

# LIFE GROUP LESSON

**Don't Forget to Remember • Week of August 27**

## Core Value:

**H-** Healing happens best in need based ministries and life groups.

## Introduction

The opening of the message this week reads, 'It has been said that 2 Corinthians was written with a pen dipped in tears. Paul had visited the Corinthians on his second missionary journey, and founded a church in Corinth after spending 18 months there. He wrote the first letter and it was lost, the second letter he wrote we now know as I Corinthians. His third letter mentioned in 2 Cor. 2:9 and 7:12 it was lost as well. His fourth letter is what we know as 2 Corinthians. He had planned a third visit but instead decided to write this fourth letter. He later did visit Corinth (Acts 20). Paul is concerned for the Corinthian people as they are struggling with issues of inner conflict and immorality. You can feel his heart pour out in these words as Paul wants them to be "holy" or "whole in Christ".

## Background

Our theme this weekend in our series "Don't Forget to Remember" is on the core value of Christ Church, "Healing Happens Best in Need Based Ministries and Life Groups". Reading the headlines in major newspapers that are still in print, blogs, and reading social media posts one would think that Paul was writing a letter to us in the 21<sup>st</sup> century. Anxiety and rates of depression have never been higher especially among younger people. A recent study revealed at our Global Leadership Summit that 58% of people are lonely and it is as high as 80% among those in their teens and twenties. Why? We are the most socially connected generation who have ever lived. With cell phones, social media, and instant texts we can communicate at lightning speed compared to generations before us. Yet more people are lonely and feeling overwhelmed.

Read Paul's letter to the church of Corinth and listen as if it was being written to you:

As the text is read think of these three questions:

- What is the Holy Spirit saying to you?
- What are you going to do about it?
- How can we help you?

## Read—2 Corinthians 1: 1-12

1. What did you hear or feel the Holy Spirit saying to you? Let's share this as we go around the circle. A) Discuss as a group how we are triune people in that we are physical, emotional and spiritual people. Can you identify that when one area of you is out of balance it does affect the rest of you? B) Share with the group a time when you were physically sick and it affected you emotionally and possibly spiritually as well.
2. What are you going to do about it?

Read again vs. 4-6 <sup>4</sup>He comforts us in all our troubles so that we can comfort others. When they are troubled, we will be able to give them the same comfort God has given us. <sup>5</sup>For the more we suffer for Christ, the more God will shower us with his comfort through Christ. <sup>6</sup>Even when we are weighed down with troubles, it is for your comfort and salvation! For when we ourselves are comforted, we will certainly comfort you. Then you can patiently endure the same things we suffer".

A) How can we as followers of Christ receive God's comfort? B) How can we be more intentional in comforting others who are weighed down with troubles? C) How can we recommend Celebrate Recovery, Divorce Care, Grief Care, Financial Peace University and other need based ministries to others?

3. How can we help you? Encourage you to be a fellow "comforter of others"?

**Closing:**

Spend some quality time in prayer for each other. Before prayer, ask how you might pray for one another by asking, "what troubles or challenges are you facing now? You don't have to walk through these troubles by yourself. Let's share one another's burdens. Spend time praying for the person on your right. Then spend some time praying for the person on your left. Then conclude with the Lord's Prayer.

# DON'T FORGET TO REMEMBER

H - Healing happens best in Need Based Ministries and Life Groups.

**Text:** 2 Corinthians 1: 1-12

## PLAIN TRUTH

God's design was always \_\_\_\_\_ and never \_\_\_\_\_.

The process for healing comes from our Wesleyan understanding of God's Radical grace.

Preventing Grace

\_\_\_\_\_ Grace

\_\_\_\_\_ Grace

Justifying Grace

\_\_\_\_\_ Grace

Sanctifying Grace

### One Year Bible Reading

- August 27: Job 23:1-27:23, 2 Corinthians 1:12-2:11, Psalm 41:1-13, Prov. 22:5-6
- August 28: Job 28:1-30:31, 2 Corinthians 2:12-17, Psalm 42:1-11, Proverbs 22:7
- August 29: Job 31:1-33:33, 2 Corinthians 3:1-18, Psalm 43:1-5, Proverbs 22:8-9
- August 30: Job 34:1-36:33, 2 Corinthians 4:1-12, Psalm 44:1-8, Proverbs 22:10-12
- August 31: Job 37:1-39:30, 2 Corinthians 4:13-5:10, Psalm 44:9-26, Proverbs 22:13
- September 1: Job 40:1-42:17, 2 Corinthians 5:11-21, Psalm 45:1-17, Prov. 22:14
- September 2: Ecclesiastes 1:1-3:22, 2 Corinthians 6:1-13, Ps. 46:1-11, Prov. 22:15