

# Finding Joy in Prayer

Day 25 of 31 : Philippians 4:6-7 : [MANUP.online](http://MANUP.online)

## Philippians 4:6-7

<sup>6</sup> Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. <sup>7</sup> Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

*Prayer is a 2-way CONVERSATION with GOD.*

## Prayer Is:

1. Prayer is telling God what you need.
  - ▶ Physical - Emotional - Relational - Financial.
  - ▶ Pray about anything and everything - nothing is off limits when it comes to prayer.
2. Prayer is thanking God for what he has done.
  - ▶ Thank God for the everyday blessings of life.
  - ▶ Thank God for the supernatural answers to prayer.
3. Prayer is asking God to change your heart.
  - ▶ Ask God to change how you feel.
  - ▶ Ask God to change how you think.
4. Prayer is trusting God to do what you can't.
  - ▶ Trust God for a "*breakthrough*" or the "*strength to.*"
  - ▶ PRAYER: "*Give me the CLARITY to know what to do and the COURAGE to do it.*" - Pastor Andy Stanley