Wisdom before Kings and Judges Proverbs 25 pt 6

"It is not good to eat too much honey or to seek glory after glory." -Proverbs 25:27

What are some good ways to practice self control?				
*Strengthen you p n	nuscle	*Make Temptatio	n h to reach	
*Set m goals	*Use d	gratification	*Self monitor	
*Mindfulness training	*Accountability p			
"If you	lose self-cont	rol everything will	fall."	
Wisdom before K	ings and Judg	es pt 6		
26 A righteous person wl polluted well.	no yields to the	wicked is like a mudd	lied spring or a	
Who is King Solomon ref	erring to in this	Proverb?		
*The life of a sl	peliever.			
Yield: to give way, waver,	slide, slip, fall.			
There are times in life wh is tempting and causes us		•	or do something that	
What are some examples	s of sinning beli	evers?		
*Pastor who has fallen in		·	actices h	
How should we respond	to temptation?			
*F,Pand F	God's wa	ay!		

1 Corinthians 6:18; 10:13 Matthew 26:41; Hebrews 2:18

What happens we give in to temptation?				
*It ruins our p, testimony and example.				
*muddied spring or a polluted well. James 3:11-12				
How do we get back to being a clean spring or well?				
*C our sin				
Cross References: 1 John 1:9; Jeremiah 15:19				
27 It is not good to eat too much honey or to seek glory after glory.				
"Too much of anything is bad."				
What this phrase teach us?				
The importance of m and b in various aspects of life, suggesting that excess can lead to negative consequences. What will happen if we eat too much food, ice cream, snacks or candy?				
*Develop h issues *Not getting n				
King Solomon links the sweet satisfying pleasure of eating honey with seeking own glory. Although it is sweet, too much of it can be detrimental.	ones			
How does someone seek their own glory?				
*Excess h *Titles *M possession				
*Power *Intellectual superiority				
What kind of glory do you think is most meaningful or most fleeting?				

Cross References: Matthew 5:16; 1 Corinthians 10:31

So far we've seen, the importance of spiritual self control, personal self control, now we learn about emotional self control.

28 A person who does not control his temper is like a city whose wall is broken down.

"Knowing one's emotions, self awareness, recognizing a feeling as it happens is the keystone of emotional intelligence."

Notice the comparison:
➤ No control over one's temper = broken down city walls
Temper: Spirit, wind, breath; also speaks to the mind, figuratively of life. Ability to keep one's cool.
Naturally speaking our temper's are tainted with s Therefore our spirit needs renewing and cleansing. Psalm 51:10-11
Why is controling our temper so important?
The call to g God in life and ministry depends heavily on whether or not we can c our temper.
City walls: Represent the primary <u>defense</u> of a city's army. It was their protection to stall or prevent the plans of enemy attacks. Without walls, a city is extremely vulnerable. Nehemiah 1:3
What is the main idea?
> A person lacking emotional self control is also d
They open themselves up to the attacks from Satan who assaults us at our weakest points. Ephesians 6:12
What are some areas Satan might attack us for not having control of our emotions?

*Love of m_____

*Pride

*Selfish ambition

*Fame

How should we prepare ourselves for battle?					
*Be sober minded	*Discipline	*Put on the whole a of God			
Cross References: 1 Pe	ter 5:8; 1 Corinthian	s 9:27; Ephesians 6:10-11			
What is one thing you learned that you are willing to share with someone else?					

"The internal battle is the greatest battle of all."