





THE BIG IDEA

When I worship God, I can be sincere.

THE BIBLE

Amos: Amos 5:18-24

WELCOME TIME

MUSIC | Eyewitness Praise

• **INSTRUCTIONS:** Play the song, "Jump Around" by KidSpring Children's Ministry, and invite the kids to sing along and follow the motions to this song.

ACTIVITY | Photo Op

- Here we are, back again with breaking news! Does anyone remember what a prophet is? That's right! A prophet brings people news from God.
- And we get to meet another prophet today! This prophet is going to tell us something about how we worship God.
- So, let's do some freestyle worship together! When the music is playing, dance and have fun. When the music stops, freeze in place so we can get pictures for our breaking news.
- **INSTRUCTIONS:** Play an upbeat worship song. Tell the kids to dance, but when the music stops, they freeze in place. While they are "frozen," take pictures as though for a newspaper article. After you have taken pictures, resume the music. Repeat a few times. If possible, you might want to take a few real pictures and print them later with captions and post them in your space.

ACTIVITY | Real or Fake?

- Sometimes, the news we hear about isn't real or didn't happen.
- I'm going to share with you some news stories. Some are real, and some are fake. If you think it's real, give it a thumbs up. If you think it's fake, give it a thumbs down.

- **INSTRUCTIONS:** Read each headline and encourage the kids to guess if the headline is real by putting a thumbs up or fake by putting a thumbs down.
- A chihuahua that can't walk befriends a bird that can't fly. (Real.)
- A twelve-year-old dog graduates college. (Fake.)
- Man arrested for using his phone while riding a horse. (Real.)
- Cold weather in Florida could cause iguanas to fall from trees. (Real.)
- Ten-month-old baby becomes first-ever county sheriff. (Fake.)
 - **TODDLER HACK:** Gather five objects and five toy versions of that object (e.g. fruit, utensils, tools etc.) and ask the kids to choose which item is real and which is fake by giving a thumbs up or thumbs down.

TEACHING TIME

SCRIPTURE | Amos 5:18-24

- **INSTRUCTIONS:** Recruit an adult helper to play the part of Amos. Provide a handheld microphone real or pretend for the interview portion.
- Today, we're going to hear about a prophet named Amos. Just like the prophet, Micah, we heard about last week, Amos had some breaking news for everyone.
 - You: Hello, Amos! What does God want us to hear today?
 - Amos: (Sighs.) Woe is me . . . woe is you . . . woe is everyone . . .
 - You: Woe? Doesn't that mean, "sad?" Why are you sad? Should we be sad, too?
 - Amos: Sadly, yes. There are some things that people have done to make God very sad.
 - You: Oh, no! Like what?
 - Amos: People worship and sing to God, but they really only care about themselves.
 - You: Wait, is God not happy about how people worship?
 - Amos: Correct. Their worship is not sincere.
 - You: "Sincere?" What does that mean?
 - **Amos:** It means real and true. God isn't happy with how people say they love God, but their actions don't show it at all.
 - You: That is terrible. How can people fix this?
 - **Amos:** By being fair and kind to others.
 - You: If we show God's love to others, that will make our worship sincere? So . . . worship is not just about singing and dancing, but about how we live our lives. Is that correct?
 - Amos: You got it!
 - You: Well, thank you, Amos, for bringing us that breaking news from God!
- God, through Amos, was letting the people of Israel know that they were not being sincere in their worship. They had forgotten to take care of each other and instead, chose not to help those in need.
- Worship has always been about living out the words we sing to God. That's what it means to be sincere.

THE BIG IDEA | When I worship God, I can be sincere.

- **INSTRUCTIONS:** Ask two kids to run across the front carrying a banner that says, "Breaking News" while you play the sound effects from this video.
 - **TODDLER HACK:** Ask an adult volunteer to read the Big Idea and then tell the kids to repeat it.
- We interrupt these activities to bring you some breaking news. This is [your name] with today's Big Idea: When I worship God, I can be sincere!
- Now, back to your original program.

VIDEO | Breaking News, Episode 2

• **INSTRUCTIONS:** Play this week's preschool <u>teaching video</u>.

ACTIVITY | Whole Heart

- **INSTRUCTIONS:** Give the kids a printable with a heart and a piece of construction paper. Instruct them to cut the construction paper into pieces, and then glue those pieces onto their heart.
- When we worship God, we need to do it with our whole heart. So, cut your construction paper into a bunch of pieces. The pieces of the construction paper represent the things that make a "whole heart" — our actions, words, thoughts, and feelings.
- Glue the pieces onto your paper until your whole heart is covered. Let this remind you when you worship God, you can be sincere.
 - * TODDLER HACK: Pre-cut pieces of construction paper so the kids don't have to use scissors.

PRAYER

• Dear God, thank you for the words you gave the prophet, Amos, and for showing us that our worship must be sincere. Teach us how to be kind and fair to everyone. Amen.

DISCUSSION TIME

SNACK | Sound Bites

- **INSTRUCTIONS:** As the kids are eating their snack, use a microphone to ask the kids the following questions:
- Which do you like more? Singing or dancing?
- Did anyone watch the news this past week?
- What was the name of this week's prophet?
- Who remembers our Big Idea?

ACTIVITY | Newspaper Heart

- **INSTRUCTIONS:** Give the kids a piece of newspaper. Help them fold it in half and cut out a large heart shape, creating two hearts. Place the hearts together and use a hole punch to punch holes all around the hearts. Give the kids a piece of yarn and begin to sew the hearts together, leaving a small opening. Stuff your heart with crumpled newspaper strips. Be gentle so you don't rip the yarn through the newspaper holes. After filling up your heart, finish threading the yarn and tie a knot (see example).
- We should worship God, but God also looks at our heart. God wants us to be kind and fair to others. As you fill your hearts, name some ways you can be kind to others.
- Remember: when you worship God, you can be sincere.
 - * TODDLER HACK: Instead of using yarn to thread the hearts together, ask an adult volunteer to help the kids to staple their hearts together instead.

ACTIVITY | Kind Words

- **INSTRUCTIONS:** Pair the kids with someone in the room. Give the kids ten to fifteen seconds to give each other a sincere compliment. Once their time is up, tell them to "switch" and find a new partner. Repeat this a few times.
- God is happy when we treat others nicely. Let's practice this by saying nice things about each other

MEMORY VERSE | I Corinthians 16:13 (NIV)

• **INSTRUCTIONS:** As you tell the kids the memory verse, change your voice. You can be loud and then soft. Deep and then high pitched. However you change your voice, tell the kids to repeat after you, mimicking the same voice.

PLAY TIME

While you're waiting for parents to pick up their kids . .

ACTIVITY | Coloring Page

• **INSTRUCTIONS:** Provide this week's coloring page and some crayons or markers. Review today's Bible story and Big Idea as the kids color.

ACTIVITY | Sincerely Me

- **INSTRUCTIONS:** Play some worship songs and let the kids participate in sincere worship by being themselves (i.e. dancing, singing, and jumping). Check out these songs:
 - "The Wiggle Worm" by KidSpring Children's Ministry
 - "Get Up" by Life Kids

ACTIVITY | Flowers for Someone

- **INSTRUCTIONS:** Print and distribute the maze printable. Instruct the kids to complete the maze using finger paint, stamp markers, or stickers.
- God loves when we are kind and help those in need. Complete the maze and help send flowers to someone who needs cheering up.
- Who would you send flowers to right now? Draw a picture of them at the end of the maze.

Encourage your preschoolers to help clean up the room while they wait for their parents