### 11.16.2025

# HAVING A MARY HEART IN A MARTHA WORLD

"38 As Jesus and His disciples were on their way,
He came to a village where a woman named Martha
opened her home to Him. 39 She had a sister called Mary,
who sat at the Lord's feet listening to what He said.
40 But Martha was distracted
by all the preparations that had to be made.
She came to Him and asked,
'Lord, don't you care that my sister has left me
to do the work by myself? Tell her to help me!'
41'Martha, Martha,' the Lord answered,
"'you are worried and upset about many things,
42 but few things are needed—or indeed only one.
Mary has chosen what is better,
and it will not be taken away from her.'"
Luke 10:38-42 (NIV)

"Now Jesus loved Martha and her sister and Lazarus."

John 11:5 (NIV)

## HOW DO WE DEVELOP A HEART LIKE MARY?

### Trade <u>WORRY</u> for Worship.

"...You are worried and upset about many things, but few things are needed" Luke 10:41-42 (NIV)

"Cast all your anxiety on Him because He cares for you." 1 Peter 5:7 (NIV)

"But seek first His kingdom and His righteousness, and all these things will be given to you as well." Matthew 6:33 NIV)

#### 2. Choose PRESENCE over Performance.

"She had a sister called Mary, who sat at the Lord's feet listening to what He said." Luke 10:39 (NIV)

"Be still, and know that I am God..." Psalm 46:10 (NIV)

#### 3. Prioritize OPPORTUNITIES through Prayer.

"Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!" Luke 10:40b (NIV)

<sup>28</sup> "Come to Me, all you who are weary and burdened, and I will give you rest.<sup>29</sup> "Take My yoke upon You and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls.<sup>30</sup> For My yoke is easy and My burden is light." Matthew 11:28-30 (NIV)