

GUIDE TO GROWTH GROUPS

Growth groups are 3-5 people of the same gender meeting for 1 hour - 75 min over breakfast, lunch, wings, coffee for deep Christian relationships.

They are meant to enable a midweek discipleship touchpoint for those who find participating in the evening difficult and/or prefer a more intimate group. They are also meant to encourage us all to be disciples who make disciples by each of us looking for those who are new or disconnected and inviting them into relationship.

We grow when we are known & loved

We need to be rigorously honest about our temptations & sins

We need to preach the gospel to one another in the more intimate areas of our lives

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Please feel free to mobilize and form same-gendered groups and:

- Pray about new or disconnected people that need a discipleship relationship
- Choose a weekly place and time to meet for 60-75 minutes (this is meant to be a shorter and more flexible time commitment than evening community groups)
- Encourage daily Bible Reading individually and, in your group gathering, work with the 5 following accountability questions:

1. How is it with your soul?
2. What are your successes and struggles?
3. How might the word and Spirit be speaking in your life?

4. Do you have any sin to confess?
5. Is there anything you desire to keep secret?

Email Pastor Rachel at rachel@refugechurch.ca for discipleship tracking, resourcing purposes, and any questions that you may have.