

K-5TH

Large Group

August–Week 1

TODAY'S SCHEDULE

PRE-SERVICE

GAME 15 MIN

LARGE GROUP [33 MIN]

OPENING GAME 10 MIN

WORSHIP 5 MIN

STORY VIDEO 13 MIN

BOTTOM LINE

WHAT'S OUR PART IN THE STORY

SALVATION MOMENT 5 MIN

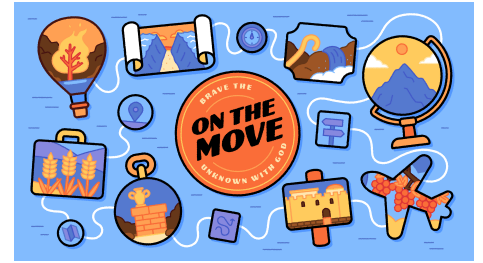
SMALL GROUP [30-35 min]

APPLICATION 1 12 MIN

APPLICATION 2 12 MIN

CLOSING PRAYER 6 MIN

THIS MONTH



Today's Bible Story

Moses
Burning Bush, Plagues,
Red Sea
Exodus 3-6:12, 7-12:42,
13:17-14:31

Bottom Line

God can give you
courage when you
don't feel ready.

Memory Verse

"When I'm afraid, I put
my trust in you"
Psalm 56:3

PRE-SERVICE GAME

What You Need

- ☐ Tape
- ☐ Bin
- ☐ Pictures/ items use to get ready for church

What You Do

Before kids arrive, create a start and finish line with floor tape.

Place a bin at the finish line.

Explain and demonstrate how to play!

→ Instruct the kids to line up behind the starting line.

→ Say, “Inside this bin are pictures of items we might use to get ready to come to church!”

→ Kids are to run to the bag one at a time, pick one item, and return without showing it.

→ They are to describe the item or act it out until the group guesses what it is.

→ Once the group guesses the item correctly, the kid is to show the rest of the group the item, then place it on the floor in front of the group.

→ Continue playing in the same way until all items are guessed.

Work together as a group to place the items in order based on what they might do first, second, third, and so on when getting ready to go to church!

→ For example, brush your teeth (toothbrush)

→ eat breakfast (bowl)

→ brush your hair (hairbrush), etc.

→ Even if they all get ready a little differently at home, encourage the kids to work together to make one plan as a team.

Say This:

“We all have different routines to get ready and out the door for church!

Some of these things help us feel ready on the outside—like brushing our hair or putting on shoes. But God helps us feel ready on the inside too.

Did you know that even when you’re getting ready and feeling all the BIG feelings of being rushed, nervous, or sleepy, you can ask God to help?

Yes, you can! He is with you! [TRANSITION] Today, in our true story from the Bible, we’ll discover someone who didn’t feel ready either, BUT God helped them. Let’s go!”

LARGE GROUP

OPENING GAME

What You Need

- ☐ Tape

WORSHIP

STORY VIDEO

SALVATION MOMENT

What You Need

- ☐ Salvation cards
- ☐ Salvation sheet

What You Do

HOST: “Hey, hey, adventurers! Welcome! Are you ready to move today? (WAIT FOR CHEERS.)

Awesome! On our big life adventure with God, sometimes we feel super-brave and ready to charge ahead, right? But other times . . . maybe we feel a little unsure, a little hesitant, maybe even like taking a step back. And guess what? That’s okay!

“This month we’re talking about all about COURAGE!
(GESTURE TO SLIDE.)

“Courage is when God helps you to be brave enough to do hard things. And sometimes we face things in our life that we just don’t feel big enough for, but He is! And thankfully, our good God goes with us through all things. So when we trust in Him, we’ll find the courage to do hard things! “Like we mentioned before, a lot of times in life we may feel a little unsure, a little hesitant about taking steps forward, and that’s okay. That’s something we’re going to see play out in today’s game!

Today’s game is all about moving forward, even when we feel unsure. It’s called: ‘Step Forward, Step Back!’

SLIDE -> Step Forward, Step Back

“Everyone find a spot behind this starting line! (GESTURE TO THE LINE.)

→ Direct the kids whom you have decided to compete in the game to line up behind the start line.

→ Optional: Use the suggested sound effects, or ones you like, after certain moves.

“This game is pretty simple! When I give a command, you follow the move! The goal is to make it all the way to the finish line over there!

(GESTURE TO THE FINISH LINE.)

So listen carefully!

“Alright travelers, here is your first command: take a Courageous Step Forward!

→ Watch as kids take a big step.

“Nice! Take another Courageous Step Forward!

→ Watch as kids step again.

“Uh oh . . . you’re Feeling Unsure . . . take a Small Step Back!

LARGE GROUP

OPENING GAME

What You Need

- ☐ Tape

WORSHIP

STORY VIDEO

SALVATION MOMENT

What You Need

- ☐ Salvation cards
- ☐ Salvation sheet

→ Watch as kids take tiny step back.

“Okay, shake it off! Trust God—take a Giant Leap!

→ Watch as the kids take a big leap forward.

“Whoa! Freeze!

→ Watch as the kids freeze.

SFX -> Record scratch (OPTIONAL)

“Okay, let’s keep moving! Courageous Hop Forward!

→ Watch as the kids hop.

SFX -> Boing . . . boing (OPTIONAL)

“Feeling Unsure . . . Small Step Back!

→ Watch as the kids step back.

“Brave Spin!

→ Watch as the kids spin.

“Courageous Skip Forward!

→ Watch as the kids skip.

“Trust God—Giant Leap!

→ Continue calling out commands—mix forward and backward steps, add fun movements like hops, skips, a “Brave Spin!” or a quick “Freeze!” Adjust calls to allow kids to eventually reach the finish line.

“You made it! Amazing job, everyone! You kept moving forward even when you had to take a step back sometimes! That takes courage! Sometimes in life, we feel like Moses in our Bible Story today—maybe not quite ready for the big thing ahead. But we’re learning that even then . . .

“God can give you courage when you don’t feel ready. Say it loud!”

KIDS: “God can give you courage when you don’t feel ready!”

HOST: “He sure can! Let’s stand tall and get ready to worship the God who goes with us through everything and gives us courage!”

SMALL GROUP

APPLICATION 1

What You Need

☐ Scarves or Bandanas

☐ “Story Movements”

Activity Page

What You Do

Instruct the kids to stand up and spread out in your small group area. Direct the kids to stretch their arms out wide like a star to ensure they have enough space. Give each kid a scarf or bandana.

Say, “We’re going to use our scarves to help us remember the amazing story of Moses and the courage God gave him, even when he didn’t feel ready!”

Explain how to play:

→ When you move your scarf, the kids are to move their scarves in the same way as you recap the Bible Story.

→ Encourage the kids to imagine being in the story as they follow along!

Read through the story recap and movements using the “Story Movements” Activity Page.

Gather the kids to discuss.

“Wow! We covered a LOT of events in the life of Moses today! By God’s power, the waters of the Red Sea parted, and God’s people were saved. It took SO much courage to stand in front of Pharaoh and to lead a whole nation of people! But . . . God was with Moses every step of the way. And guess what? God is with YOU too!

“You will face some things you don’t feel ready for—like starting kindergarten, riding the bus for the first time, or trying to read new words. It might feel really scary to introduce yourself to a new friend or to make a mistake and not know how to fix it. What are some things that you might need courage for? (INVITE RESPONSES.) Thank you for sharing!

Friends, God is with us every step of our lives—even in the hard things! He is stronger and bigger than anything we face! The God who is stronger than everything is with you, and [BOTTOM LINE] God can give you courage when you don’t feel ready!”

SMALL GROUP

APPLICATION 2

What You Need

☐ Bibles marked at Psalm

56:3

☐ “Verse Motions” Activity
Page

What You Do

Instruct the kids to get into pairs, and give every pair a Bible.

Look up Psalm 56:3 together.

Put the verse up on the screen.

Read the verse together several times.

Review any unfamiliar words.

Show the kids the “Verse Motions” Activity Page and use it to teach the kids motions to Psalm 56:3.

→ NIV: When I’m (point to self) afraid (make a scared face), I put my trust (make a cross with index fingers) in you (point up).

Repeat the Memory Verse with the motions 3-5 times.

Let the kids take turns leading the motions!

“Whoa! How awesome is the Bible?! It’s not just any book—it’s God’s Word! It helps us discover who God is, and God speaks to us through it! When we memorize verses like Psalm 56:3, we can remember we are NEVER alone! Let’s say it again together: When we’re afraid, who can we put our trust in? (PAUSE.) God! That’s right, friends! We’re never alone. Whether we’re at school, getting ready for bed, or nervous to try something new. He is the biggest, and He goes with us!

“Just like God was with Moses and gave him courage to face what he was facing, God is always with you too and will help you face whatever you are facing. He goes with you through everything, and He will give you the courage to speak up, to try something new, and to keep following Jesus even when it’s hard. [BOTTOM LINE] God can give you courage when you don’t feel ready.”

SMALL GROUP

CLOSING PRAYER

What You Need

☐ No supplies needed

What You Do

Ask who would like to pray? Pick a child and invite them to sit upfront on stage with you. Ask all the children to bow their heads and close their eyes. Allow the child to pray. Child can repeat after you.

(Another option: Have all children close their eyes and bow their heads and ask them to repeat the prayer with you)

“God, You are SO amazing! Thank You for helping Moses when he didn’t feel ready. Thank You that You reminded him that You were with him, and that gave him courage. Help us remember that You are the biggest, and You are with us in all things! This week, when we’re feeling scared or nervous, may Your Holy Spirit help us to know that You are with us, to trust You, and to take brave steps even when it’s hard. We love You, God, and we pray these things in Jesus’ name. Amen.”

As adults arrive to pick up, encourage the kids to share Psalm 56:3 with verse motions. Encourage the kids that this week, [BOTTOM LINE] “God can give you courage when you don’t feel ready!”

GETTING READY

What You Need

- ☐ ...
- ☐ ...
- ☐

PRE-SERVICE GAME

LARGE GROUP

OPENER GAME

WORSHIP

SALVATION MOMENT

SMALL GROUP

APPLICATION 1

APPLICATION 2

CLOSE OUT IN PRAYER