

## DAY 1 — A HEART PREPARED FOR ENCOUNTER

Psalm 24:3–4 (NKJV) “Who may ascend into the hill of the Lord? Or who may stand in His holy place? He who has clean hands and a pure heart...”

### DEVOTIONAL

An encounter with God always begins with preparation. Throughout Scripture, those who experienced God in powerful ways first positioned their hearts—through repentance, humility, and surrender. God is not distant or unwilling; He desires relationship. However, distractions, unconfessed sin, pride, and busyness can dull our spiritual sensitivity.

Fasting helps quiet the noise of the flesh so the spirit can become more attentive. It is not about earning God’s presence but about **removing obstacles** that keep us from recognizing it. When we come before Him with honesty and humility, He meets us there.

Today is about clearing space, laying down expectations, agendas, and weights—so your heart becomes fertile ground for a divine encounter.

### REFLECTION QUESTIONS

- What distractions or habits may be dulling my spiritual sensitivity?
- Is there anything the Holy Spirit is asking me to surrender or repent of?
- Am I truly hungry for God, or just seeking answers?

### PRAYER FOCUS

- Ask God to search your heart and reveal anything that needs to be aligned with Him.
- Repent of known sin and ask for a clean heart.
- Pray for spiritual hunger and sensitivity.
- Invite the Holy Spirit to lead the next two days.

**PRAYER POINT DECLARATION:** “Lord, I come before You with humility. Remove anything in me that hinders Your presence. Create in me a clean heart and prepare me for an encounter with You.”

**FASTING FOCUS:** Fast with a posture of repentance and surrender. Replace mealtimes with prayer and Scripture reading.