

Finding Joy in **Everything**

Day 1 of 31 : Philippians 4:4 : MANUP.online

“Always be full of JOY in the Lord.

I say it again - REJOICE!”

- Philippians 4:4

The Greek word for joy is **CHARA** - which means:
"to be cheerful, to be glad, to be well, to thrive"

*Joy isn't something you HAVE
it's something you DO.*

3 Truths about Joy:

1. Joy isn't a feeling - it's a choice.
2. Joy isn't a personality - it's a perspective.
3. Joy isn't circumstantial - it's supernatural.

3 Reasons you can have Joy:

1. You have the Holy Spirit as your helper.
2. You have Jesus as your example.
3. You already know the ending.

Q: Where do you need joy right now?

Q: Will you choose joy today? (YES or NO)