5.18.2025

Me and My Big Mouth

This Mouth Is on Fire

“Rumors are dainty morsels that sink deep into one’s heart.”   
Proverbs 18:8 (NLT)

Who gets burned by gossip?

1. Gossip burns the person BEING TALKED ABOUT.

“A troublemaker plants seeds of strife; gossip separates the best of friends.” Proverbs 16:28 (NLT)

1. Gossip burns the person LISTENING.

“Wrongdoers eagerly listen to gossip; liars pay close attention to slander.” Proverbs 17:4 (NLT)

1. Gossip burns the person SPEAKING.

“…Don’t betray another person’s secret. Others may accuse you of gossip, and you will never regain your good reputation.” Proverbs 25:9-10 (NLT)

What do we do about it?

1. GUARD your ears.

Ask:

*“Why are you telling me this?”*

*“Have you talked directly to them about this?”*

“If another believer sins against you, go privately and point out the offense. If the other person listens and confesses it, you have won that person back.” Matthew 18:15 (NLT)

1. CLOSE your mouth.

“Watch your tongue and keep your mouth shut, and you will stay out of trouble.” Proverbs 21:23 (NLT)

1. Only talk BEHIND PEOPLE’S BACKS to BUILD them up.

[Jesus] “Do to others as you would like them to do to you.” Luke 6:31 (NLT)

“Don’t use foul or abusive language. Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them.” Ephesians 4:29 (NLT)

“…Anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!”   
 2 Corinthians 5:17 (NLT)