



WEEK 3

PRESCHOOL LESSON GUIDE



THE BIG IDEA

We obey God by loving our families.

THE BIBLE

The Fifth, Sixth, and Seventh Commandments:
Exodus 20:12-14

WELCOME TIME

MUSIC | Road Trip Jams!

- **INSTRUCTIONS:** Turn up your car radio. . . it's time to worship God on the go! Don't forget to put these on repeat!
 - ["Ten Commandment Boogie"](#)
 - ["Ten Commandments Song"](#)
 - ["Put God First"](#)

ACTIVITY | Are We There Yet?

- Good morning, friends! This is our third week on our pretend road trip and you might be wondering, "Are we there yet?" Almost! Let's pass the time with a fun game!
- **INSTRUCTIONS:** Lay down colored sheets of construction paper or cardstock paper in a curved fashion on the floor, interspersing road sign papers along the route. Ask the kids to spin a number spinner or roll large dice to make a move around the course. The first kid to make it to the end wins!
 - ✂ **TODDLER HACK:** Use painter's tape to tape down a square or triangle for the kids to walk on.

ACTIVITY | Family I.D.

- Even though our lives at home may look different from someone else's, your family, whatever it looks like, is who God has chosen to put in your lives. Our families help make us into the people we are supposed to be. Tell me a little about your family!

- **INSTRUCTIONS:** Give the kids a sheet of paper and access to an ink pad. Tell them to draw their perfect road trip vehicle, helping them as needed. Encourage them to be creative and invent their own, if they want to. Tell them to use their thumbprints to make each member of their family, including their pets, inside their vehicle. Tell them to draw faces and hair for each person/pet.
 - ✂ **TODDLER HACK:** Prepare an image of a car with no wheels or print one. Encourage the kids to decorate it. Then, they can add their thumbprints as the wheels.
- These are some unique vehicles! Those thumbprints remind us that we are each different, but all one family of God!

TEACHING TIME

SCRIPTURE | Exodus 20:12-14

- We're on the road for the third week of our pretend road trip! Along the way, we're hearing more and more about the Ten Commandments or rules God wants us to live by.
- These are the first four we talked about so far – let's review them together:
 - Put God first.
 - No idols. Worship God only.
 - Respect God's name.
 - Worship and rest on God's day.
- Next up, we have commandments five, six, and seven. Each of these commandments are about loving people, especially our families.
- **INSTRUCTIONS:** Read Exodus 20:12-14 aloud from a preschool-friendly Bible.
- We can show our love to our parents and other grownups who take care of us by listening to them and treating them with love and kindness. They want to keep us safe, so obeying them is what's best for us!
- We can show our love to our siblings and other family members by being kind to them. We all get frustrated and angry sometimes, but we should not do or say things that will intentionally hurt them.
- We can also show love to people we make promises to – like when people get married.
- Our families aren't perfect, but God loves each of our family members anyway. . . and we can do the same! After all, no family can have too much love!

THE BIG IDEA | We obey God by loving our families.

- I'm ready to continue our road trip. I got my road trip bag, and. . . oh, no! I think I forgot my toothbrush! Can I borrow yours? No. Why don't we share toothbrushes? That's right! Because we don't want to share germs with each other – even with our family members! Oh! And speaking of family, look what I found in my bag again – today's Big Idea!
- **INSTRUCTIONS:** Prepare and fold today's Big Idea road sign and put it in the same bag from the previous weeks.
- There it is! Today's Big Idea is: **We obey God by loving our families.** It isn't always easy, but it's what God wants us to do.

VIDEO | Road Trip, Episode 3

- **INSTRUCTIONS:** *Play this week's preschool [teaching video](#).*

ACTIVITY | No Family Feud

- **Why do you think loving our families is important to God?**
- God wants us to treat others with kindness, love, and respect, which basically sums up the three commandments we heard about today. When we are not kind, loving, and respectful, it makes God sad. God wants us to love people the way God loves us.
- **INSTRUCTIONS:** *Lay out the emoji cards and explain what each emoji means. Then, explain that you will read a sentence and the kids should stand by the emoji card that best describes how that sentence makes them feel. Then, talk about some ways the kids could respond positively to that particular situation.*
 - ✂ **TODDLER HACK:** *Simplify the activity by showing the emoji cards and asking the kids to identify what the emotions mean.*
- A grownup at home won't let you watch the TV show you want to watch.
- Your teacher reads your favorite story at school or church.
- You want to stay up late, but an adult says no.
- Your brother, sister, or friend is being bossy or mean.
- Your neighbor brings your family chocolate chip cookies for dessert.
- A grownup at home promises you can get a special snack, but then changes their mind because it's too close to dinnertime.
- A friend takes your favorite toy away while you're playing together.
- These situations can make us feel happy, sad, or even angry, but God wants us to show love to others. **We obey God by loving our families** and our friends.

PRAYER

- Dear God, thank You for each person in our family. Help us to love each person by using kind words to them and doing kind things for them. Help us to remember that when we show love to our families, we are showing our love for You!

DISCUSSION TIME

SNACK | Teddy Bear Family

- **INSTRUCTIONS:** *Give each kid a small cup of Teddy Grahams. Explain how each Teddy Graham can represent a family member or friend.*
- **Do you know the story of Goldilocks and the Three Bears?** In the story, each of the bear family members – the daddy bear, mommy bear and baby bear – liked their food and bed a little different. Our families are the same way – everyone has their own things they like or don't like. Let's talk about all the things we know about our families!
- **Who is in your family? Who lives at home with you?**
- **What are some of your family's favorite things?**

- **What fun things does your family like to do together?**
- God gave us our families and wants us to show love to them. **We obey God by loving our families.**

ACTIVITY | Traffic Light Toss

- When we love our families, we try very hard to be kind and loving to them. We try really hard not to hurt them and to keep our promises to them, too.
- **INSTRUCTIONS:** *Line up three baskets about five feet away from the kids and use tape to mark a starting line for them to stand behind. Give the first kid in line three beanbags to toss – a red one, a yellow one, and a green one. Share that these are the colors of a traffic light that they would see while on the road. Explain that the baskets represent (1) honor and respect, (2) not hurting others, and (3) keeping our promises. The goal is for each kid to toss their beanbags, one at a time, into each of the baskets.*

✂ **TODDLER HACK:** *Bring the baskets closer to the kids so they're easily reached.*

- **What commandments did we hear about today?**
- **Who are these commandments telling us to show love to?**
- **Why does God want us to show love to others?**

ACTIVITY | Family Dinner

- There are so many ways to love our families, but one way is to share a meal together! There are a lot of yummy foods we can make to eat. What's your favorite food to eat? Don't tell us just yet! Let's make some Play-Doh food to see if we can guess what your favorite food is.
- **INSTRUCTIONS:** *Encourage the kids to use Play-Doh to make their favorite foods and then see if the other kids can guess what those foods are.*
- **Do you help make food at home?**
- **Helping to make food is one way to be a big helper at home. What are some other ways you can help at home?**
- **How can you show love to someone in your family this week?**

MEMORY VERSE | Luke 10:27 (NIV)

- **INSTRUCTIONS:** Line the kids up in a straight line. Explain that they will move around the room and follow simple directions as they say the memory verse with you. For example, if you say, "U-Turn," the kids should turn around and follow the lead of the last person in line. If you say, "Road closed," the kids should stop moving and say the memory verse. If you say, "Traffic jam," the kids need to move to stand in a new place in line.

PLAY TIME

While you're waiting for parents to pick up their kids . . .

ACTIVITY | Coloring Page

- **INSTRUCTIONS:** *Print and distribute this week's coloring page along with some crayons or markers. Review today's Bible story and Big Idea as the kids color.*

ACTIVITY | Let's Play House!

- **INSTRUCTIONS:** *Allow the kids time to play at the kitchen center in your classroom. If you don't have one, provide a few dress up clothes, some play food and dishes, dolls and kid-sized brooms, mops, etc.*

ACTIVITY | Let's Work Together!

- **INSTRUCTIONS:** *Set out building blocks or cardboard blocks for the kids to build places families and friends can enjoy together. Provide Little People figures or other small figures to use in this activity.*

Encourage your preschoolers to help clean up the room while they wait for their parents.