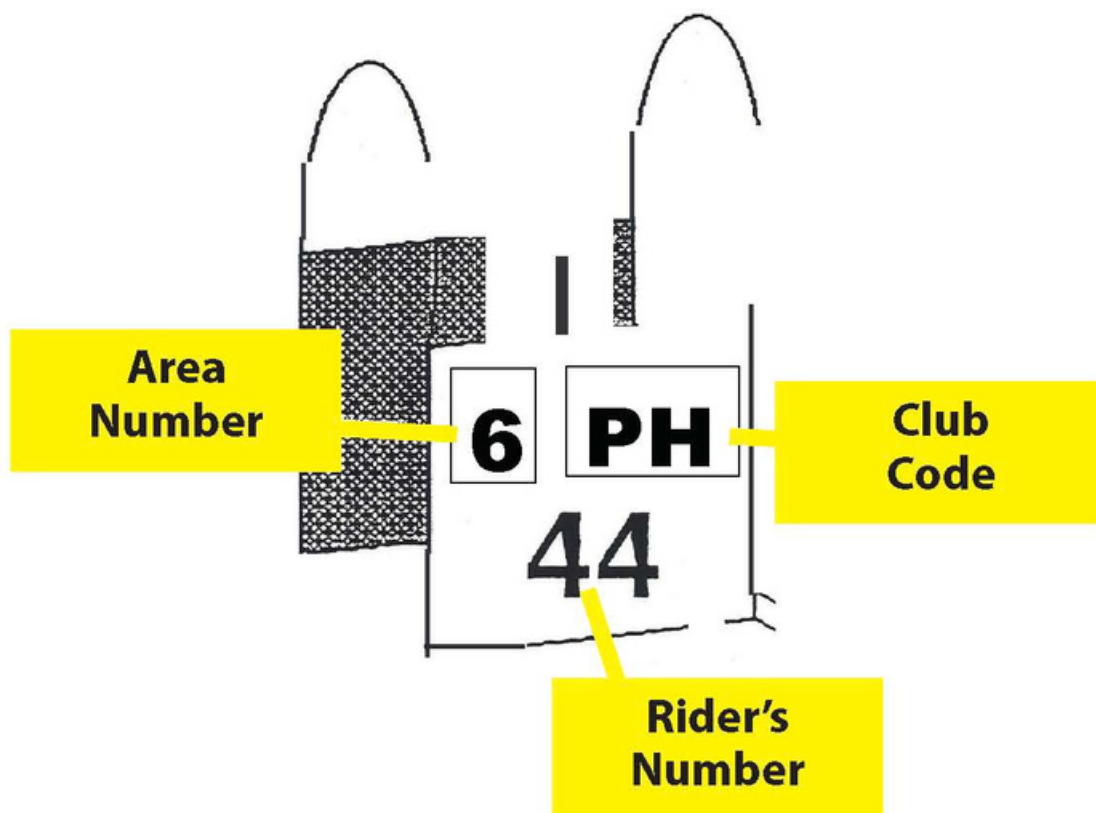
Your area and club code is listed on the "AREA AND CLUB CODING CLUB" page. The club assigns each rider a number. The area number, club letters, and the riders number should appear on both sides of the bib.

REMEMBER:

Area Number - Upper Left Corner

Club Code - Upper Right Corner

Rider Number - Lower Middle





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AREA BIB COLORS

1 **Orange**

2 **Brown**

3 **Gold**

4 **Purple**

5 **Blue**

6 **Yellow**

7 **Green**

8 **Red**