

HIGHLIGHTS IN THE MONTH OF SEPTEMBER



MISSION VIEJO CHRISTIAN CHURCH MEETS SUNDAYS AT 9AM & 11AM!

Mission Viejo Christian Church is a life-giving church in Mission Viejo, CA with powerful worship, practical messages, and programs your kids will love!

Come worship with us on Sundays. We also offer LIVE online services simply by visiting our website at mvcchome.org to watch online.

Sundays at 9:00AM and 11:00AM



BIRTHDAY CELEBRATIONS, THURSDAY, SEPTEMBER 4TH

We love celebrating birthdays at Young at Heart! Please take a moment to **CALL, SEND A CARD** or **TEXT** birthday wishes to our wonderful friends. We celebrate their special days on the first Thursday of each month with a birthday dessert during our service time!

A very happy birthday to: Kathy Garrett-2, Jill Pollard-4, Nancy Stetson-10 and Ellarose Pinkus-24



GRANDPARENTS DAY, THURSDAY, SEPTEMBER 4TH

This will be a fun day of celebrating the joys of being a **Grandparent!** We will have special appetizers to celebrate this day.

Must Sign up by Sunday, August 31st



ENCOURAGEMENT DAY, THURSDAY, SEPTEMBER 11TH

This day is dedicated to encouraging others around us. You can make someone happy by simply saying a few words of encouragement. Your words have the power to lift someone when they are down! A small act of encouragement could be the spark that changes a loved one's perspective.



INTERNATIONAL COUNTRY MUSIC DAY & BURGER LUNCH, SEPTEMBER 18TH

Come dressed in your country attire as we celebrate with Country worship, and all things country! That includes a big, juicy western cheeseburger, chips & a drink.

\$10/person includes chips & drink Sign up and pay by September 11th



LUNCH BUNCH AT ISLANDS, MISSION VIEJO, THURSDAY, SEPTEMBER 25TH

After our Young at Heart Service at 11am, we will head over to **Chili's MV**, located at 27407 Bellogente, Mission Viejo for a delicious Lunch Meal Deal.

Sign up by September 18th.



27192 Jeronimo Road, Mission Viejo, CA 92692

www.mvcchome.org

Sunday Services @ 9 & 11AM

Sunday Service live ONLINE

YOUNG AT HEART...WHERE FRIENDS BECOME FAMILY

Young at Heart meets
Thursdays from 9:00AM-11:00AM

BRING A FRIEND... They are Always Welcome!

**For more info, contact Mary at
Maryokida@gmail.com or 949-933-6521**



SEPTEMBER 2025

YOUNG AT HEART MINISTRY OF MISSION VIEJO CHRISTIAN CHURCH

UPCOMING EVENTS

SEPTEMBER BIRTHDAYS

Kathy Garrett	2
Jill Pollard	4
Nancy Stetson	10
Ellarose Pinkus	24

CALENDAR

SEPTEMBER 4TH BIRTHDAY CELEBRATIONS & GRANDPARENT'S DAY

Two great celebrations
will make for one
memorable morning.

SEPTEMBER 11TH NATIONAL DAY OF ENCOURAGEMENT

SEPTEMBER 18TH COUNTRY MUSIC DAY & CHEESEBURGER MEAL

SEPTEMBER 25TH LUNCH BUNCH AT ISLAND'S, MV MALL



27192 Jeronimo Road
Mission Viejo, CA 92692
www.mvcchome.org

DESIRES FOR ALL YOUR GRANDCHILDREN

Are you a grandparent? Then, **Happy Grandparent's Day to you!** I am a Mimi, and if I had known how much fun grandchildren would be, I would have had them first! Grandparents, you're probably a powerful force in the lives of your grandchildren. You are an important support and confidant. And that came from spending a lot of time with your grandchildren, but what about your Great-Grandchildren and Great-Great Grandchildren? Have you ever expressed what you desire for each of them? Consider telling them what your desires are for their lives:

Here are some conversation points to share with your great-grands:

Desire #1: *A personal walk with Jesus Christ.* I'm not satisfied for you to just "know who Jesus is and call yourself a Christian," but to be completely committed to Him. If Jesus is God (and He is), then don't mess around. Give Him 100%. You've come from a long line of men and women who believe God and are committed to Jesus Christ. Each of you needs to trust Jesus and follow Him.

Desire #2: *Know right from wrong and choose the right.* Sure, we all make mistakes, but don't make the same ones twice. Learn from your mistakes. You've grown up in a Christian home, but the time is going to come when you've got to choose for yourself. Two simple words, "Do right!" are powerful. Ask yourself, "What's the right thing to do?" then be brave enough to choose the right thing, no matter how unpopular or how difficult it may be.

Desire #3: *Be tough enough to stand alone.* It's never easy to be different, but the time comes eventually when you have to draw a line and say, "Look, I won't do that." Choose your friends wisely because they influence you. But never forget, "It's OK to be different, to march to the beat of a different drummer."

Desire #4: *Find out what God says about issues, and then consider the issue settled.* Settle the issue that this is the Word of God, memorize it, and let it be your guide. Read it each day, memorize it, and it will give you guidance and light.

Desire #5: *Choose your marriage partner carefully.* Life is a long time, and I believe God has a special person for each of you. Trust Him. Don't just marry another person "who is a Christian," but marry someone who shares your values, your commitment, and your determination to make your marriage work. Don't be in a hurry to marry, and until you find the right one, keep yourself pure. What God asks you to do, He will help you to accomplish.

Desire #6: *Find God's will for your life and make your life count for Him.* Nothing would please me more than knowing each of you gets involved in service for God whether you work in your church, get involved in missions, or teach or preach full time. But I covet your lives for Him, and I desire that you live a life of purpose—not just being successful.

Desire #7: *Never forget who you are.* Each of you is different and your gifts and talents are unique. You're one of a kind, God's masterpiece. Never forget you are God's child and lift your head high. You are cut out of good stuff—tough stuff, too. So go out there and take on the world. That great cloud of witnesses the book of Hebrews talks about may well include your great-grandparents—perhaps, me too, someday, and we'll all be cheering for you!

Take the time to impart some of your "wisdom" to your great-grandchildren today!
God bless you!

YOUNG AT HEART SERVICE PROJECT IN SEPTEMBER

OLIVE CREST
Strong Families, Safe Kids

HYGIENE DRIVE
SEPTEMBER 1-30TH

Families in crisis don't always have access to everyday hygiene and household items. Your donations can help Olive Crest children and families. Please bring your donations to Young at Heart every Thursday in September.

HOUSEHOLD: Laundry detergent, fabric softener, disinfectant wipes & cleaners, bleach, disposable sponges, glass cleaner, dishwashing soap, toilet paper and paper towels.

PERSONAL HYGIENE: Deodorant, shampoo, conditioner, soap, hair removal products, lotion, feminine products and dental hygiene products.

Please pick up a flyer on Thursday for detailed info.

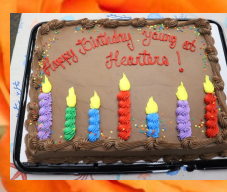
NATIONAL CREAMSICLE DAY, AUGUST 14, 2025



Who said you can't have Ice Cream for breakfast?!?! We did and it was soooo good! James Smith, the human creamsicle captured the morning sentiments.... We love our Ice Cream!



Our August Birthday friends were honored and celebrated on this day. L-R: Dorothy Bollier, Hal Baker, John Maynard and Jim Graham! August was a good month!



WHAT OUR Y@H FAMILIES HAVE BEEN UP TO



Sheryl Garrett enjoying breakfast with family from Washington at The Ecology Center in SJC.



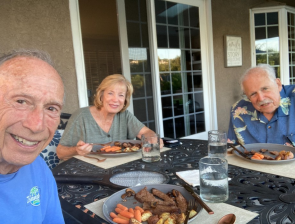
Jeannine joyfully serves the children at Casa Hogar Belen in Tijuana.



Nelida and Mick Rosen & family at their grandson's baby shower.



Jeannie Hall, with her grandson, Logan at the beach!



Great dinner with great friends, Bonnie & Vince Concialdi & Mike Pomykata.



Sharen Tait & Sharon Hefley at lunch with their bowling team friends.



Guess who went to the Happiest Place on Earth with their family after 25+ years?? Frank and Margaret Guerrero!

Jim Knowles travels regularly to visit family. On this day, he was able to see all his siblings in Michigan.



Natl. Grandparents Day was signed into law by President Jimmy Carter in 1978. A presidential proclamation on September 6, 1979, made this day official—designating the first Sunday of September following Labor Day as National Grandparents Day.

HAPPY BIRTHDAY TO OUR SEPTEMBER BORN FRIENDS!

KATHY GARRETT-2



JILL POLLARD-4



NANCY STETSON-10



ELLAROSE PINKUS-24



HONORING OUR WISE ON SENIOR CITIZEN DAY, AUGUST 21, 2025



"Gray hair is a crown of glory; it is gained in a righteous life."

Proverbs 16:31

On this day, we celebrated what the world overlooks. Our culture urges us to erase traces of aging, and to chase youth like it's the ultimate goal. Thankfully, God sees it differently. Aging is a sacred unfolding of grace. Wrinkles, gray hair and softened features are all testimonies of God's faithfulness in every season. We graciously crowned all of our seniors for their lives of righteousness.

Lord,
Thank You for each year You've given us. Let our silver strands and gentle lines tell of Your faithfulness.
Shape our hearts to mirror Yours—clothed in compassion and quiet strength. May our lives always shine with a beauty that reflects You. Amen.

MATTHEW 28:19-20

Our MISSION at MVCC focuses on the big picture...
"Reaching people with the Good News of Jesus Christ to make disciples who make disciples."

REAL. LOVE. ON MISSION.

A vibrant Church where **REAL** discipleship happens, where **LOVE** is on display and lives are released **ON MISSION** for Christ!

BEST WAY TO STAY CONNECTED WITH US!

Many communications are sent via email, text or calls, so please keep us informed if your info changes! Be sure to read your Heartbeat Newsletter and Monthly Calendar to see how you can worship & connect with friends at Young at Heart & MVCC.

Send your phone, email, address updates or photos to:
949-933-6521 Maryokida@gmail.com