

4 Steps to Renewing your Mind.

- **RECOGNIZE** the problem.

*"I have a problem with . . . anger, greed, envy,
lust, revenge, worry, depression, anxiety."*

- **REMOVE** the lie.

*"It doesn't matter what I think or how
I feel as long as I control what I do." - Really?*

*"God wants me to be happy
even if I'm hurting others." - Really?*

"I didn't do anything wrong - it's all their fault." - Really?

*"I can't trust God to take care of it
so I guess it's up to me." - Really?*

*"One person doing the right thing
won't change anything." - Really?*

"I've already blown it so it doesn't really matter." - Really?

- **REPLACE** it with truth.

*"I can do all things through Christ who
gives me strength." - Philippians 4:13*

*"The just man falls 7 times
but rises up again." - Proverbs 24:16*

*"God is faithful . . . with the temptation . . . He will also
provide a way of escape." - 1 Corinthians 10:13*

"Anything is possible with God." - Matthew 19:26

- **REPEAT** the process every day.

*"God's mercies are new every morning . . .
great is His faithfulness." - Lamentations 3:23*