

# BEFORE THE BEHAVIOR

Simple : Bonus Lesson : [MANUP.org](http://MANUP.org)

## 2 Corinthians 5

<sup>16</sup> From now on, therefore, we regard no one according to the flesh. Even though we once regarded Christ according to the flesh, we regard him thus no longer.

*We aren't saved through action (behavior), but it appears to be the first way of seeking redemption.*

*Somewhere – we (men) were marked to be labeled according to what we do (maybe Adam) for the sake of approval.*

## Ephesians 4

<sup>17</sup> Now this I say and testify in the Lord, that you must no longer walk as the Gentiles do, in the futility of their minds. <sup>18</sup> They are darkened in their understanding, alienated from the life of God because of the ignorance that is in them, due to their hardness of heart. <sup>19</sup> They have become callous and have given themselves up to sensuality, greedy to practice every kind of impurity.

*Ignorance = lack of knowledge or information.*

**Q:** What information about ourselves  
(particularly as men) are we ignorant of?

- Messages that are Caught
- Messages that are Taught

**Q:** Where is your heart hardened and can you determine when it started?

- Internal vows (consciously or unconsciously)

*Primary Emotions = messages about who we are and how we feel*

- |              |             |
|--------------|-------------|
| • Inadequate | • Hopeless  |
| • Not Enough | • Unseen    |
| • Less Than  | • Not Heard |
| • Worthless  | • Unknown   |

**Q:** What are the behaviors established as a result?

- |               |               |
|---------------|---------------|
| • Callousness | • Impurity    |
| • Sensuality  | • Performance |
| • Greed       | • Achievement |

#### **Ephesians 4**

<sup>20</sup> But that is not the way you learned Christ!

#### **2 Corinthians 5**

<sup>17</sup> Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come.

*It isn't automatic, it's learned. (Active participle)*

**Q:** How long have you practiced the “old” ways?

**Q:** Have you learned something new?

## **Ephesians 4**

<sup>21</sup> Assuming that you have heard about him and were taught in him, as the truth is in Jesus, <sup>22</sup> to put off your old self, which belongs to your former manner of life and is corrupt through deceitful desires, <sup>23</sup> and to be renewed in the spirit of your minds, <sup>24</sup> and to put on the new self, created after the likeness of God in true righteousness and holiness.

<sup>25</sup> Therefore, having put away falsehood, let each one of you speak the truth with his neighbor, for we are members one of another. <sup>26</sup> Be angry and do not sin; do not let the sun go down on your anger, <sup>27</sup> and give no opportunity to the devil. <sup>28</sup> Let the thief no longer steal, but rather let him labor, doing honest work with his own hands, so that he may have something to share with anyone in need.

<sup>29</sup> Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear. <sup>30</sup> And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption.

<sup>31</sup> Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. <sup>32</sup> Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.

**Q:** What has been rewritten on your heart? (Truth)

- Capable
- Treasured
- Have some Control
- Desired
- Known
- More than Enough
- Full of Hope
- Valuable
- Loved

**Q:** What does your “New Self” look like?

- Open Hearted
  - Purity
  - Generous
  - Faithful
- Healthy Boundaries
  - Relax
  - Know Contentment

*The truth isn’t reliant upon our believing, it stands alone.  
However, it’s ability to impact our lives and our ability to  
live in it does depend upon our learning and practicing it.*

WHAT emotion are you feeling?  I Feel . . .	WHY are you feeling that way?  Because . . .	What emotion do you WANT to feel?  I Want . . .