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Eight Is Enough: Eight Words Jesus Wants Us to Know

by Pastor Jon Exman

“Jesus spoke many words, but eight stand out as pillars of our faith... words to know, live, and be transformed by.”



There are so many words in the English language that have meaning. In the coming weeks we will be talking about the eight words that Jesus emphasizes as words we should know.

In our walk with Christ, certain words stand out as pillars of our faith—words that Jesus not only taught but also lived out in His ministry. These words guide us, challenge us, and draw us closer to God. Let’s explore eight powerful words—truth, obey, repent, forgive, grace, faith, hope, and love—that Jesus wants us to know and embody.

The first word is *truth*. In John 14:6 Jesus declared, “I am the way and the truth and the life. No one comes to the Father except through me.” Truth is the foundation of His teachings, revealing God’s character and will. To know truth is...

Continue on Page 2



to know Jesus. Jesus calls us to live authentically, free from deception. As we embrace His truth, we find clarity in a world often clouded by confusion. Let's seek truth daily through Scripture and prayer, aligning our hearts with His.

The second word is *obey*. In John 14:15 Jesus says, "If you love me, keep my commands." Obedience to Jesus is not about rigid rule-following but a heartfelt response to His love. It's choosing His way over ours, trusting that His commands lead to life. Obedience can be challenging, but it's an act of worship that strengthens our relationship with Him. Where is Jesus calling us to obey today?

The third word is *repent*. Jesus began His ministry with a clear call in Matthew 4:17, "Repent, for the kingdom of heaven has come near." Repentance is turning away from sin and toward God. Repentance is acknowledging our need for His forgiveness. It's not a one-time act but a daily reorienting of our hearts.

Through repentance, we experience the freedom of a renewed life in Christ. Let's embrace repentance as a gift that restores us.

The fourth word is *forgive*. In Matthew 6:14 Jesus says "For if you forgive other people when they sin against you, your heavenly Father will also forgive you."

Jesus modeled forgiveness even on the cross, offering it to those who wronged Him. Forgiving others releases us from bitterness and reflects God's mercy. It's not always easy, but through Christ's strength, we can forgive as He does.

The fifth word is *grace*. In Ephesians 2:8 we learn this from Paul, "For it is by grace you have been saved, through faith." Grace is

God's love in action, covering our shortcomings and empowering us to live for Him. It's a gift we don't earn but are called to share.

The sixth word is *faith*. In Mark 9:23 Jesus says, "Everything is possible for one who believes." Jesus repeatedly emphasized faith—trusting in God's power and promises. Faith is not blind; it's rooted in the reality of who God is. Whether we're facing trials or stepping into the unknown, faith anchors us in Jesus.

The seventh word is *hope*. Jesus is our living hope, promising eternal life and His return. Hebrews 10:23 says, "Let us hold unswervingly to the hope we profess, for he who promised is faithful." Hope in Christ sustains us through life's storms, reminding us that God's plan is greater than our circumstances.

These eight words are more than concepts, they are invitations to live as Jesus did. As a church, let's commit to embracing these words in our daily lives. Let's pray for the Spirit's guidance to make them real in our hearts, homes, and community. May we reflect Christ's character and draw others to Him through these powerful truths. May God Bless you and yours this month!

Want to **ConnecT** with
Pastor Exman?

☎ (740) 505-0665
✉ theexman433@gmail.com



Family Life

by Lesa Exman



Your go-to spot for updates, tips, and opportunities to help children and youth grow in faith.



Change of schedule for kids and youth that attend the 10:30 Traditional service starting, **OCTOBER 5!**

Be a Difference Maker at CT!

★ Are you looking for a way to serve with purpose?

Whether you love playing games with kids or connecting with teens, there's a place for you to make a real impact. Read below to learn what it means to be a Difference Maker—and how you can get involved!

🧑 What is a Difference Maker?

A Difference Maker is someone who wants to be a part of creating an environment where children and youth can encounter God, grow their faith, and ultimately become difference-makers themselves in this world.

1

Parents will check their kids in at the check in station.

2

Parents will walk their kids to their designated classroom.

Kids and youth will no longer start in the church service.

3

When the service is over you may pick up your child...

by turning in your matching sticker that will print at check in.

How to Become a Difference Maker

🌱 Where can I make a DIFFERENCE?

- **Preschool:** Caring for children birth–Kindergarten. If you love kids, this ministry is for you! You will have the opportunity to share God's love in a direct and tangible way.
- **Children:** Helping with children 1st–5th grade. You will be a part of providing a fun, relational, and safe place for kids to grow in their faith.
- **Middle/High School Students:** Serving means building relationships with middle and High School students, creating a fun and welcoming environment, and helping them grow in their faith. It's a meaningful way to invest in the next generation and point them toward Jesus!
- **Providing Youth Group Meals:** Each Sunday night we start our youth group with a meal. We all sit at one big table and eat, laugh, and share about our week. They love home-cooked food, pizza, or food from any other restaurant.

📋 Ready to Sign Up?

There will be a sign-up form at the Welcome Desk!

You were created to be a Difference Maker!!

Do I need experience to be a Difference Maker?

No experience is needed. All you need is a heart to serve and a desire to show the love of Jesus. We provide training, support and a team that's passionate about making a difference.

How often do I need to be a Difference Maker?

- **Preschool and Children:** We ask for one time a month for either Ignite or Traditional Service.
- **Youth Group (Sunday 6:30pm–8:30pm):** We ask for one time a month.

Want to Connect with Lesa Exman?

Reach her out at
☎ (419) 605-6858

She'd love to help you find the right place to serve!

Ministry News



Lead Pastor

Jon Exman

Children's Ministries

Lesa Exman

Director of Music

Jim McLaughlin

Chancel and Children's Choir

Ann Sims

Wesleyan and Carillon Bells

Andy Ruetz

Ignite Worship

Katlyn Border

Custodian

Dennis Dunlap

Treasurer

Holly Ruetz

Financial Secretary

Rick Mohler

Wednesday Bible Study with Pastor Exman

Our multi-generational Bible Study meets Wednesdays at 11:00 a.m. at the church and online via streaming. The group began a couple of weeks ago, but all are welcome to join—whether you're new to studying the Bible or have years of experience. Come grow in faith, share insights, and connect with others!

United Women in Faith

United Women in Faith at Central Trinity meets **Monday, September 8** (a week later because of Labor Day), 6 p.m. at the church. The program is "What Is Faithfulness to You" based on Mark 4:35–41 and Isaiah 43:1–2.

Angel Wings Prayer Shawl Ministry

Angel Wings Prayer Shawl Ministry resumes meeting **Thursday, September 4, 5–7 p.m.** in the parlor. All are welcome for stitching, praying, and fellowship.

Hocking River District Annual Meeting

The meeting is **Saturday, September 27**, at Canaanville UMC near Athens. Registration starts at 9 and the meeting starts at 9:30. The Athens County Sponsor Circle will discuss their mission of providing refugees with a safe haven in Athens County. Registration is \$10 and paid at the door. Please let Carmen Baker know if you are going by **Friday, September 19**. More information will be available at our September meeting.

Verla Moore Service Club

The Verla Moore Service Club meets on the third Tuesday of each month, with this month's gathering on **September 16, 2025, from 6:30 to 7:30 p.m.** in the Pairs and Spares Room of the church. I Corinthians 12: 4-6

Announcements

Annual Pipe Organ Spectacular

Jim McLaughlin will present his 28th annual organ recital at Central Trinity UMC, 62 South Seventh Street, Zanesville, Sunday, October 5 - 3:00 p.m. in the church sanctuary. Joining Jim on the recital are Connor Shields and Marge Overdorff for piano and organ music duets. The center of attention for the recital is the church's pipe organ that was built by the E. M. Skinner organ company from Boston, MA in 1924. The Peebles-Herzog Organ Company from Columbus totally refurbished the organ and added several stops to the organ in 1997. Jim also will be featured playing piano solos on the church's 1997 Yamaha C3 grand piano. There will also be a time of congregational singing with the organ. Following the recital there will be an opportunity to tour the organ pipe chamber as well as a fellowship time sponsored by the Worship Committee. The recital is free and open to the public. The recital will be livestreamed and available for later viewing on the church website:

www.centraltrinityumc.com



ZCA Concerts at Secrest

Season Memberships are now available to purchase for the Zanesville Concert Association's 86th "Reason for a Season" Concert Season. Season Memberships give you admittance to five "World Famous" Concerts at Secrest Auditorium in Zanesville, as well as admittance to all the concerts held in Mt. Vernon with their concert series. Children and youth are admitted without charge when attending with an adult. College students with a current ID are also admitted without charge.

The artists performing include Joan Ellison "Salute to Judy Garland" featuring the New Albany Symphony Orchestra, the Canadian Brass, the New York Theatre Ballet performing "The Firebird," the Peking Acrobats, and Tony Danza performing "Standards and Stories."

The Season Memberships are \$85 plus a \$7.50 service charge. Individual concert tickets will be sold at \$45 plus a \$3.50 service charge. At Central Trinity you can get information about the concert season from ZCA board members Diane Houston, Marge Overdorff, Ann Lillie Briggs, and Jim McLaughlin.

You can purchase from the website:

www.zanesvillconcertassociation.org

or by mailing your check to Zanesville Concert Association: PO Box 2861, Zanesville, OH 43702-2861





"Thank you for generously giving to the ministries of Central Trinity. Here is a breakdown of what your gifts supported in July 2025"

-Holly Ruetz

Year to Date Financial Report

-July 2025-

Total Giving to Designated Projects \$11,304
Total Expenses Designated Projects \$5,436

Personnel: \$23,964 (*Salaries & Benefits*)

Administrative: \$853 (*Office supplies, Copier lease*)

Property: \$7,614 (*Maintenance, Utilities, Insurance, Pest Control Cleaning supplies, Real Estate taxes*)

Outreach: \$5,029 (*Apportionments sent to conference*)

Christian Education: \$121 (*Sunday school materials, Background checks for Volunteers*)

Worship: \$2,537 (*Glow Night, Ignite music license renewal, tech updates, Father's Day gifts, piano tuning*)

Designated: \$666 (*Glow Night, Neighbors in Need gifts, altar flowers*)

from the Secretary's Desk



This month has been my first at CT, and I want to thank you from the bottom of my heart for the warm welcome you've given me, my kids, Juan and Vincent, and my husband, Chris. Your love, kindness, and all the thoughtful gifts and gestures of appreciation have truly made us feel at home.

I also hope you enjoy the updates I've added to our newsletter, Connect. I'm excited to keep growing, serving, and sharing life with all of you in the years ahead.

With gratitude,

Monica
Your Secretary

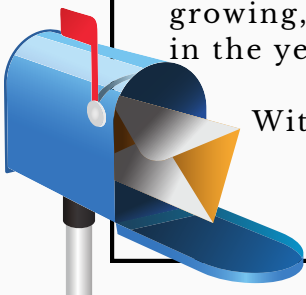


August Attendance:
134

Budget Target Year-to-Date:
\$264,421

Year-to-Date Giving to Budget:
\$259,693

Year-to-Date Budgeted Expenses:
\$254,333





ANCHORED

STEADY FAITH IN A
SHIFTING WORLD

We have this hope
as an anchor
for the soul...

HEBREWS 6.19

Ever need something new to listen to?

Want a way to hear the word, outside of a Sunday service?

WE GOT YOU!

Michael and Katlyn Border have started a new podcast called, “**Anchored.**”

This features a walk in faith as a couple and talking about real-life subjects to keep you anchored in your faith in a shifting world. You can access the podcast right on the CT app!

Don't have the app? No problem!

It is also on Spotify and YouTube under @anchoredunfiltered.

WE'VE ALREADY CREATED A FEW PODCASTS SO
TUNE IN AND ENJOY!



Quick Links to Access Podcast

Anchored on Youtube



Anchored on Spotify



HAPPY BIRTHDAY

This month, we joyfully celebrate the birthdays of these cherished Central Trinity family members! May the year ahead be filled with blessings, joy, and new opportunities to grow in faith and love. Be sure to wish them a happy birthday when you see them!

Sandra	Mollie	Ron
Jamie	Gloria	Ann
Wanda	Christopher	Rick
Lori	Alan	Kevin
Patty	Lily	Sammy
Carrie	James	Jayne
Ethan	Katlyn	Robert

We thank God for the gift of each of these lives.

*"Let all that you do
be done in love."
- I Corinthians 16:14*



Worship

*"Eight is Enough —
Eight words that Jesus wanted us to know"*

Sept 7, 2025

"Truth"

John 14:6;
John 8:31-32;
John 16:13;
Ephesians 4:21-25

Preschool: Holly Ruetz
KOW: Amanda Smith

Sept 14, 2025

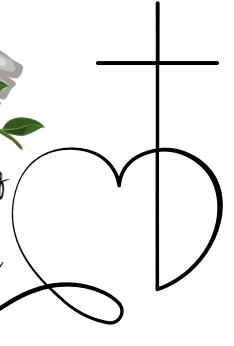
"Obey"

John 14:15
Deuteronomy 5:31-33
John 15:9-14
Luke 11:28

Preschool: Amy Stanton
KOW: Lesa Exman



*Come as Yourself
Grow in Faith
Serve with Love*



Sunday Schedule

9:00 a.m. Ignite Service
9:00 a.m. Sunday School
9:45 a.m. Children's Choir
9:45 a.m. Wesleyan Choir
10:30 a.m. Traditional Worship
10:30 a.m. Sunday School

Sept 21, 2025

"Repent"

Matthew 4:17, Luke 5:31-32, Luke 15:7

Preschool: Katie Garrett
KOW: Lori Wyatt



**Childcare provided each Sunday
8:50 to 11:30 a.m.**



**Handicapped Parking available at
North entrance of parking lot.**

Sept 28, 2025

"Forgive"

Matthew 6:12-15,
Luke 17:3-4,
Luke 23:34-43

Preschool: Patty Bradley
KOW: Lesa Exman

Ushers

**Dave Artman
Paul Baker
Clarence Holbein
Willard Wheeler**



Gratitude

Special thanks to all of our Summer Special Music volunteers. The month of August included talents shared from Evelyn Ruetz, Sue Williamson & Ken Skidmore, Jim & Sherie Garrett, Abby Robbins, Katlyn & Michael Border and Connor Shields.

Thanks to all of our choir members who helped to make our annual choir kick-off a success. Great food, fellowship and fun helped to start our fall season on a positive note. Even if you missed our annual event, you are still welcome to join one of our choirs.

For additional information, please contact:

Ann Sims

✉ ann.sims33@gmail.com

Chancel and Children's Choir Director

Andrew Ruetz

✉ andrew.ruetz@example.com

Carillon Bells and Wesleyan Choir

Upcoming Events

SEPTEMBER						
SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

*Mark your calendars!
Don't forget to save these dates!*



11:00 a.m - 12:00 p.m Bible Studies



Weekly Choir rehearsals start on this day.

6:00 - 7:00 p.m. - Carillon Bells

7:00 - 8:00 p.m. - Chancel Choir

5:00 - 7:00 p.m. Angel Wings Prayer Shawl Ministry



Sunday Holy Communion

Sunday mornings start on this date

9:45 -10:00 a.m. - Children's Choir (Pre K-Elementary)

9:45 - 10:15 a.m. - Wesleyan Choir (teens)

6:30 - 8:30 p.m. CT Youth



6:00 p.m. United Women in Faith



11:00 a.m - 12:00 p.m Bible Studies



6:00 - 7:00 p.m. - Carillon Bells

7:00 - 8:00 p.m. - Chancel Choir



9:45 -10:00 a.m. - Children's Choir (Pre K-Elementary)

9:45 - 10:15 a.m. - Wesleyan Choir (teens)

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11:00 a.m - 12:00 p.m Bible Studies



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11:00 a.m - 12:00 p.m Bible Studies



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7:00 - 8:00 p.m. - Chancel Choir



9:45 -10:00 a.m. - Children's Choir (Pre K-Elementary)

9:45 - 10:15 a.m. - Wesleyan Choir (teens)

6:30 - 8:30 p.m. CT Youth



7:00 - 8:30 p.m. - Civil Choirs Rehearsal

*September Music During
the 10:30 a.m. Worship
Service*



Chancel Choir



Chancel Choir



Chancel Choir



Carillon Handbells

Coming in October...

Wednesday, October 1:
Family Life Meeting

Sunday, October 12:
Youth Baked Potato
Fundraiser

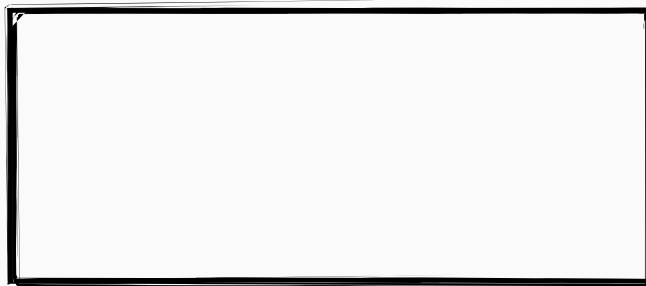
Sunday, October 26:
Trunk or Treat

CENTRAL TRINITY
UNITED METHODIST CHURCH
62 S SEVENTH ST
ZANESVILLE OH 43701-4399

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