

HIGHLIGHTS IN THE MONTH OF OCTOBER



MISSION VIEJO CHRISTIAN CHURCH MEETS SUNDAYS AT 9AM & 11AM!
Mission Viejo Christian Church is a life-giving church in Mission Viejo, CA with powerful worship, practical messages, and programs your kids will love!
Come worship with us on Sundays. We also offer LIVE online services simply by visiting our website at mvcchome.org to watch online.
Sundays at 9:00AM and 11:00AM



BIRTHDAY CELEBRATIONS, THURSDAY, OCTOBER 2ND
We love celebrating birthdays at Young at Heart! Please take a moment to **CALL, SEND A CARD** or **TEXT** birthday wishes to our wonderful friends. We celebrate their special days on the first Thursday of each month with a birthday dessert during our service time!
A very happy birthday to: Jan Wakefield-6, Pat Burghardt-15, Diane Lemonds-17, Jan Buchanan-20, Bill Foster-23, Jeanne Bellezzo-24, & Erma Greathouse-27.



NATIONAL SNEAKERS DAY, THURSDAY, OCTOBER 9TH
Come comfy to Young @ Heart by wearing your favorite sneakers on this day. It doesn't matter whether they are worn out, sparkly or trendy, as long as they're comfy, wear them proudly!



FAVORITE FAMILY FOOD POTLUCK, THURSDAY, OCTOBER 16TH
In honor of World Food Day, we're having a **POTLUCK!** Do you have a traditional family main dish, salad or pasta dish you enjoy making? Then, cook up a batch and bring enough to share with your Young @ Heart Family. We've got the dessert! **If you bring a food item to share**, your meal is **complimentary**.
SIGN UP by October 9th to participate.



APPLE DAY, THURSDAY, OCTOBER 23RD
FALL is the perfect time to partake in this favorite fruit **APPLES!** After all, an apple a day keeps the doctors away! We'll have a variety of apple treats for you to enjoy if you're willing to **make one small change!**



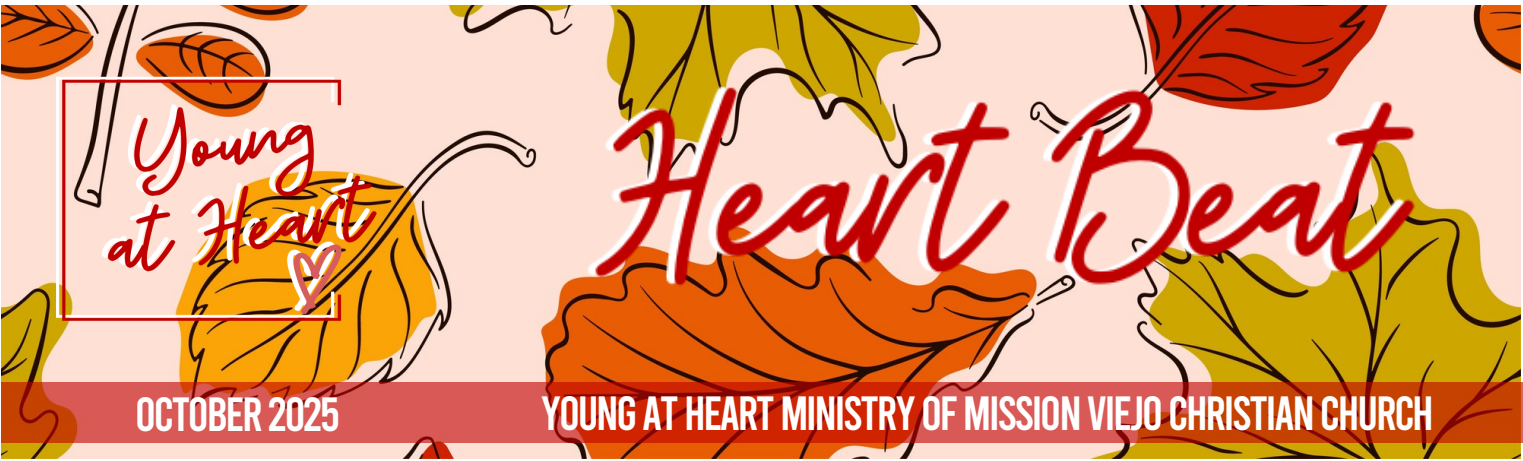
CANDY CORN HARVEST AND LUNCH BUNCH, THURSDAY, OCTOBER 30TH
Come **dressed** in your favorite Harvest costume for the Candy Corn Harvest. We've got lots of FUN planned, including a costume contest. Then, after our Young @ Heart Service at 11am, we will head over to Chili's MV for Lunch Bunch. Located at 27407 Bellogente, Mission Viejo. 949-364-2207 **SIGN UP by October 23rd to attend.**



27192 Jeronimo Road, Mission Viejo, CA 92692
www.mvcchome.org
Sunday Services @ 9 & 11AM
Sunday Service live ONLINE

YOUNG AT HEART...WHERE FRIENDS BECOME FAMILY

Young at Heart meets
Thursdays from 9:00AM-11:00AM
BRING A FRIEND... They are Always Welcome!
For more info, contact Mary at
Maryokida@gmail.com or 949-933-6521



UPCOMING EVENTS
OCTOBER BIRTHDAYS

Jan Wakefield	6
Pat Burghardt	15
Diane Lemonds	17
Jan Buchanan	20
Bill Foster	23
Jeanne Bellezzo	24
Erma Greathouse	27

CALENDAR
OCTOBER 2ND
BIRTHDAY CELEBRATIONS

OCTOBER 9TH
SNEAKERS DAY

OCTOBER 16TH
"FAVORITE FAMILY FOOD"
POTLUCK

OCTOBER 23RD
APPLE DAY

OCTOBER 30TH
CANDY CORN HARVEST
& LUNCH BUNCH AT
CHILI'S, MV

 **MISSION VIEJO
CHRISTIAN CHURCH**
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Mission Viejo, CA 92692
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THE BEAUTY OF CHANGE

There is a time for everything, and a season for every activity under the heavens:"
(Ecclesiastes 3:1, NIV).
No one likes change. We're all creatures of habit, and when we're used to operating in one particular way, we don't like to adapt to something different or new. It doesn't mean something new or different is bad; it just makes us uneasy.
When it comes to the change of the seasons, however, I've learned to appreciate their beauty for what it's worth. I am thankful I live where it's sunny almost year-round, the beauty of rolling mountains, and multi-colored leaves shedding their old life for the new. Though it's not as evident here in Cali, the result is still stunning. Spring buds bloom with chrysanthemums and orchids in abundance. Summer shines bright over the busy bees and cloudless days. Fall's cooler nights welcome bonfires, and burnt orange reflections in the wind. Fall prepares us for slower and darker seasons. Each season is unique and beautiful. Nature gracefully embraces change. So why don't we?
Ecclesiastes 3:1 reminds us that there is beauty in every season. The passage describes periods of birth and death, planting and uprooting, killing and healing, tearing down and building, weeping and laughing, mourning and dancing, and so forth. The verses don't indicate that these periods are easy, but there is a time for everything—even when we don't understand its timing or purpose.
Today, I encourage you to embrace the beauty of change like in Ecclesiastes. Fall is a wonderful time to observe the changes in nature. As I watch the swirling leaves stirred by the wind, I am reminded that they display an important lesson for all of us to follow. Just as the trees don't stubbornly hold on to their dead leaves, so we shouldn't hold on to any unnecessary weight in our lives. When we long to enter a new season, the old can easily inhibit the new if we allow it.
Are you holding on to things that are preventing a freshness to this next season? Could it be that you have decayed leaves piling up in your heart that need to be discarded for good? If so, why not reach out to the Lord in prayer? He longs to hear from you. Ask Him to shine light on any thoughts, circumstances, habits or other "decayed leaves" you might be clinging to.
As you watch the leaves fall this season, our prayer is that you are reminded to let go of anything that would hinder a fresh relationship with God. You will then see just how the Lord longs to empower and strengthen you for the new season ahead!

Dear Jesus,
Change is hard, but it's also inevitable. Instead of running from or denying it, help me accept it with open arms, knowing You will lead me through it. Show me how to see the beauty in every season of my life, and when I grow weary, remind me of Your goodness. Help me to understand why there's a season for everything, and how You can create beauty out of every place I've been and every place I'll ever go. We love, praise, and thank You, Jesus! Amen.

NATIONAL DAY OF ENCOURAGEMENT, SEPT. 12, 2025



Young at Heart took time to write out encouragement cards for each of our church & preschool leaders, showing our appreciation for all they do, and the impact they have on so many lives...all to serve God. Thess. 5:11 reminds us.. *"Therefore, encourage one another and build each other up, just as in fact you are doing."* **That's what we did!**

WHAT OUR Y@H FAMILIES HAVE BEEN UP TO



Nancy Stetson attracted a sweet little bird who decided to take up residence on her head at the L.B. Aquarium.



Our Line Dance Ladies: Jeanne, Jeannine, Jonni & Rachel.

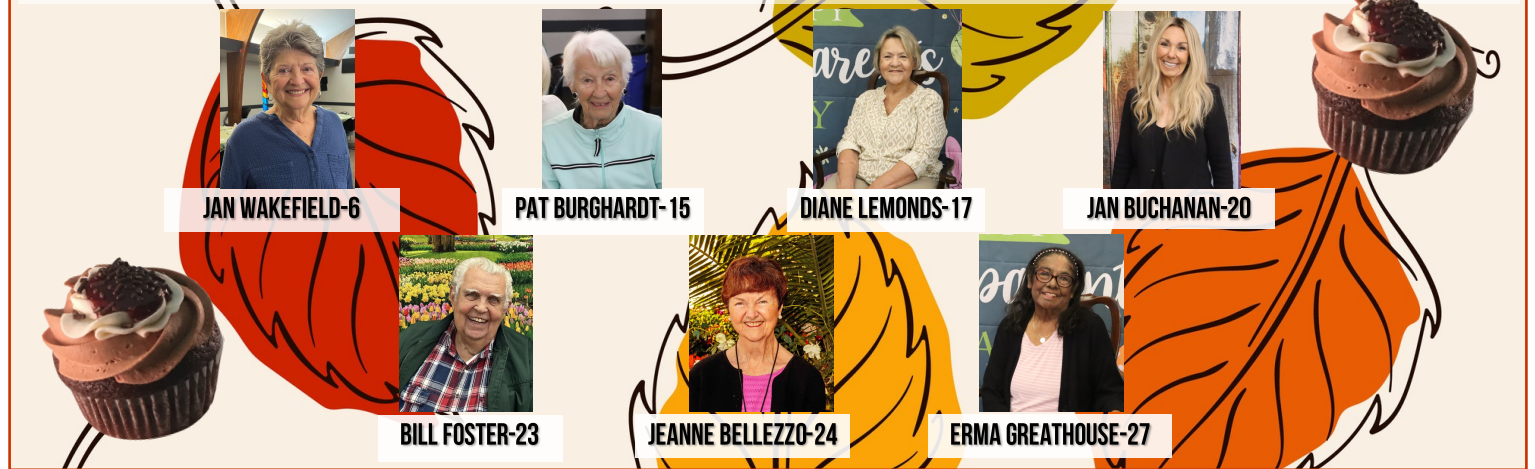


Nelida Rosen celebrating her niece, Vanessa's quinceanera (16th bday)



Sheryl, Candy & Joan attended Patriot Day Service at our new Fire Station.

HAPPY BIRTHDAY TO OUR OCTOBER BORN FRIENDS!



INTERNATIONAL COUNTRY MUSIC & CHEESEBURGER DAY!

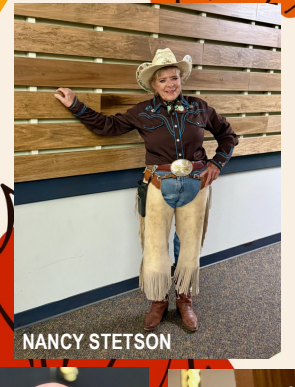
What a fun day dusting off our foot-stomping boots and cowboy hats then worshipping to our favorite Christian Country songs! And if that weren't enough, we topped it off with a good ole' fashioned western cheeseburger & chili to made the day one to remember!



BONNIE & VINCE CONCIALDI



CHARLEY SPEELMAN



NANCY STETSON



JACK & SANDY KIRTLEY



SHAREN TAIT & SHARON HEFLEY



SUZANNE LOURAY, SANDY & JULIE



PAM & JOHN MOGUSH



DAVE & LYNN BRADSHAW

MATTHEW 28:19-20

Our MISSION at MVCC focuses on the big picture...
"Reaching people with the Good News of Jesus Christ to make disciples who make disciples."

REAL LOVE. ON MISSION.

A vibrant Church where REAL discipleship happens, where LOVE is on display and lives are released
ON MISSION for Christ!

BEST WAY TO STAY CONNECTED WITH US!

Many communications are sent via email, text or calls, so please keep us informed if your info changes! Be sure to read your Heartbeat Newsletter and Monthly Calendar to see how you can worship & connect with friends at Young at Heart & MVCC.

Send your phone, email, address updates or photos to:
949-933-6521 Maryokida@gmail.com



JULIE & JERRY KUNO



FRANK & MARGARET GUERRERO



L: CINDY, JOAN, CANDY & MARIE



PHYLLIS MANKE & SUZANNE NEZIN

GRANDPARENT'S DAY 2025



YOUNG AT HEART GRANDPARENT FUN FACTS:

- Over 377+ grandkids (including great gg) represented at Y@H.
- Over 36 different names they are called as a grandparent.
- Weve got the best, most invested/involved grandparents around!