

CHASING HAPPY.

J. Huffman : MANUP.org : Lesson 3 of 5

Q: What makes you happy?

Ecclesiastes 2

¹⁷ So I have come to hate life . . .

Everything is meaningless - like chasing the wind.

Problem.

*The problem isn't **being happy** -
it's chasing happy in all the **wrong places**.*

MONEY won't make you happy.

Ecclesiastes 5

¹⁰ Those who love money will never have enough. How meaningless to think that wealth brings *true happiness!*

¹⁵ We all come to the end of our lives as naked and empty-handed as on the day we were born.

We can't take our riches with us.

SEX won't make you happy.

1 Kings 11

¹ King Solomon loved (*desired*) many foreign women.

³ He had 700 wives of royal birth and 300 concubines.

In fact . . . ⁴ they turned his heart to worship other gods instead of being completely faithful to the Lord his God.

POWER won't make you happy.

Ecclesiastes 8

⁸ None of us can hold back our spirit from departing.

None of us has the power to prevent the day of our death.

There is no escaping that obligation, that dark battle.

Answer.

*Worship God and enjoy **YOUR** life.*

“ENVY is the thief of HAPPY.”

Enjoy your FRIENDS.

Ecclesiastes 4

⁹ *Two people are better off than one, for they can help each other succeed. ¹⁰ If one person falls, the other can reach out and help. But someone who falls alone is in real trouble. ¹² A person standing alone can be attacked and defeated, but two can stand back-to-back and conquer. Three are even better.*

Enjoy your FAMILY.

Ecclesiastes 9

⁹ *Live happily with the woman you love through all the meaningless days of life that God has given you under the sun. The wife God gives you is *your reward* for all your earthly toil.*

Enjoy your WORK.

Ecclesiastes 5

¹⁸ It is good for people to eat, drink, and enjoy their work under the sun during the short life God has given them, and to accept their lot in life. ¹⁹ And it is a good thing to receive wealth from God and the good health to enjoy it.

***To enjoy your work and accept your lot in life -
this is indeed a gift from God.***

Q: Which gift have you stopped enjoying?

Q: What can you do to enjoy it again?