January 2024

NEW YEAR HOPE

As we begin a new year, what are your hopes? How will you build or sustain habits to help bring those hopes closer to reality?

As Christians, we always begin with the reminder of God's love and that we are loved. We are reminded of God's grace and generosity shared with us through Jesus. In that assurance we find new inspiration, hope and peace. We are moved to share God's love and blessings and to bring that hope and peace to neighbors and the world.

As you reflect on this coming year, consider how your engagement in the life of All Saints can become one of your key touchpoints each week and a foundation for everything else you do. As quickly as we find inspiration, it's just as easy for it to slip away. And so as you experience the inevitable challenges along the way in these next 52 weeks, know that God's message of peace and hope remains for you and you are invited to live with hope and to share his light with the world. Join us each week on the journey as we encourage and support one another in the year ahead.

Happy New Year and Peace on Earth!
Pastor Jon



SERVE AT FEED MY STARVING CHILDREN

Every year, Crossroads youth go to Feed My Starving Children (FMSC) to pack food for those in need all around the world. It is one of the youths' favorite service events! This year the youth would like to share their favorite serving event with everyone from the congregation.

Our packing session is on **Wednesday, January 10 from 7–8:45 pm**. Everyone should meet at the Chanhassen Feed My Starving Children at 6:45pm. Anyone is welcome to volunteer, kids just have to be at least 5 years old to help. While most of the jobs involve standing the whole time, there are sit down jobs available.

Register to go to FMSC with All Saints at www.fmsc.org/join-group?joincode=ED7327, scan the QR code, or contact the church office.



JANUARY EVENTS

10th Feed My Starving Children,

7pm-8:45pm

30th Inspired Life: Rev. Hannah

Campbell Gustafson, 7 pm

For up to date information, visit allsaintsmtka.org/events.



KIDS CONNECTION: PET PROJECT

See It Through

Any adult knows what it means to have responsibility. However, responsibility can be taught starting at a young age. We start out with a little responsibility and gain more as we get older. One way we can teach kids about responsibility is by taking care of a pet. Once we know that kids can feed a pet when they are supposed to, we can give them a little more responsibility with the pet.

However, you don't have to be a pet owner to learn responsibility. All January long, we will be talking about responsibility. We will hear stories from the Bible about responsibility. We will learn how we can be responsible through our words, our attitude, and our actions.

If you have any questions about Kids Connection or our Kids Ministry at All Saints, contact us: aslc@allsaintsmtka.org





Tuesday, January 30 · 7pm

MENTAL HEALTH CONNECT

Rev. Hannah Campbell Gustafson, Executive Director of Mental Health Connect

INSPIRED LIFE: MENTAL HEALTH CONNECT

Building Mental Wellness Together

Come on January 30 at 7pm to hear Rev. Hannah Campbell Gustafson tell the story of her passion for mental health, and the journey that led her to become Executive Director of Mental Health Connect in June 2023. U.S. Surgeon General Dr. Vivek Murthy declared that we are experiencing an epidemic of loneliness and isolation, and this disconnection negatively impacts our well-being. Hannah will share her vision for Mental Health Connect, and the ways which believes that religious she communities can and should play a supportive and de-stigmatizing role in the well-being of our wider communities.

Our current *Inspired Life Speaker Series*, Building Mental Wellness Together, is focused on supporting our families, our neighbors, and ourselves with strategies of resilience so that we can all thrive.

See more at allsaintsmtka.org/inspiredlife



GREEN LAKE CAMP REGISTRATION OPEN

Believe it or not, it's time to start planning for summer! Green Lake offers lots of fun activities for kids of all ages such as: Gaga ball, air square, swimming and beach fun, hiking, biking, paddle boarding, kayaking, campfires, games, crafts and more. Not only is camp an amazing way to get outside and enjoy God's creation, at Green Lake kids also learn awesome lessons and Bible Stories all week long.

Camp registration is now open to all. All Saints has a limited number spots reserved for all the programs during **week 3 of camp (June 23-27)** so register early to guarantee your spot with others from All Saints. Our reserved spots get released to the public on January 18. However, you can still register after that date, but it is first come, first serve until the spots are filled.

Register at gllm.campbrainregistration.com. Make sure you select All Saints when prompted on church affiliation. Use code **CREATE24** for a \$20 discount per camper at checkout. Find a brochure at the family ministry board or contact the church office with questions.



DAY CAMP AT ALL SAINTS

Not ready for an overnight camp or want double the camp fun? Counselors from Green Lake will be coming to All Saints to lead Day Camp on **June 10-13**. Day Camp is a great way for kids to get introduced to camp. Kids will learn camp songs, play games (including a water day), do crafts, learn Bible stories, and more!

Any children age 3 through 5th grade can join us for day camp. Day camp is from 9am – 2pm every day. The cost \$140 per camper. Register at allsaintsmtka.org/daycamp by March 1 for a \$20 discount!



All Saints Lutheran Church

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Wellness · Looking Ahead to February · Peace Moment



FINANCIAL WELLNESS

January Wellness Focus

January is financial wellness month! After the Christmas holiday we often turn to planning our resolutions for the New Year. This month is a reminder to reflect on plans for financial wellness, which can add to our mental and physical wellbeing. Check out the All Saints Financial Wellness page on our website (allsaintsmtka.org/financial-wellness) for more information and follow us on Facebook for our Wellness Wednesday posts.

LOST AND FOUND ITEMS

Are you looking for something you left at church? We have a lost and found in the office with items that were found after a service or event. These include a red bracelet, pair of blue and pink kids sunglasses, a few earrings, two scrunchies, and a pink and blue turtle.

If one of these items is yours, stop in or email aslc@allsaintsmtka.org or call the main office at 952-934-3550.

LOOKING AHEAD TO FEBRUARY

The Mill City String Quartet will perform at All Saints on Saturday, February 10 at 3pm. Lent begins with the Ash Wednesday service on February 14. Keep an eye on the weekly E-News for more details on Lenten services.

PEACE MOMENT

May Joy and Peace surround you, contentment latch your door, and happiness be with you now and bless you evermore!

— Irish Blessing

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