

# CHASING HAPPY.

J. Huffman : [MANUP.org](http://MANUP.org) : Lesson 3 of 5

## Q: What makes you happy?

### Ecclesiastes 2

<sup>17</sup> So I have come to hate life . . .

*Everything is meaningless - like chasing the wind.*

### Problem.

*The problem isn't **being happy** -  
it's chasing happy in all the **wrong places**.*

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## \_\_\_\_\_ won't make you happy.

### Ecclesiastes 5

<sup>10</sup> Those who love money will never have enough. How meaningless to think that wealth brings *true happiness!*

<sup>15</sup> We all come to the end of our lives as naked and empty-handed as on the day we were born.

We can't take our riches with us.

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## \_\_\_\_\_ won't make you happy.

### 1 Kings 11

<sup>1</sup> King Solomon loved (*desired*) many foreign women.

<sup>3</sup> He had 700 wives of royal birth and 300 concubines.

In fact . . . <sup>4</sup> they turned his heart to worship other gods instead of being completely faithful to the Lord his God.

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## \_\_\_\_\_ won't make you happy.

### Ecclesiastes 8

<sup>8</sup> None of us can hold back our spirit from departing.

*None of us has the power to prevent the day of our death.*

There is no escaping that obligation, that dark battle.

**Answer.**

*Worship God and enjoy **YOUR** life.*

***“ENVY is the thief of HAPPY.”***

**Enjoy your \_\_\_\_\_.**

**Ecclesiastes 4**

<sup>9</sup> *Two people are better off than one, for they can help each other succeed. <sup>10</sup> If one person falls, the other can reach out and help. But someone who falls alone is in real trouble. <sup>12</sup> A person standing alone can be attacked and defeated, but two can stand back-to-back and conquer. Three are even better.*

**Enjoy your \_\_\_\_\_.**

**Ecclesiastes 9**

<sup>9</sup> *Live happily with the woman you love through all the meaningless days of life that God has given you under the sun. The wife God gives you is *your reward* for all your earthly toil.*

**Enjoy your \_\_\_\_\_.**

**Ecclesiastes 5**

<sup>18</sup> It is good for people to eat, drink, and enjoy their work under the sun during the short life God has given them, and to accept their lot in life. <sup>19</sup> And it is a good thing to receive wealth from God and the good health to enjoy it.

***To enjoy your work and accept your lot in life -  
this is indeed a gift from God.***

**Q: Which gift have you stopped enjoying?**

**Q: What can you do to enjoy it again?**