



# PERSONAL DEVELOPMENT PLAN

Peter Drucker famously said: “**what gets measured gets managed.**” If you measure something then the probability of you acting on it increases. If we will grow, we must be honest about our current reality. What type of disciple am I today? What are my strengths and weaknesses? Below is an inventory to help measure personal growth. It is intended to identify areas of needed growth AND to celebrate evidences of the Spirit’s work in your life.

Take the inventory below recognizing that your righteousness is in Christ alone, not in your assessment score. We are saved by faith alone in Christ alone. However, the faith that alone saves is never alone; it is always accompanied by works (Eph 2:10). Also, realize that growth takes time (a lifetime actually). So don’t get discouraged. God is at work in you and He will finish what He has started.

## PERSONAL GROWTH ASSESSMENT

Place a 1-4 in the blanks next to each statement:

1= This doesn’t describe me at all

2= This description rarely fits me

3= This describes me some of the time

4= This describes me most of the time

## CHARACTER

\_\_\_\_\_ Holiness: I am aware of my sin and actively seek to put sin to death and cultivate righteousness.

\_\_\_\_\_ Love: I have a genuine and growing love for God and others.

\_\_\_\_\_ Joy: I am marked by a consistent joy in Jesus Christ.

\_\_\_\_\_ Peace: I am free from bitterness and anger. I frequently overlook offenses, lovingly confront others when necessary, and seek to restore relationships that have been broken.

\_\_\_\_\_ Patience: I am patient with God (His timing) and with other people, especially those who are difficult to love.

\_\_\_\_\_ Kindness: I frequently bless others.

\_\_\_\_\_ Goodness: My life is marked by frequent good deeds.

\_\_\_\_\_ Faithfulness: I am consistent. I stick with people. I don't give up when things get difficult.

\_\_\_\_\_ Gentleness: I am not short-tempered or quarrelsome. I am careful in the way I speak to others.

\_\_\_\_\_ Self-control: I am free from habitual patterns of sin.

\_\_\_\_\_ Integrity: I am consistently the same person at work, home, church, and when I am alone.

\_\_\_\_\_ Humility: I'm neither boastful or timid. I don't think more or less of myself than I should; I think about myself less.

## COMPETENCE (SKILLS & HABITS)

\_\_\_\_ Bible reading: I read the Bible daily.

\_\_\_\_ Bible knowledge: I feel “at home” in the Bible. I can find passages quickly. I understand the overall story of the Bible.

\_\_\_\_ Bible study: I know how to study a passage of Scripture.

\_\_\_\_ Scripture Memory: I can quote important passages of Scripture.

\_\_\_\_ Prayer: I pray regularly and enjoy prayer. I often turn my hopes and fears into prayer. I feel comfortable praying in front of others.

\_\_\_\_ Theology: I have an understanding of the major doctrines of the Christian faith (the character of God, the Trinity, the deity and humanity of Christ, sinfulness of man, salvation by grace through faith, heaven/hell, the Word of God, etc).

\_\_\_\_ Theology: I have settled convictions on important theological and cultural issues: homosexuality, gender roles, divorce, abortion, authority of the Bible, etc.

\_\_\_\_ Theology: I know where to take someone in the Bible to teach them major doctrines of the Christian faith.

\_\_\_\_ Truth-Speaking: I am able to speak the truth in love-comforting, encouraging and rebuking others when necessary.

\_\_\_\_ Hospitality: I make people feel welcome and comfortable especially when they are new to my church or community.

\_\_\_\_ Discipleship: I feel confident in my ability to help someone else grow in his or her faith.

\_\_\_\_ Fruitfulness: I can point to someone that I have helped grow in maturity in Christ.

\_\_\_\_ Repentance: I regularly repent of my sins. I don't minimize sin but confess it quickly.

## COMMISSION (SERVICE & MISSION)

\_\_\_\_\_ Proclaiming the Gospel: I look for opportunities to share the Gospel and take those opportunities when they are presented.

\_\_\_\_\_ Promoting the Gospel: I sense a personal responsibility to be engaged in God's mission by praying for the lost and missionaries, inviting people to church, engaging in outreach events/trips and actively participating in the worship gathering.

\_\_\_\_\_ Service: I am using my gifts and passions to serve others and build up the church.

\_\_\_\_\_ Church: I am an active partner in the work of my church. I pray for the people, attend services faithfully, avoid gossip and grumbling, and help build up the church.

\_\_\_\_\_ Giving: I give the first and best of what I have to the Lord. I give sacrificially and generously to further the work of the church and God's Kingdom.

\_\_\_\_\_ Submission: I trust, respect and joyfully follow the elders/pastors of the church, which includes praying for them.

\_\_\_\_\_ Community: I take responsibility to make others feel welcome and for the growth of others.

## ANSWER THE FOLLOWING QUESTIONS

1. What are you most encouraged by and most challenged by?
2. What evidences of God's grace will you celebrate and thank God for?
3. Who will you ask to give you feedback about this assessment?
4. What sins need to be confessed? What areas of weakness need to be worked on?
5. Who can help you? How can your group pray for you?

## CREATE A DEVELOPMENT PLAN

1. Based on the inventory and your answers to the questions above, identify 2-3 specific areas of growth that you'd like to focus on this year.

2. Create 2-3 specific goals to guide your growth for the next 12 months. Identify the following: what is the goal? Identify reasons for why this is important to pursue at this time. How will you know you accomplished the goal/experienced growth? What are the obstacles to growth in this area? Whose help will you need? What steps will you take and habits will you create?

3. Identify a person that can help you (a pastor, a community group leader, ect). Ask them to hold you accountable.

# GOAL SHEET

- What is the goal?
- Why is this goal important? What difference will it make if I accomplish it?
- How will I know that I accomplished the goal/experienced growth?
- What are the obstacles to growth in this area?
- Whose help will I need?
- What steps will I take and habits will I create?