

Finding Joy in **Choosing**

Day 26 of 31 : Philippians 4:8-9 : MANUP.online

Philippians 4:8-9

⁸ And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise. ⁹ Keep putting into practice all you learned and received from me - everything you heard from me and saw me doing. Then the God of peace will be with you.

Your CHOICES take you PLACES.

The Truth about Choices.

- Your thoughts determine your actions.
- Your actions determine your direction.
- Your direction determines your destination.

4 Steps to making Wise Choices:

1. Fix your thoughts on what is true not on how you feel.
2. Take ownership of your own choices.
3. Test your options with peace.
4. Do the next right thing.

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Q: Are you choosing Joy today?