

HIGHLIGHTS IN THE MONTH OF AUGUST



MISSION VIEJO CHRISTIAN CHURCH MEETS SUNDAYS AT 9AM & 11AM!

Mission Viejo Christian Church is a life-giving church in Mission Viejo, CA with powerful worship, practical messages, and programs your kids will love!

Come worship with us on Sundays. We also offer LIVE online services simply by visiting our website at mvcchome.org to watch online.

Sundays at 9:00AM and 11:00AM



BIRTHDAY CELEBRATIONS, THURSDAY, AUGUST 7TH

We love celebrating birthdays at Young at Heart! Please take a moment to **CALL, SEND A CARD** or **TEXT** birthday wishes to our wonderful friends. We celebrate their special days on the first Thursday of each month with a birthday dessert during our service time!

A very happy birthday to: Jim Graham-4, Hal Baker-12, John Maynard-15, Skip Watson-16, Dorothy Bollier-16, Cindy Ahrentzen-17 and Frank Gilliland-20.



NATIONAL CREAMSICLE DAY, THURSDAY, AUGUST 14TH

I Scream, You Scream, We all Scream for National Creamsicle Day! Every year on this day, one of the most famous frozen desserts in history is honored, and just in time, since we are in the middle of the hottest month. Come ready to have your very own Creamsicle Bar!



NATIONAL SENIOR CITIZEN DAY, THURSDAY, AUGUST 21ST

It's an opportunity to celebrate YOU, honor YOU and make YOU feel special. On this day, we will recognize the wisdom and accomplishments of our senior citizens... that's YOU! **It's going to be a very special day!**

Sign up by August 14th to attend.



LUNCH BUNCH AT CHILI'S MISSION VIEJO, THURSDAY, AUGUST 28TH

After our Young at Heart Service at 11am, we will head over to **Chili's MV**, located at 27407 Bellogente, Mission Viejo for a delicious Lunch Meal Deal.

Sign up by August 21st.

Psalm 84:11

"For the Lord God is a sun and shield; the Lord bestows favor and honor; no good thing does he withhold from those whose walk is blameless."



YOUNG AT HEART...WHERE FRIENDS BECOME FAMILY

27192 Jeronimo Road, Mission Viejo, CA 92692

www.mvcchome.org

Sunday Services @ 9 & 11AM

Sunday Service live ONLINE

Young at Heart meets
Thursdays from 9:00AM-11:00AM

BRING A FRIEND... They are Always Welcome!

For more info, contact Mary at
Maryokida@gmail.com or 949-933-6521



AUGUST 2025

YOUNG AT HEART MINISTRY OF MISSION VIEJO CHRISTIAN CHURCH

UPCOMING EVENTS

AUGUST BIRTHDAYS

Jim Graham	4
Hal Baker	12
John Maynard	15
Skip Watson	16
Dorothy Bollier	16
Cindy Ahrentzen	17
Frank Gilliland	20

CALENDAR

AUGUST 7TH
BIRTHDAY CELEBRATIONS

AUGUST 14TH
NATIONAL CREAMSICLE
DAY

AUGUST 21ST
NATIONAL SENIOR
CITIZEN DAY

AUGUST 28TH
LUNCH BUNCH AT
CHILI'S, MISSION VIEJO



27192 Jeronimo Road
Mission Viejo, CA 92692
www.mvcchome.org

THE LIGHT OF GOD'S PRESENCE

For years, I remember spending weeks during the summer at my uncle's ranch in a little town called Clovis. My brother and I loved exploring every inch of his ranch, but our favorite thing was visiting his huge garden of sunflowers. He had grown hundreds of sunflowers, all sky high with their flower heads over a foot and a half in circumference. Running through the fields of flowers brought us so much joy, but not as much as my uncle, who would cut the heads off, and gift them to his ranch neighbors to bake, salt and produce bags full of Polly seeds. The neighbors were always overjoyed to receive the sunflower heads, so they nicknamed him Mr. Sunshine. To this day, the sight of a sunflower brings back memories that fill my heart with sunshine.

When we think about sunshine from a spiritual sense, we often relate it to the light of God's presence in our lives. The promise of His light reflects hope, joy, and clarity. Each day we have the privilege of basking in His divine light. We can truly be encouraged by the fact that sunshine signifies a fresh start. Let's allow ourselves to feel encouraged by the light God shines on our paths.

As recipients of God's sunshine, we're also called to share that light with others. This means spreading joy, hope, and love to those around us. We have an incredible opportunity to be a blessing in someone else's life. Embracing our role as light-bearers encourages us to engage with those around us, sharing the good news and kindness in every action. Let's remember that being a source of encouragement for others reflects the love and light God shares with us. Here are some verses to motivate us to shine brightly for others!

Matthew 5:16... "In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven."

2 Corinthians 5:20... "We are therefore Christ's ambassadors, as though God were making his appeal through us. We implore you on Christ's behalf: Be reconciled to God."

1 Thessalonians 5:11... "Therefore encourage one another and build each other up, just as in fact you are doing."

Acts 20:35... "In everything I did, I showed you that by this kind of hard work we must help the weak, remembering the words the Lord Jesus himself said: 'It is more blessed to give than to receive.'"

Galatians 6:2: "Carry each other's burdens, and in this way you will fulfill the law of Christ."

As you reflect on the Bible verses about sunshine, we see that sunshine is a beautiful metaphor for God's light, love, and guidance in our lives. We are also reminded of our responsibility to share this light and love with others. Let's embrace His sunshine daily, knowing that it empowers us to spread love and joy to those around us.

Let's be encouraged to bask in God's light and to remember that, regardless of what we face, He is with us always. We can choose to shine brightly for others! As we walk through life, may we continually reflect on God's Word and draw strength and encouragement from it. Let's carry the sunshine of God's truth and let it light our way—both for ourselves and for others—so that we may flourish in His goodness and grace in everything we do!

SOMETIMES WE JUST NEED TO BE REMINDED...

God will make a way.
Prayer changes everything.
God is always fighting for you.
God has great plans for your life.
God breaks chains, not promises.
God's in control of every situation.
Even in the waiting, He's working.
God will connect you with the right people.
God removes and God replaces.
God knows what you need, go to Him.
Put God first, and everything else will follow.
Taking time to be with God is the best place to find strength.



LUNCH BUNCH AT OLIVE GARDEN, JULY 2025



WHAT OUR Y@H FAMILIES HAVE BEEN UP TO



Steve Thomason & Frank Guerrero celebrate their birthdays at lunch!



Cindy Ahrentzen, aka Mimi, enjoying their family vacay in Mexico.



Karen Hicks spent a fun day with her granddaughter, Karli starting with her first time driving, then attending an amazing show at Echo in Laguna Hills.



Three generations of Mogush men!

Dorothy Bollier had a wonderful time meeting up with all her sisters & celebrating her sis's 90th.



A very Maynard Family Fourth of July Birthday!



Louray & Al Arnott celebrate their granddaughter, Alexandria's wedding.



The Concialdis love having grandkids from Colorado here for a 10 day visit. There's lots of fun things planned!



The Guerrero's granddaughter enlists in the Army as Lieutenant with the goal to be an Attorney.



Nelida Rosen's Family Gathering... Everyone was present including their newest great-grandbaby, Livvy!

HAPPY BIRTHDAY TO OUR AUGUST BORN FRIENDS!



JIM GRAHAM-4



HAL BAKER-12



JOHN MAYNARD-15



SKIP WATSON-16



DOROTHY BOLLIER-16



CINDY AHRENTZEN-17

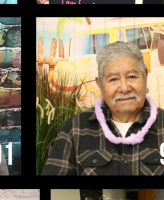
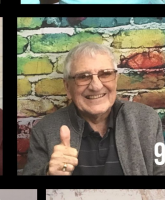


FRANK GILLILAND-20



1935-2025

90'S PLUS HALL OF FAME INDUCTION SERVICE, JULY 24, 2025



Bottom Row: **Our 2025 Hall of Fame Inductees:** Frank Gilliland, Bill Foster, Thera Bredeweg, Beulah Borroel & Jack Kirtley.

Lord, Thank you for the 90+ years You've given each one of these seniors. Let their silver strands and gentle lines tell of Your faithfulness. Continue to shape their hearts to mirror Yours—clothed in compassion and quiet strength. May their lives always radiate with a beauty that reflects You. Amen.

Our July Birthday friends were celebrated and honored on this day. From L-R, are Suzanne Nezin, Kathy Mitchell, John Mogush, Sally Maynard, Sterling St. Claire, Bev Robinson, Charley Speelman, Frank Guerrero and Steve Thomason. You never know what's going to happen when we celebrate, but it's always fun and dessert is always included!



MATTHEW 28:19-20

Our MISSION at MVCC focuses on the big picture...
"Reaching people with the Good News of Jesus Christ to make disciples who make disciples."

REAL. LOVE. ON MISSION.

A vibrant Church where **REAL** discipleship happens, where **LOVE** is on display and lives are released **ON MISSION** for Christ!

BEST WAY TO STAY CONNECTED WITH US!

Many communications are sent via email, text or calls, so please keep us informed if your info changes! Be sure to read your Heartbeat Newsletter and Monthly Calendar to see how you can worship & connect with friends at Young at Heart & MVCC.

Send your phone, email, address updates or photos to:
949-933-6521 Maryokida@gmail.com