Guided Sermon Reflections & Questions

Note-taking • Reflective Questions • Growth Activities



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Classes ✓ **Events** ✓ **Announcements** ✓ **Sermons**

Connect with St. Paul



Website: www.spbaptist.org

• **Phone:** (309) 686-2086

• Address: 114 W. Forrest Hill Ave.; Peoria, IL 61604

Membership

Want to make St. Paul your church home? Start by filling out the **Membership Form.** Then, plan to attend our membership classes:

- Discover St. Paul
- Following Jesus at St. Paul

Dates will be announced soon. Stay updated through the St. Paul app or website.



Membership Form

Groups / Serving

You're meant to make a difference.

Find your place by joining a group or serving team that fits your gifts. It's one of the best ways to grow and meet others.



Volunteer Form

Care & Support

If you're walking through a hard time, you're not alone. We're here to pray with you, visit you, and connect you to support groups and resources that can help.

Visit: <u>spbaptist.org</u> or use the St. Paul app to reach out.



spbaptist.org/care

Classes & Events

We're excited for our upcoming classes, workshops, and special events. Whether you're new to church or ready for your next step, there's something for you. Use the "St. Paul Peoria" app to view what's coming up and register.



spbaptist.org

Prayer Service 2026



Prayer strengthens not only our relationship with God but also our bond as a church family. Join us for Prayer Service on the scheduled dates below. Prayer Service will take place in-person and livestreamed on our YouTube channel (@stpaulpeoria).

- ** There will be no prayer meetings during the months of June, July, August and December.
- Jan. 21, 2026 at 7 p.m. (CT)
- Feb. 18, 2026 at 7 p.m. (CT)
- March 18, 2026 at 7 p.m. (CT)
 Oct. 21, 2026 at 7 p.m. (CT)
- April 15, 2026 at 7 p.m. (CT)
- May 20, 2026 at 7 p.m. (CT)
- Sept. 16, 2026 at 7 p.m. (CT)
- Nov. 18, 2026 at 7 p.m. (CT)

Night of Worship - June & August

In June and August of 2026, we will set apart time to encounter God through heartfelt praise, prayer, and community during our nights of worship. These special gatherings invite us to pause, reflect, and be renewed in His presence together as one church family. Dates will be announced in spring 2026.







Classes ✓ Events ✓ Announcements ✓ Sermons

2026 Baptism Calendar



Baptism is a powerful expression of faith and a public declaration of new life in Christ. If you're ready to take this important step, we invite you to attend our Baptism Orientation. To begin, please fill out a Membership Profile form *(spbaptist.org/baptism)*, and a member of our Baptism Team will connect with you to guide you through the process!

Orientation Dates (via Zoom)

Thursdays on the following dates:

- Jan. 8th 6:30 p.m. (CT)
- March 12th 6:30 p.m. (CT)
- May 7th 6:30 p.m. (CT)
- July 9th 6:30 p.m. (CT)
- Sept. 10th 6:30 p.m. (CT)
- Nov. 12th 6:30 p.m. (CT)

Baptism Sunday (in-Person)

Sundays in the Chapel on:

- Jan. 18th 9:30 a.m. (CT)
- March 15th 9:30 a.m. (CT)
- May 17th 9:30 a.m. (CT)
- July 19th 9:30 a.m. (CT)
- Sept. 13th 9:30 a.m. (CT)
- Nov. 15th 9:30 a.m. (CT)

2026 Special Dates

- March 22nd ----- Church Anniversary
- April 3rd ----- Good Friday Fellowship Gathering
- April 5th ----- Easter Sunday
- June 6th ----- Grownish Weekend (Student Ministry)
- June 28th July 3rd -- Kids Across America Kamp (Student Ministry)
- Sept. 6th ----- Food Truck Sunday
- October 25th ----- Pink Sunday
- October 31st ----- Harvest Fest
- December 20th ----- Christmas Program

2026

Integrated Rhythm of Spiritual Practices

Quarter 1 (Jan. - March): Faith Story - (details on pg. 10-11)

Sabbath as Rest and Remembrance

- **Scripture Anchor -** Exodus 20:8-10 (CSB)
- Sabbath Challenge (January 4th March 29th)

Pick one day each week to stop work and focus on rest and worship.

Quarter 2 (April - June): Faith Works - (details on pg. 64-65) Generosity in Action

- Scripture Anchor 2 Corinthians 9:7–8 (CSB)
- Generosity Month (April)

Choose one week for each— Give Time, Give Resources, Give Words, Give Yourself.

Quarter 3 (July - Sept.): Faith Walk - (details on pg. 121-122) Community through Shared Life

- Scripture Anchor Hebrews 10:24–25 (CSB)
- "Keep It 100" Small Group Push (July September)
 Be part of a small group, ministry team, or class where you can build real relationships.

Quarter 4 (Oct. - Dec.): Faith Strong *- (details on pg. 175-176)* Solitude and Strength

- Scripture Anchor Mark 1:35 (CSB)
- "40 Days of Stillness" (November 1st December 10th)

 Set a time. Begin with 5 minutes of silence a day, and gradually extend the time as they grow in stillness over the 40 days.



QUARTER 1:

FAITH STORY

Remember Where He Brought You From Hebrews 11 Series: Faith Remixed

January - March

2026 Integrated Rhythm of Spiritual Practices

Q1: Sabbath as Rest and Remembrance

"Sabbath is a day blessed by God and set aside for us to stop, rest, delight, and worship." — *Practicing the Way: Sabbath Guide*

- Scripture Anchor Exodus 20:8-10 (CSB)
- **Encouragement:** Sabbath is a weekly reminder that you're not what you produce, and God's goodness doesn't depend on your grind. When you practice Sabbath, you're saying, "Lord, I trust You to hold what I've been trying to control." This quarter, take a deep breath, unplug for a while, and let your rest preach a sermon: God is faithful, and that's enough.

2026 Integrated Rhythm of Spiritual Practices



KEY RESOURCES

- **Practicing the Way: Sabbath** www.practicingtheway.org/sabbath
- YouVersion Plan: "Sabbath" www.bible.com/reading-plans
- Book: The Ruthless Elimination of Hurry by John Mark Comer

SABBATH CHALLENGE (JANUARY 4TH - MARCH 29TH)

- **Schedule it.** Pick one day each week to stop work and focus on rest and worship.
- **Prepare for it.** Finish your chores or tasks in advance so you can enjoy the day without guilt.
- **Unplug and slow down.** Step away from screens and hurry.
- **Delight.** Do things that refresh your soul eat well, walk outside, laugh, nap, worship, and enjoy God's gifts.
- Reflect. End the day by thanking God for His faithfulness.
- **Share** Sabbath reflections or photos of restful moments with hashtag #StPaulSabbath.

Community Meal:

Covenant Meal (End of Sabbath Challenge)

"Sabbath Celebration Table" — one large meal where you and a few families rest from work and reflect together.

Faith Action:

Testimony Focus - "Remember Where He Brought You From."

Share short stories or videos of how Sabbath rest has reminded them of God's faithfulness.



Q1: WEEK 1

January 4, 2026

Faith Is the Sound of Hope

Scripture Reading: Hebrews 11:1-3

Focus: Faith isn't knowing the plan—it's trusting the Planner.

Sermon Notes:	

Q1 - WEEK 1 - Faith Is the Sound of Hope

Notes	



MONDAY - Reflection Prompts -

- Where is God asking me to trust Him even without all the answers?
- When has He proven Himself faithful before?

• How does trusting the Planner change how I face uncertainty?

TUESDAY - Practical Challenge -

Write down one area where you don't know the plan. Each day, pray, "God, I trust You more than I trust my understanding."

WEDNESDAY - Community Engagement -

Ask someone how they've learned to trust God when life didn't make sense. Encourage each other to rest in His plan.

THURSDAY - Heart Check-

Do I rely more on control or trust? What would it look like to release my need to know everything?



FRIDAY - Reflection Space -

How did trusting the Planner this week give you peace?

This Week's Verse to Hold Onto

"Now faith is the reality of what is hoped for, the proof of what is not seen."

(Hebrews 11:1, CSB)

Prayer

Lord, when I can't see what You're doing, help me trust that You're still working. Tune my heart to hope instead of fear.

Amen



Q1: WEEK 2

January 11, 2026

Faith Still Speaks

Scripture Reading: Hebrews 11:4

Focus: What you build in faith today becomes the echo of God's

story tomorrow.

Sermon Notes:					

Q1 - WEEK 2 - Faith Still Speaks

Notes	



MONDAY - Reflection Prompts -

• What am I building right now that will outlast me?

• Whose faith has shaped my walk with God?

• How do my daily choices reflect my faith in Him?

TUESDAY - Practical Challenge -

Write a short "faith statement" you want others to remember about your life. Live one action that matches it this week.

WEDNESDAY - Community Engagement -

Tell someone how their faith has inspired you. Ask what they hope their life says about God.

THURSDAY - Heart Check-

Am I more focused on leaving a name or leaving a legacy of faith?



FRIDAY - Reflection Space -

What did you do this week that will echo into someone else's faith story?

This Week's Verse to Hold Onto

"By faith Abel still speaks, even though he is dead."
(Hebrews 11:4b, CSB)

Prayer

God, let my faith echo Your love and truth long after I'm gone.

Amen



Q1: WEEK 3

January 18, 2026

Living to Please God

Scripture Reading: Hebrews 11:5-6

Focus: Faith doesn't seek applause. It seeks alignment with the

One who sees.

Sermon Notes:					

Q1 - WEEK 3 - Living to Please God

Notes	



MONDAY - Reflection Prompts -

• Where am I chasing people's applause instead of God's approval?

• How can I realign my priorities with God's values?

• What does pleasing God look like in my daily choices?

TUESDAY - Practical Challenge -

Start and end each day asking, "Lord, what pleases You?" Obey one small prompting from Him this week.

WEDNESDAY - Community Engagement -

Talk with someone about how they discern God's will in everyday life. Encourage each other to live for His smile.

THURSDAY - Heart Check-

Do I believe God is pleased with me when I walk by faith—even if no one notices?



FRIDAY - Reflection Space -

Where did you feel most aligned with God this week?

This Week's Verse to Hold Onto

"Now without faith it is impossible to please God."
(Hebrews 11:6a, CSB)

Prayer

Father, help me walk in step with You. May my life bring You joy more than I seek anyone else's approval.

Amen



Q1: WEEK 4

January 25, 2026

Move Like You Believe Him

Scripture Reading: Hebrews 11:7

Focus: Faith doesn't wait for perfect conditions—it moves when

God speaks.

Sermon Notes:					

Q1 - WEEK 4 - Move Like You Believe Him

Notes	



MONDAY - Reflection Prompts -

•	Where is	God c	calling	me to	take a	step	before I	l see result	s?
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• What fear holds me back from moving in obedience?

• How has obedience built my confidence in God before?

TUESDAY - Practical Challenge -

Take one faith step you've been delaying: make the call, have the conversation, start the project, or forgive the person.

WEDNESDAY - Community Engagement -

Share a story with someone about a time you acted in faith before the outcome was clear.

THURSDAY - Heart Check-

What excuses do I use to avoid obedience? What does trusting God look like in motion?



FRIDAY - Reflection Space -

How did moving in faith this week change your outlook?

This Week's Verse to Hold Onto

"By faith Noah... built an ark to deliver his family." (Hebrews 11:7a, CSB)

Prayer

Lord, give me courage to act when You speak, even when I can't see the outcome.

Amen



Q1: WEEK 5

February 1, 2026

Faith Walks Without a Map

Scripture Reading: Hebrews 11:8-10

Focus: Faith walks without a map because the One who called

never gets lost.

Sermon Notes:					

Q1 - WEEK 5 - Faith Walks Without a Map

Notes	



MONDAY - Reflection Prompts -

• Where is God asking me to trust Him without details?

• How do I handle seasons of uncertainty?

• What do I need to let go of to follow Him fully?

TUESDAY - Practical Challenge -

Write down one next step you can take in obedience this week—then take it, even if you don't have full clarity.

WEDNESDAY - Community Engagement -

Ask someone how they've seen God lead them through uncertainty. Learn from their faith walk.

THURSDAY - Heart Check-

Am I walking by faith or by familiarity?



FRIDAY - Reflection Space -

Where did God prove He knew the way even when you didn't?

This Week's Verse to Hold Onto

"He went out, even though he did not know where he was going."

(Hebrews 11:8b, CSB)

Prayer

God, lead me step by step. When I can't see where this road leads, remind me that You never lose Your way.

Amen



Q1: WEEK 6

February 8, 2026

Faith When the Dream Feels Dead

Scripture Reading: Hebrews 11:11–12

Focus: When hope feels buried, faith remembers God never

stopped writing resurrection stories.

Sermon Notes:			

Q1 - WEEK 6 - Faith When the Dream Feels Dead

Notes	



MONDAY - Reflection Prompts -

•	What dream	or	promise	feels	lifeless	right	now?
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• How can I choose faith over cynicism?

• What resurrection story in Scripture encourages me most?

TUESDAY - Practical Challenge -

Pray daily over one "dead" area in your life and ask God to revive hope.

WEDNESDAY - Community Engagement -

Share one area where God revived something you thought was over. Encourage someone who needs hope.

THURSDAY - Heart Check-

Have I stopped believing because it hurts too much to hope? What would trusting again look like?



FRIDAY - Reflection Space -

How did faith breathe life into your hope this week?

This Week's Verse to Hold Onto

"By faith even Sarah herself... considered that the one who had promised was faithful."

(Hebrews 11:11, CSB)

Prayer

God, let my faith echo Your love and truth long after I'm gone.

Amen



Q1: WEEK 7

February 15, 2026

Living for What You Can't See

Scripture Reading: Hebrews 11:13–16

Focus: Faith lives forward. It's homesick for heaven but faithful

on earth.

Sermon Notes:			

Q1 - WEEK 7 - Living for What You Can't See

Notes	



•	What eternal	hone fuels my	, daily d	choices?
	Wilat CtCillai	Hope rucis in	y daily (

• How do I live as a citizen of heaven here on earth?

• What distractions pull me toward temporary things?

TUESDAY - Practical Challenge -

Practice gratitude each day for something that reminds you heaven is your home.

WEDNESDAY - Community Engagement -

Discuss with your group: How can we live with heavenly focus while serving faithfully here?

THURSDAY - Heart Check-

Do my priorities show I'm living for eternity or temporary success?

Q1 - WEEK 7 - Living for What You Can't See



FRIDAY - Reflection Space -

How did keeping heaven in view help you live faithfully this week?

This Week's Verse to Hold Onto

"They were looking for a better place—a heavenly one." (Hebrews 11:16a, CSB)

Prayer

Father, keep my eyes on eternity while I stay faithful in today's assignments.



Q1: WEEK 8

February 22, 2026

You Can't Beat God Giving

Scripture Reading: Hebrews 11:17–19

Focus: Faith lets go knowing God never takes without giving

something better back.

Sermon Notes:		

Q1 - WEEK 8 - You Can't Beat God Giving

Notes	



• What am I afraid to give God control over?

• When has surrender led to blessing in my past?

• What's one area I need to release this week?

TUESDAY - Practical Challenge -

Name your "Isaac"—the thing hardest to surrender—and give it to God in prayer or by action.

WEDNESDAY - Community Engagement -

Talk about how God has exchanged something you let go of for something greater.

THURSDAY - Heart Check-

Am I trusting more in what I hold or in who holds me?



FRIDAY - Reflection Space -

How did surrender open your heart to God's better gift?

This Week's Verse to Hold Onto

"Abraham considered God to be able even to raise someone from the dead."

(Hebrews 11:19a, CSB)

Prayer

Lord, give me courage to surrender what I love, trusting that You'll provide better in Your way and time.



Q1: WEEK 9

March 1, 2026

Choosing Calling Over Comfort

Scripture Reading: Hebrews 11:23–28

Focus: Faith says no to comfort so it can say yes to calling.

Sermon Notes:		

Q1 - WEEK 9 - Choosing Calling Over Comfort

Notes		



• What comforts keep me from fully embracing my calling?

• How does Moses' story challenge me to take bold stands for God?

• What risk might obedience require this week?

TUESDAY - Practical Challenge -

Say no to one thing that distracts you from your God-given purpose this week.

WEDNESDAY - Community Engagement -

Share with your group: What does it look like to choose calling over comfort in your season?

THURSDAY - Heart Check-

Do I crave comfort more than obedience?

Q1 - WEEK 9 - Choosing Calling Over Comfort



FRIDAY - Reflection Space -

What did you discover about your faith when you chose purpose over ease?

This Week's Verse to Hold Onto

"He chose to suffer with the people of God rather than to enjoy the fleeting pleasure of sin." (Hebrews 11:25, CSB)

Prayer

God, help me walk away from comfort if it means stepping toward Your purpose.



Q1: WEEK 10

March 8, 2026

	God	Makes	a	Way
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Scripture Reading: Hebrews 11:29–31

Focus: Faith doesn't fear obstacles. It knows God gets the last word.

Sermon Notes:		

Q1 - WEEK 10 - God Makes a Way

Notes	



• Where do I need God to make a way?

• What past breakthrough reminds me that He can do it again?

• How can I step forward even before the water parts?

TUESDAY - Practical Challenge -

Pray over one obstacle daily this week. Take one small action that declares your trust in God.

WEDNESDAY - Community Engagement -

Encourage someone who's facing a challenge by sharing your own story of how God made a way.

THURSDAY - Heart Check-

Do I let fear of obstacles silence my faith?



FRIDAY - Reflection Space -

How did trusting God through obstacles grow your confidence in Him?

This Week's Verse to Hold Onto

"By faith they crossed the Red Sea as though they were on dry land."
(Hebrews 11:29a, CSB)

Prayer

Lord, when the way looks impossible, remind me You specialize in impossible things.



Q1: WEEK 11

March 15, 2026

When Winning Feels Like Losing

Scripture Reading: Hebrews 11:32–40

Focus: Faith holds on through loss because God's still writing the

story.

Sermon Notes:		

Q1 - WEEK 11 - When Winning Feels Like Losing

Notes	



•	When have	l felt like l	lost even	while o	beying	God?
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• How do I keep trusting when outcomes hurt?

• Who's an example of faith under pressure I can learn from?

TUESDAY - Practical Challenge -

Read about a believer who endured hardship with faith. Write what you learn from their endurance.

WEDNESDAY - Community Engagement -

Share with someone how God used a painful moment in your life for His glory.

THURSDAY - Heart Check-

Do I define success the way God does, or by comfort and control?

Q1 - WEEK 11 - When Winning Feels Like Losing



FRIDAY - Reflection Space -

Where did you see God at work even when life didn't go your way?

This Week's Verse to Hold Onto

"The world was not worthy of them."
(Hebrews 11:38a, CSB)

Prayer

Jesus, when I can't see victory, help me trust that You're not finished yet.



Q1: WEEK 12

March 22, 2026

Faith That Finishes

Scripture Reading: Guest / Anniversary

Focus: Faith waits well—trusting God's timing to finish what His

grace began.

Sermon Notes:			

Q1 - WEEK 12 - Faith That Finishes

Notes	
	_



• Where am I tempted to rush God's process?

• How has His timing proven better than mine?

• What unfinished story am I trusting Him to complete?

TUESDAY - Practical Challenge -

Reflect on one answered prayer that came after a long wait. Write a note of gratitude to God.

WEDNESDAY - Community Engagement -

Encourage someone who's waiting on God by sharing your story of His faithfulness in delay.

THURSDAY - Heart Check-

Am I trusting God's grace to finish what He began, or trying to finish it in my own strength?



FRIDAY - Reflection Space -

How did waiting in faith shape your patience and peace this week?

This Week's Verse to Hold Onto

"He who began a good work in you will carry it on to completion."

(Philippians 1:6, CSB)

Prayer

God, thank You for finishing what You start. Teach me to wait with trust and joy.



Q1: WEEK 13

March 29, 2026

Run Your Verse

Scripture Reading: Hebrews 12:1

Focus: Faith shouts run your race like it matters—because your

verse is part of His song.

Sermon Notes:

Q1 - WEEK 13 - Run Your Verse

Notes	



• What keeps me from running freely?

• Who has inspired me to keep going in faith?

• How can my faith strengthen others in their race?

TUESDAY - Practical Challenge -

Lay down one weight or distraction holding you back. Replace it with a rhythm of prayer or gratitude.

WEDNESDAY - Community Engagement -

Encourage someone in their faith race with a text or prayer. Remind them they're not running alone.

THURSDAY - Heart Check-

What helps me keep running when I'm tired or discouraged?



FRIDAY - Reflection Space -

What did you learn about endurance this week?

This Week's Verse to Hold Onto

"Let us run with endurance the race that lies before us."
(Hebrews 12:1b, CSB)

Prayer

Lord, give me endurance to run my race faithfully, knowing my story joins Yours.



QUARTER 2:

FAITH WORKS

Because Faith Isn't Real Until It Works in Real Life

Wisdom from Proverbs & Ecclesiastes

April - June

Faith isn't just for Sundays. It shows up in how we think, speak, work, spend, relate, and rest. Proverbs gives wisdom for the grind. Ecclesiastes speaks to the weariness under it all. Together, they help us trust God with our daily lives.

2026 Integrated Rhythm of Spiritual Practices

Q2: Generosity in Action

"Generosity is the practice of sharing our time, resources, and energy with open hands in imitation of Jesus, who gave Himself freely for us."

- Practicing the Way: Generosity Overview
- Scripture Anchor 2 Corinthians 9:7–8 (CSB)
- **Encouragement:** Generosity is more than giving money it's living with open hands and an open heart. It's saying, "God, You've been good to me, and I want that goodness to flow through me." When we give, we push back against fear, greed, and the lie that there's never enough. This quarter, let's practice the kind of generosity that makes people wonder why we're so free. The kind that points back to a generous God who never runs out.



2026 Integrated Rhythm of Spiritual Practices

KEY RESOURCES

- **Practicing the Way: Generosity** www.practicingtheway.org/about
- YouVersion Plan: "30 Days Toward Biblical Generosity" www.bible.com/reading-plans
- **Book:** When Helping Hurts by Steve Corbett & Brian Fikkert

GENEROSITY MONTH (APRIL)

Choose one week for each:

| Give Time | Give Resources | Give Words | Give Yourself

- **Start with gratitude.** Begin each day thanking God for what you already have.
- Spirit Led: Prayerfully ask the Holy Spirit to guide you in who and how to bless.
- **Give intentionally.** Choose one way each week to bless someone.
- Live simply. Spend less on yourself so you can give more to others.
- Share stories. Celebrate how generosity is changing lives around you.

Community Meal:

Serve & Share Weekend (April 25-26)

Serve in the community, then gather for a potluck meal to share your experiences.

Faith Action:

Highlight stories during Sunday worship and online under

#FaithWorksInAction



Q2: WEEK 1

April 5, 2026 - Easter Sunday

Joy

Scripture Reading: Hebrews 12:2

Focus: Jesus endured the cross for the joy set before Him—our

faith begins and ends in Him.

Sermon Notes:		

Notes		



- How does fixing my eyes on Jesus change how I see my struggles?
- What joy has God set before me in this season?

• Where do I need to endure instead of quit?

TUESDAY - Practical Challenge -

When you feel weary this week, pause and say aloud: "For the joy set before Him." Let that truth reset your focus.

WEDNESDAY - Community Engagement -

Encourage someone facing hardship by reminding them Jesus endured for them.

THURSDAY - Heart Check-

Am I more focused on my pain than on the joy of God's promises?



FRIDAY - Reflection Space -

How did focusing on Jesus' endurance shape your week?

This Week's Verse to Hold Onto

"For the joy that lay before him, he endured the cross."
(Hebrews 12:2a, CSB)

Prayer

Jesus, thank You for enduring the cross for me. Help me keep my eyes on You when life gets heavy.



Mini-Series 1:

Street Smart Faith

Apr 13-May 3, 2026

Theme:

Life feels complicated, but God's wisdom still works. Street Smart Faith shows how to trust God when life feels out of control, guard your heart and words, and work with purpose instead of pressure.



Q2: WEEK 2

April 13, 2026

A Better Way to Live: Why God's Wisdom Still Works

Scripture Reading: Proverbs 1:1–7

Focus: Wisdom starts where pride stops—faith listens before it leads.

Sermon Notes:		

Q2 - WEEK 2 - A Better Way to Live

Notes		



•	Where am I	trying to	impress	instead	of learn	า?
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• How has pride made me miss God's direction before?

What does it look like to start my week by listening to God?

TUESDAY - Practical Challenge -

Each morning this week, read Proverbs 1:7 and ask God for teachable humility before making any decision.

WEDNESDAY - Community Engagement -

Ask someone older in faith, "What lesson did you learn the hard way?" Write down the wisdom they share.

THURSDAY - Heart Check-

Do I value being right more than being wise?



Where did listening before leading make a difference this week?

This Week's Verse to Hold Onto

"The fear of the Lord is the beginning of knowledge."
(Proverbs 1:7a, CSB)

Prayer

Lord, quiet my pride so I can hear Your wisdom. Help me learn before I lead.

Amen



April 20, 2026

When Life Feels Out of Control

How to Trust God with the Unknown

Scripture Reading: Proverbs 3:5-6

Focus: Trusting God with the parts of life you can't control.

Sermon Notes:					

Q2 - WEEK 3 - When Life Feels Out of Control

Notes		



•	Where am	I holding too	tightly to	control?
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• How does trusting God make peace possible in uncertainty?

When have I seen God make a path clear after surrendering?

TUESDAY - Practical Challenge -

Write one thing you can't control and pray over it daily: "God, I trust You here."

WEDNESDAY - Community Engagement -

Share a story with a friend of how God worked something out when you let go.

THURSDAY - Heart Check-

Do I only trust God when His plan makes sense to me?



What changed when you let go this week?

This Week's Verse to Hold Onto

"Trust in the Lord with all your heart, and do not rely on your own understanding."

(Proverbs 3:5, CSB)

Prayer

God, I release my need to know everything. Teach me to trust You one step at a time.

Amen



April 27, 2026

Guard Your Heart, Control Your Words

Scripture Reading: Proverbs 4:23; 13:3

Focus: Guard your heart and guide your words—because faith

speaks from a clean soul, not a crowded one.

Sermon Notes:		

Q2 - WEEK 4 - Guard Your Heart, Control Your Words

Notes		



- What's been shaping my words lately—faith or frustration?
- How do guarded hearts create healthy relationships?

• Where have careless words done damage in my life?

TUESDAY - Practical Challenge -

Before responding to someone this week, pause and ask, "Is this coming from a clean heart?"

WEDNESDAY - Community Engagement -

Talk with a friend about how words have healed or hurt you. Pray for wisdom to use your voice well.

THURSDAY - Heart Check-

Do I speak more from my emotions or from my convictions?



How did guarding your heart and words shift your week?

This Week's Verse to Hold Onto

"Guard your heart above all else, for it is the source of life."
(Proverbs 4:23, CSB)

Prayer

Lord, help me guard my heart and speak life. Make my words flow from a place of peace and purity.

Amen



May 3, 2026

Work Smarter, Not Harder: God's Wisdom for Daily Life Scripture Reading: Proverbs 6:6–11; 10:4–5 Focus: Faith works from peace, not pressure—wise work outlasts weary hustle. **Sermon Notes:**

Q2 - WEEK 5 - Work Smarter, Not Harder

Notes	



- What drives my work—faith or fear?
- How do I confuse hustle with purpose?

• Where can I add margin to restore balance?

TUESDAY - Practical Challenge -

Plan one intentional rhythm of rest this week to remind yourself that faith doesn't rush.

WEDNESDAY - Community Engagement -

Share with someone how you're learning to work from peace instead of pressure.

THURSDAY - Heart Check-

Am I working for approval or out of calling?



What did you discover about God's rhythm of work and rest this week?

This Week's Verse to Hold Onto

"A little sleep, a little slumber, a little folding of the arms to rest, and your poverty will come like a robber."

(Proverbs 6:10–11, CSB)

Prayer

God, teach me the balance between diligence and rest. Help me work with wisdom, not worry.

Amen



Mini-Series 2:

Faith in Relationships

May 10-May 31, 2026

Theme:

Relationships are messy, but God's wisdom makes them meaningful. Whether you're raising kids, building a marriage, or finding joy in singleness, wisdom speaks into every stage of life.



May 10, 2026 - Mother's Day

What Makes a Godly Mother Truly Beautiful

Scripture Reading: Proverbs 31:10–12, 23, 28–31

Focus: A mother who fears the Lord shows that true beauty is

strength rooted in reverence.

Sermon Notes:					

Q2 - WEEK 6 - What Makes a Godly Mother Truly Beautiful

Notes		



•	Who	models	godly	strength	in	my	life?
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• How does reverence for God cultivate true beauty?

• Where can I honor unseen faithfulness this week?

TUESDAY - Practical Challenge -

Write a note of gratitude to a woman whose faith has influenced you.

WEDNESDAY - Community Engagement -

Share stories of women of faith who've made an impact in your group or family.

THURSDAY - Heart Check-

Do I care more about being noticed or being faithful?



How did honoring hidden strength shape your gratitude this week?

This Week's Verse to Hold Onto

"A woman who fears the Lord will be praised."
(Proverbs 31:30b, CSB)

Prayer

Lord, thank You for women whose quiet strength shapes generations. Help me value character over appearance.

Amen



May 17, 2026

The Secret to a Marriage That Actually Works

Scripture Reading: Proverbs 18:22; 19:14; 20:6–7

Focus: Great marriages aren't found—they're formed when

character leads love.

Sermon Notes:					

Q2 - WEEK 7 - The Secret to a Marriage That Actually Works

Notes		



•	How does	character	sustain	love when	feelings	fade?
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• What area of my relationship needs growth in faithfulness?

 How can I love my spouse (or future spouse) sacrificially this week?

TUESDAY - Practical Challenge -

Do one selfless act of love without expecting anything in return.

WEDNESDAY - Community Engagement -

Ask a couple with lasting faith what practices have kept their love strong.

THURSDAY - Heart Check-

Am I investing in character or comfort in my relationships?



What did love shaped by character teach you this week?

This Week's Verse to Hold Onto

"Many claim to have unfailing love, but a faithful person, who can find?"

(Proverbs 20:6, CSB)

Prayer

God, build our relationships on Your truth. Teach us to love with integrity, patience, and grace.

Amen



May 24, 2026

Single but Not Stuck: Finding Joy Where You Are

Scripture Reading: Proverbs 14:30; 17:22; 23:17–18

Focus: Faith doesn't wait for a new season to find joy—it chooses

joy right here.

Sermon Notes:		

Q2 - WEEK 8 - Single but Not Stuck

Notes		



• '	What makes	it difficult	to find jo	y in this	season?
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• How can gratitude grow joy?

• What does it look like to thrive now, not later?

TUESDAY - Practical Challenge -

Write three reasons to thank God for this current season and share one with someone.

WEDNESDAY - Community Engagement -

Encourage someone else in their waiting season with a reminder that joy isn't postponed.

THURSDAY - Heart Check-

Do I believe God's timing is enough for my joy?



How did choosing joy reshape your perspective this week?

This Week's Verse to Hold Onto

"A joyful heart is good medicine." (Proverbs 17:22a, CSB)

Prayer

Lord, teach me to be content and joyful where I am, trusting Your timing and goodness.

Amen



May 31, 2026

Parenting on Purpose: Raising Kids Who Last

Scripture Reading: Proverbs 22:6; 29:17; 20:11

Focus: Parenting that lasts shapes hearts, not just habits—faith

trains legacy, not compliance.

Sermon Notes:			

Q2 - WEEK 9 - Parenting on Purpose

Notes	



•	What legacy	am I l	building	through	my dail	y actions?
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• How do I correct behavior while nurturing heart transformation?

• Where do I need grace as a parent or mentor?

TUESDAY - Practical Challenge -

Spend 15 intentional minutes this week listening to a child or young person's heart—not correcting, just connecting.

WEDNESDAY - Community Engagement -

Ask another parent how they're cultivating faith in their home. Pray together for your families.

THURSDAY - Heart Check-

Am I parenting from pressure or purpose?



How did heart-focused parenting impact your week?

This Week's Verse to Hold Onto

"Start a youth out on his way; even when he grows old he will not depart from it."

(Proverbs 22:6, CSB)

Prayer

Father, help me parent with patience and perspective. Shape my children's hearts through my example.

Amen

Q2 - Faith Works
WWW.SPBAPTIST.ORG



Mini-Series 3:

Endgame Faith

June 7-28, 2026

Theme:

What will your legacy reveal about your faith? Ecclesiastes and Proverbs remind us that life without God is chasing the wind—but faith anchors us in what lasts forever.



June 7, 2026

Is This All There Is?

Finding Meaning When Life Feels Empty

Scripture Reading: Ecclesiastes 1:1–11

Focus: When life feels empty, faith anchors us in what endures.

Sermon Notes:			

Q2 - WEEK 10 - Is This All There Is?

Notes	



•	When have	l chased	things	that	left me	empty?
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• How does faith give purpose to everyday life?

• Where do I need to anchor my heart again in what lasts?

TUESDAY - Practical Challenge -

Identify one area where you've been striving for meaning apart from God. Surrender it to Him this week.

WEDNESDAY - Community Engagement -

Discuss with a friend: "What helps you stay grounded when life feels pointless?"

THURSDAY - Heart Check-

Am I defining my worth by success or by my Savior?



How did anchoring your identity in God change your perspective?

This Week's Verse to Hold Onto

"Absolute futility... everything is futile." (Ecclesiastes 1:2, CSB)

Prayer

God, when life feels meaningless, remind me that my worth and purpose are found in You.

Amen

Q2 - Faith Works
WWW.SPBAPTIST.ORG



Q2: WEEK 11

June 14, 2026

Don't Waste Your Life:

Why Remembering God Matters Now

Scripture Reading: Ecclesiastes 12:1–7

Focus: Remember God while you're strong—because forgetting

Him makes you weak before you're old.

Sermon Notes:		

Q2 - WEEK 11 - Don't Waste Your Life

Notes	



•	What have	I been	postponing	in m	y relationshi	p with	God?
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• How does remembering Him now prepare me for the future?

• Where can I make spiritual investments that last?

TUESDAY - Practical Challenge -

Take one step this week toward something you've been putting off spiritually—prayer, forgiveness, or service.

WEDNESDAY - Community Engagement -

Ask someone older in faith what they wish they had done sooner for God.

THURSDAY - Heart Check-

Am I living like time is endless or precious?



How did remembering God reshape your choices this week?

This Week's Verse to Hold Onto

"Remember your Creator in the days of your youth."

(Ecclesiastes 12:1a, CSB)

Prayer

Lord, help me remember You today so I don't regret tomorrow. Keep me centered on what truly matters.

Amen

Q2 - Faith Works
WWW.SPBAPTIST.ORG



Q2: WEEK 12

June 21, 2026 - Father's Day

A Father's Legacy: What Really Lasts

Scripture Reading: Proverbs 20:7; Ecclesiastes 12:1–7

Focus: Integrity outlives success—faith leaves footprints that

outlast your resume.

Sermon Notes:		

Q2 - WEEK 12 - A Father's Legacy: What Really Lasts

Notes		



- What do I want my legacy to say about me?
- How does integrity impact those who follow after me?

• Where do I need to align my private life with my public witness?

TUESDAY - Practical Challenge -

Take one action this week that reflects integrity, even if no one sees it.

WEDNESDAY - Community Engagement -

Share your reflections with your family or a friend—how do you want to be remembered for your faith?

THURSDAY - Heart Check-

Am I building reputation or character?



What decision this week shaped the kind of legacy you'll leave?

This Week's Verse to Hold Onto

"The righteous person acts with integrity; his children who come after him will be happy."

(Proverbs 20:7, CSB)

Prayer

Father, help me walk in integrity so my example points others to You.

Amen

Q2 - Faith Works
WWW.SPBAPTIST.ORG



Q2: WEEK 13

June 28, 2026

The Bottom Line: What Life Is Really About

Scripture Reading: Ecclesiastes 12:13–14

Focus: Life's not about having more. Life is about fearing God and

walking close

Sermon Notes:		

Q2 - WEEK 13 - The Bottom Line: What Life Is Really About

Notes	



• What distractions pull me from the bottom line of faith?

• How does fearing God change my daily choices?

• Where do I need to simplify my focus back to Him?

TUESDAY - Practical Challenge -

Each morning this week, start your day with this prayer: "God, help me live like it matters."

WEDNESDAY - Community Engagement -

Discuss in your group: "What does it mean to fear God in today's world?"

THURSDAY - Heart Check-

Am I complicating faith instead of living simply before God?



What did returning to "the bottom line" do for your week?

This Week's Verse to Hold Onto

"Fear God and keep his commands, because this is for all humanity."

(Ecclesiastes 12:13, CSB)

Prayer

God, bring me back to what matters most. Help me fear You rightly and follow You closely.

Amen

Q2 - Faith Works
WWW.SPBAPTIST.ORG



QUARTER 3:

FAITH WALK

Bring Your Faith to the Grind

Everyday Discipleship from James

July - September

Faith Walk is about bringing what you believe into how you live, especially when life gets messy. James challenges us to keep it 100: real faith that holds under pressure, shows up in action, tames the tongue, and walks humbly with God. This is discipleship in the grind: steady, surrendered, and strong.

2026 Integrated Rhythm of Spiritual Practices

Q3: Community through Shared Life

"Community is the shared life of apprenticeship to Jesus — a place where we are formed by love, accountability, and presence with one another." — *Practicing the Way: Community Guide*

- Scripture Anchor Hebrews 10:24-25 (CSB)
- **Encouragement:** Real community isn't perfect, it's honest. It's where we learn to show up as we are, love people as they are, and grow together into who God is calling us to be. Faith was never meant to be a solo act; it's a shared story. This quarter, lean in. Get in a circle, not just a row. Pray with someone. Listen deeply. Celebrate and struggle together. Because when we keep it 100 with God and each other, our faith gets stronger and our lives improve.



2026 Integrated Rhythm of Spiritual Practices

KEY RESOURCES

- **Practicing the Way: Community** practicingtheway.org/community
- YouVersion Plan: "The Community Practice" bible.com/reading-plans
- **Book:** What If Jesus Was Serious About the Church? by Skye Jethani

"KEEP IT 100" SMALL GROUP PUSH (JULY - SEPT.)

- **Join a group.** Be part of a small group, ministry team, or class where you can build real relationships.
- **Show up consistently.** Make gathering a priority your presence encourages others.
- **Be honest.** Share your joys, struggles, and questions openly.
- **Pray together.** Commit to praying for others and letting them pray for you.
- **Encourage someone weekly.** A call, text, or note can build connection and hope.

Community Meals:

- July: Kickoff Meal "Bring Your Faith to the Grind."
- August: Mid-quarter Potluck "Faith at the Table."
- **September: Testimony Meal** "Stories from the Circle."

Faith Action:

Each small group commits to one shared act of service in the community (garden, school, or neighborhood).

Share testimonies.



Q3: WEEK 1

July 5, 2026

Tired but Still Trusting

Scripture Reading: James 1:1–12

Focus: Faith doesn't tap out under trial. It rejoices in the

possibilities of the process.

Sermon Notes:		

Q3 - WEEK 1 - Tired but Still Trusting

Notes	



- What trial is draining me right now?
- How can faith shift my perspective on hardship?

• Where have past struggles grown endurance in me?

TUESDAY - Practical Challenge -

Each day, write one sentence naming how you see God at work in your struggle.

WEDNESDAY - Community Engagement -

Encourage someone going through trials—pray with them and remind them God is at work.

THURSDAY - Heart Check-

Am I running from growth because it's painful?



How did trusting God in trials strengthen you this week?

This Week's Verse to Hold Onto

"The testing of your faith produces endurance."
(James 1:3, CSB)

Prayer

Lord, when I'm worn down, help me see trials as the ground where endurance grows.

Amen



Q3: WEEK 2

July 12, 2026

Fighting What's Pulling You

Scripture Reading: James 1:13–18

Focus: Temptation is real, but so is the way out.

Sermon Notes:		

Q3 - WEEK 2 - Fighting What's Pulling You

Notes		



- Where am I most tempted right now?
- What lies do I believe when I give in?

• How has God provided a way of escape in the past?

TUESDAY - Practical Challenge -

Identify one temptation pattern and replace it with a practice of prayer or Scripture.

WEDNESDAY - Community Engagement -

Share with a trusted friend one area of temptation and invite them to check in with you.

THURSDAY - Heart Check-

Am I blaming others or taking ownership of my choices?



What victory did you experience in temptation this week?

This Week's Verse to Hold Onto

"Each person is tempted when he is drawn away and enticed by his own evil desire." (James 1:14, CSB)

Prayer

God, give me strength to resist temptation and believe Your way is better.

Amen



Q3: WEEK 3

July 19, 2026

Do More Than Listen

Scripture Reading: James 1:19-27

Focus: Faith doesn't just hear truth, it lives truth.

Sermon Notes:		

Q3 - WEEK 3 - Do More Than Listen

Notes	



- Do I listen more than I live?
- What part of God's Word do I need to practice this week?

• How does listening shape my relationships?

TUESDAY - Practical Challenge -

Pick one verse from James 1:19–27 to live out each day. Journal how it went.

WEDNESDAY - Community Engagement -

Talk with your group: "Where is it hardest for us to practice what we hear?"

THURSDAY - Heart Check-

Am I deceiving myself by hearing but not doing?



What changed when you put the Word into action this week?

This Week's Verse to Hold Onto

"Be doers of the word and not hearers only, deceiving yourselves."

(James 1:22, CSB)

Prayer

Lord, make me quick to listen, slow to speak, and eager to do what Your Word says.

Amen



Q3: WEEK 4

July 26, 2026

Faith Doesn't Play Favorites

Scripture Reading: James 2:1–13

Focus: Faith treats people like Jesus did—with no VIP section.

Sermon Notes:		

Q3 - WEEK 4 - Faith Doesn't Play Favorites

Notes	



- Where am I tempted to show favoritism?
- How does partiality contradict the gospel?

What would loving without favoritism look like this week?

TUESDAY - Practical Challenge -

EIntentionally engage with someone outside your normal circle.

WEDNESDAY - Community Engagement -

Discuss: "Where does favoritism show up in our community, and how can we resist it?"

THURSDAY - Heart Check-

Am I treating people by status, or by their worth in God's eyes?



What did you learn about God's love by resisting favoritism this week?

This Week's Verse to Hold Onto

"My brothers and sisters, do not show favoritism."
(James 2:1, CSB)

Prayer

Jesus, help me love without favoritism, seeing people the way You do.

Amen



Q3: WEEK 5

August 2, 2026

Stop Saying It. Start Living It.

Scripture Reading: James 2:14–26

Focus: Faith without works is just words.

Sermon Notes:		

Q3 - WEEK 5 - Stop Saying It. Start Living It.

Notes	



- Where is my faith more talk than walk?
- How do my works reveal what I believe?

What small action could prove faith this week?

TUESDAY - Practical Challenge -

Do one act of service this week that costs you something—time, energy, or resources.

WEDNESDAY - Community Engagement -

Ask a friend: "Where do you see my faith in action—and where could I grow?"

THURSDAY - Heart Check-

Am I settling for belief without action?



How did putting faith into action shape your week?

This Week's Verse to Hold Onto

"Faith, if it does not have works, is dead by itself."
(James 2:17, CSB)

Prayer

Lord, let my actions prove the faith I confess.

Amen



Q3: WEEK 6

August 9, 2026

I Didn't Mean to Say That...

Scripture Reading: James 3:1–12

Focus: Faith tames the tongue because saved mouths shouldn't

speak reckless.

Sermon Notes:			

Q3 - WEEK 6 - I Didn't Mean to Say That... Notes



- What damage have my words caused recently?
- How can I use speech to build up, not tear down?

• Who needs encouragement from me this week?

TUESDAY - Practical Challenge -

Speak one intentional encouragement each day this week.

WEDNESDAY - Community Engagement -

Discuss: "How can we create a community that speaks life, not gossip?"

THURSDAY - Heart Check-

Do my words reveal peace or pressure in my heart?



What difference did intentional encouragement make this week?

This Week's Verse to Hold Onto

"With the tongue we bless our Lord and Father, and with it we curse people."

(James 3:9, CSB)

Prayer

Lord, set a guard over my mouth so my words reflect Your grace.



August 16, 2026

When Wisdom Feels Hard

Scripture Reading: James 3:13–18

Focus: Godly wisdom shows itself in good conduct.

Sermon Notes:		

Q3 - WEEK 7 - When Wisdom Feels Hard

Notes	



- Where do I need God's wisdom most right now?
- What's the difference between worldly smarts and godly wisdom?

• How can humility invite peace into my relationships?

TUESDAY - Practical Challenge -

Before any major decision, pause and pray: "Lord, give me wisdom from above."

WEDNESDAY - Community Engagement -

Ask: "Where have you seen God's wisdom bring peace in conflict?"

THURSDAY - Heart Check-

Am I showing wisdom in my actions or just my words?



What changed when you slowed down to seek God's wisdom this week?

This Week's Verse to Hold Onto

"The wisdom from above is first pure, then peace-loving, gentle, compliant, full of mercy and good fruits."

(James 3:17a, CSB)

Prayer

Lord, fill me with wisdom that's pure, peace-loving, gentle, and full of mercy.



August 23, 2026

Hands Up)
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Scripture Reading: James 4:1–10

Focus: Surrender to God is the key to victory against the enemy.

Sermon Notes:		

Notes	



• Where am I fighting battles in my own strength?

• What does surrender look like in this season?

• How do I practically resist temptation?

TUESDAY - Practical Challenge -

Each day this week, take one minute to physically lift your hands in surrender during prayer.

WEDNESDAY - Community Engagement -

Share how surrendering to God changed your mindset this week.

THURSDAY - Heart Check-

Am I clinging to control or letting God lead?



What freedom did you find in surrender this week?

This Week's Verse to Hold Onto

"Submit to God. Resist the devil, and he will flee from you."

(James 4:7, CSB)

Prayer

God, I surrender my battles to You. Help me resist the enemy and draw near to You.



August 30, 2026

Stay in Your Lane, Trust God's Plan

Scripture Reading: James 4:11–17

Focus: Faith minds its business and trusts God with tomorrow.

Sermon Notes:			

Q3 - WEEK 9 - Stay in Your Lane, Trust God's Plan

Notes	



- What trial is draining me right now?
- How can faith shift my perspective on hardship?

• Where have past struggles grown endurance in me?

TUESDAY - Practical Challenge -

Each day, write one sentence naming how you see God at work in your struggle.

WEDNESDAY - Community Engagement -

Encourage someone going through trials—pray with them and remind them God is at work.

THURSDAY - Heart Check-

Am I running from growth because it's painful?



What changed when you stayed in your lane this week?

This Week's Verse to Hold Onto

"You do not know what tomorrow will bring."
(James 4:14a, CSB)

Prayer

Lord, teach me to trust You with tomorrow and stop judging others today.



September 6, 2026 (Labor Day Weekend)

Money Talks. What's Yours Saying?

Scripture Reading: James 5:1-6

Focus: Faith talks through your wallet. How you spend shows who you serve.

Sermon Notes:	
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Q3 - WEEK 10 - Money Talks. What's Yours Saying?

Notes	



- What trial is draining me right now?
- How can faith shift my perspective on hardship?

• Where have past struggles grown endurance in me?

TUESDAY - Practical Challenge -

Each day, write one sentence naming how you see God at work in your struggle.

WEDNESDAY - Community Engagement -

Encourage someone going through trials—pray with them and remind them God is at work.

THURSDAY - Heart Check-

Am I running from growth because it's painful?



How did faith guide your financial decisions this week?

This Week's Verse to Hold Onto

"Your wealth has rotted and your clothes are moth-eaten."

(James 5:2, CSB)

Prayer

Lord, help me use money to serve You and people, not myself.



September 13, 2026

Waiting Without Giving Up

Scripture Reading: James 5:7–12

Focus: Faith waits without whining (trusting God's timing over

instant results)

Sermon Notes:			

Q3 - WEEK 11 - Waiting Without Giving Up

Notes	



• Where am I waiting on God right now?

• What does patient faith look like in my season?

• How can endurance honor God during the wait?

TUESDAY - Practical Challenge -

Choose one area where you're waiting and pray daily: "God, help me wait well."

WEDNESDAY - Community Engagement -

Ask your group: "What has God taught you through waiting seasons?"

THURSDAY - Heart Check-

Am I growing bitter or stronger in the wait?



How did waiting well shape your attitude this week?

This Week's Verse to Hold Onto

"You also must be patient. Strengthen your hearts, because the Lord's coming is near." (James 5:8, CSB)

Prayer

Lord, grow patience in me while I wait for Your promises to unfold.



September 20, 2026

Prayer Still Changes Things

Scripture Reading: James 5:13–20

Focus: Faith still bends knees because prayer still changes hearts.

Sermon Notes:		

Q3 - WEEK 12 - Prayer Still Changes Things

Notes	
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• When do I turn to prayer first—and when do I forget?

• Who needs my prayer and encouragement this week?

• How does confession open doors to freedom?

TUESDAY - Practical Challenge -

Pray intentionally for someone in need each day this week.

WEDNESDAY - Community Engagement -

Pair up with someone to pray and share how God is moving.

THURSDAY - Heart Check-

Am I carrying burdens alone instead of inviting others to pray with me?



How did prayer change your heart this week?

This Week's Verse to Hold Onto

"The prayer of a righteous person is very powerful in its effect."

(James 5:16b, CSB)

Prayer

Lord, when I'm worn down, help me see trials as the ground where endurance grows.



September 27, 2026

Sermon Title:		
Scripture Reading:		
Focus:		
Sermon Notes:		

Q3 - WEEK 13 - (Guest Speaker)

Notes	



• What stood out to me most from this week's message?

• How does it connect with my faith walk right now?

• What step of obedience can I take in response?

TUESDAY - Practical Challenge -

Put into practice one application from this week's message.

WEDNESDAY - Community Engagement -

Discuss with others what you received from the sermon and how you'll live it out.

THURSDAY - Heart Check-

Am I open to God speaking in unexpected ways?



What one thing will I carry forward from this week's message?

This Week's Verse to Hold Onto

Choose one key verse from the sermon and carry it with you this week.

Prayer

Lord, open my heart to receive whatever Word You bring through Your servant this week.



QUARTER 4: FAITH STRONG

Hold On When Life Hits Hard

Malachi & Advent: Hope that Endures through Silence, Struggle, and Waiting

October - December

When God seems silent and life feels stagnant, faith doesn't quit
—it leans in, listens deeper, and looks forward. This quarter
rekindles reverence, rebuilds worship, and renews hope. Through
Malachi's call to remember God's love and the Advent promise
that God is still with us, we learn to hold on when life hits hard.

2026 Integrated Rhythm of Spiritual Practices

Q4: Solitude and Strength

"Solitude is the practice of withdrawing from people and noise to be alone with God, so that we can return to the world with greater love and clarity." — *Practicing the Way: Solitude Guide*

- Scripture Anchor Mark 1:35 (CSB)
- **Encouragement:** Solitude isn't running away it's tuning in. It's making room to breathe, to listen, to be reminded that you belong to God before you belong to anyone else. Jesus often slipped away from the noise to be with His Father and when He came back, He had fresh strength and clear purpose. This quarter, find your quiet space. Turn off the noise. Sit still long enough to remember who God is and who you are. Strength is born in the silence.



2026 Integrated Rhythm of Spiritual Practices

KEY RESOURCES

- Practicing the Way: Solitude practicing the way.org/solitude
- YouVersion Plan: "The Solitude Practice" bible.com/reading-plans
- **Book:** *Invitation to Solitude and Silence* by Ruth Haley Barton

"40 DAYS OF STILLNESS" (NOV. 1ST - DEC. 10TH)

- **Set a time.** Begin with 5 minutes of silence a day, and gradually extend the time as they grow in stillness over the 40 days.
- Find a quiet space. Turn off distractions (phone, TV, and music)
- **Be present.** Breathe deeply and invite God to meet you there.
- **Listen and reflect.** Read a short passage or pray silently; don't rush to fill the space.
- **End with gratitude.** Thank God for His presence and what He revealed.

Community Gathering:

Quiet Meal & Worship (December 7th)

Candlelight meal followed by reflective worship — "Be Still and Know."

Faith Action:

Share short reflections during Advent worship or online under #FaithStrongStill



Q4: WEEK 1

October 4, 2026

When You Don't Feel Loved

Scripture Reading: Malachi 1:1-5

Focus: Feelings fade, but God's love never does.

Sermon Notes:		

Q4 - WEEK 1 - When You Don't Feel Loved

Notes		



• Where have I doubted God's love recently?

• How can I remember His past faithfulness?

• How does love anchor me when life feels uncertain?

TUESDAY - Practical Challenge -

Each morning this week, say aloud: "God loves me, and His love won't fail."

WEDNESDAY - Community Engagement -

Share with a friend: "Here's one way I've experienced God's love."

THURSDAY - Heart Check-

Am I measuring God's love by my feelings or His faithfulness?



How did focusing on God's love shape your week?

This Week's Verse to Hold Onto

"I have loved you," says the Lord. (Malachi 1:2a, CSB)

Prayer

Lord, remind me that Your love is steady—even when I don't feel it.



October 11, 2026

Worship That Costs Something

Scripture Reading: Malachi 1:6–14

Focus: Faith gives God the first and best, not what's left and easy.

Sermon Notes:			

Q4 - WEEK 2 - Worship That Costs Something

Notes	



• Where am I offering God less than my best?

• How does sacrificial worship deepen my faith?

• What would it mean to honor God fully this week?

TUESDAY - Practical Challenge -

Give God the first 15 minutes of your day in prayer and Scripture.

WEDNESDAY - Community Engagement -

Ask in your group: "What does it mean to bring God our best?"

THURSDAY - Heart Check-

Am I worshiping out of duty or devotion?



What shifted when you offered God your best this week?

This Week's Verse to Hold Onto

"My name will be great among the nations."
(Malachi 1:11a, CSB)

Prayer

God, teach me to give You my best, not my leftovers.



October 18, 2026

When Leaders Lose Their Way

Scripture Reading: Malachi 2:1-9

Focus: Holy alignment is for everybody.

Sermon Notes:		

Q4 - WEEK 3 - When Leaders Lose Their Way

Notes	



• Who looks to me for spiritual influence?

• How can I lead with humility and holiness?

• Where do I need God's correction?

TUESDAY - Practical Challenge -

Ask God to show you one way to model integrity for someone this week.

WEDNESDAY - Community Engagement -

Encourage a leader you know with prayer or a note of thanks.

THURSDAY - Heart Check-

Am I pointing people to myself or to God?



What did you learn about leadership and holiness this week?

This Week's Verse to Hold Onto

"My covenant with him was one of life and peace."
(Malachi 2:5a, CSB)

Prayer

Lord, help me live with integrity, whether I lead one or many.



October 25, 2026

Broken Promises, Broken People

Scripture Reading: Malachi 2:10–16

Focus: Faith keeps its word when the world breaks its vows.

Sermon Notes:	

Q4 - WEEK 4 - Broken Promises, Broken People

Notes		



• Where have I struggled to keep commitments?

• How does unfaithfulness wound relationships?

• How does God's faithfulness call me higher?

TUESDAY - Practical Challenge -

Keep one promise this week, even if it costs you.

WEDNESDAY - Community Engagement -

Talk with your group: "Why does faithfulness matter in community and family?"

THURSDAY - Heart Check-

Am I excusing unfaithfulness or confessing it?



How did keeping promises strengthen trust this week?

This Week's Verse to Hold Onto

"Don't all of us have one Father? Didn't one God create us?"
(Malachi 2:10a, CSB)

Prayer

God, heal the places where promises have been broken. Teach me to be faithful.



November 1, 2026

Where's God When Life Feels Unfair?

Scripture Reading: Malachi 2:17–3:5

Focus: When life feels unfair, faith remembers God still balances

the scales.

Sermon Notes:		

Q4 - WEEK 5 - Where's God When Life Feels Unfair?

Notes	



• Where have I questioned God's justice?

• How do I respond when wrong seems to win?

• How can I pursue justice in my own life?

TUESDAY - Practical Challenge -

Do one act of justice this week—defend, give, or speak truth.

WEDNESDAY - Community Engagement -

Discuss: "What does it mean to be refined by God's justice?"

THURSDAY - Heart Check-

Am I more focused on blaming others—or letting God refine me?



How did trusting God's justice shift your outlook this week?

This Week's Verse to Hold Onto

"He is like a refiner's fire."
(Malachi 3:2b, CSB)

Prayer

Lord, help me trust Your justice when life feels unfair.



November 8, 2026

Can You Trust God With This?

Scripture Reading: Malachi 3:6–12

Focus: Faith gives because trust is worth more than treasure.

Sermon Notes:			

Q4 - WEEK 6 - Can You Trust God With This?

Notes	



• Where do I struggle to trust God with resources?

• How has God provided for me in the past?

• What step of trust is God calling me to take now?

TUESDAY - Practical Challenge -

Give intentionally this week—your time, money, or attention—as an act of faith.

WEDNESDAY - Community Engagement -

Share a testimony with your group of how God provided when you trusted Him.

THURSDAY - Heart Check-

Do I cling to resources or release them in faith?



How did giving shift your trust this week?

This Week's Verse to Hold Onto

"Test me in this," says the Lord of Armies. (Malachi 3:10a, CSB)

Prayer

God, help me trust You with every resource I have.



November 15, 2026

Is It Worth It to Keep Believing?

Scripture Reading: Malachi 3:13–18

Focus: God sees your faithfulness—and He won't forget.

Sermon Notes:			

Q4 - WEEK 7 - Is It Worth It to Keep Believing?

Notes	



• Where have I wondered if faithfulness is worth it?

• How does knowing God sees me change my endurance?

• What small acts of faith do I need to keep doing?

TUESDAY - Practical Challenge -

Choose one hidden act of faithfulness this week—serve, pray, or give without recognition.

WEDNESDAY - Community Engagement -

Encourage your group: "God sees even the faithfulness no one else notices."

THURSDAY - Heart Check-

Am I faithful for God's eyes or for others'?



What gave you strength to keep believing this week?

This Week's Verse to Hold Onto

"A scroll of remembrance was written before him for those who feared the Lord."

(Malachi 3:16b, CSB)

Prayer

Lord, remind me that every act of faith is seen and remembered by You.



November 22, 2026

Judgment Is Coming. So Is Joy.

Scripture Reading: Malachi 4:1–3

Focus: God's fire refines the faithful and consumes the false—stay

close to His flame.

Sermon Notes:		

Q4 - WEEK 8 - Judgment Is Coming. So Is Joy.

Notes	



• Where do I long for God to set things right?

• What does "the joy of the righteous" mean for me?

• How does hope balance judgment?

TUESDAY - Practical Challenge -

Fast from one distraction this week to focus on holiness and joy in God.

WEDNESDAY - Community Engagement -

Talk with someone about how God's justice also brings joy.

THURSDAY - Heart Check-

Do I think more about judgment or about joy in Christ?



What hope came from remembering God will make things right?

This Week's Verse to Hold Onto

"For you who fear my name, the sun of righteousness will rise with healing in its wings."

(Malachi 4:2a, CSB)

Prayer

Lord, keep me close to You and give me joy in Your justice.



November 29, 2026

Remember the Promise. Return to Hope.

Scripture Reading: Malachi 4:4-6

Focus: God's last words before silence still point us forward.

Sermon Notes:		

Q4 - WEEK 9 - Remember the Promise. Return to Hope.

Notes	



• What promise of God do I need to hold on to?

• Where have I lost hope?

• How can I return to God's Word for strength?

TUESDAY - Practical Challenge -

Write out one promise of God and keep it where you'll see it daily.

WEDNESDAY - Community Engagement -

Share with your group: "Which promise of God keeps you hopeful?"

THURSDAY - Heart Check-

Am I feeding my hope with God's promises or with fear?



How did remembering God's promises restore hope this week?

This Week's Verse to Hold Onto

"Remember the instruction of Moses my servant."

(Malachi 4:4a, CSB)

Prayer

God, help me remember Your promises and return to hope.



Advent Series Add-On Transitioning from Silence to the Savior

December 6 - December 20, 2026



December 6, 2026 (Advent 1)

He Didn't Forget You

Scripture Reading: Matthew 1:1–17

Focus: The silence didn't mean God forgot—every name proves He

remembers.

Sermon Notes:		

Q4 - WEEK 10 - He Didn't Forget You

Notes		



 How does seeing God's faithfulness across generations encourage me?

• Where have I felt forgotten by God?

How can I remember He always keeps His promises?

TUESDAY - Practical Challenge -

Share one story of God's faithfulness with a friend or family member.

WEDNESDAY - Community Engagement -

Encourage your group: "God's track record proves He won't forget us."

THURSDAY - Heart Check-

Am I believing the lie that God forgot me?



What hope came from remembering God's faithfulness?

This Week's Verse to Hold Onto

"Jesus Christ, the Son of David, the Son of Abraham."
(Matthew 1:1, CSB)

Prayer

Lord, thank You that You never forget Your people or Your promises.

Amen



Q4: WEEK 11

December 13, 2026 (Advent 2)

God With Us in the Middle of It

Scripture Reading: Matthew 1:18–25

Focus: Faith says yes when fear says run—because God is with us

in the middle of it.

Sermon Notes:		

Q4 - WEEK 11 - God With Us in the Middle of It

Notes	



MONDAY - Reflection Prompts -

• Where am I confused but still need to trust?

• How has God been with me in uncertainty?

• How can faith overcome fear?

TUESDAY - Practical Challenge -

Take one step of obedience this week even if you don't have all the answers.

WEDNESDAY - Community Engagement -

Ask your group: "When has God's presence carried you through fear?"

THURSDAY - Heart Check-

Am I paralyzed by fear or moving forward in trust?



How did saying "yes" to God grow your faith this week?

This Week's Verse to Hold Onto

"They will name him Immanuel, which is translated 'God is with us.""

(Matthew 1:23, CSB)

Prayer

Jesus, thank You for being Emmanuel—God with us, even in confusion.

Amen

Q4 - Faith Strong
WWW.SPBAPTIST.ORG



Q4: WEEK 12

December 20, 2026 - Advent 3 / Christmas Sunday

Hope Found in Hard Places

Scripture Reading: Matthew 2:1–12

Focus: Jesus still shows up in hard places. Hope isn't lost, it's born.

Sermon Notes:		

Q4 - WEEK 12 - Hope Found in Hard Places

Notes		



MONDAY - Reflection Prompts -

• Where am I searching for hope this Christmas?

• How does Jesus shine light in my dark places?

• How can I point others to His hope?

TUESDAY - Practical Challenge -

Do one intentional act of kindness this week to reflect Christ's light.

WEDNESDAY - Community Engagement -

Gather with family or group to share where you've seen Jesus bring hope.

THURSDAY - Heart Check-

Am I looking for hope in the wrong places?



How did Jesus' hope meet you in hard places this week?

This Week's Verse to Hold Onto

"We saw his star at its rising and have come to worship him."

(Matthew 2:2b, CSB)

Prayer

Lord, let me seek You with persistence, even in hard places.

Amen



Q4: WEEK 13

December 27, 2026

Looking Back, Leaning Forward

Scripture Reading:

Focus: Faith looks back with gratitude and forward with expectation.

Sermon Notes:

Q4 - WEEK 13 - Looking Back, Leaning Forward

Notes	



MONDAY - Reflection Prompts -

• What has God taught me about faith in 2026?

• Where did I grow stronger? Where do I still need growth?

• How do I want to lean into faith in 2027?

TUESDAY - Practical Challenge -

Write a one-page reflection on your faith journey this year.

WEDNESDAY - Community Engagement -

Share a testimony with your group or family of how God carried you in 2026.

THURSDAY - Heart Check-

Am I moving forward with hope or clinging to fear?



What one word or verse will guide your faith into the new year?

This Week's Verse to Hold Onto

"Let us hold on to the confession of our hope without wavering, since he who promised is faithful."

(Hebrews 10:23, CSB)

Prayer

God, thank You for carrying me through this year. Help me step into the new one with fresh faith.

Amen



Notes		



Notes	



LIVE AND LOVE LIKE JESUS.



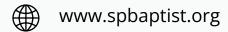
Sunday Worship

Sundays at 10 AM (cst)

Livestream:

www.youtube.com/stpaulpeoria

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