

# When One Person Wakes Up



## *A Guide to Personal Revival*

### **2 KINGS 22:1-2 ESV**

"Josiah was eight years old when he began to reign... And he did what was right in the eyes of the LORD and walked in all the way of David his father, and he did not turn aside to the right or to the left."



## The Power of One Awake Heart

**History is full of moments that changed everything because one person woke up to God.** Not a mass movement, not an event with fog machines and lights, but a single soul, burning with holy conviction, who decided: "Enough. I will not live half-awake anymore." When one person wakes up, things shift. Josiah was that person—just a kid, thrust onto the throne with a legacy of chaos behind him. But he became a catalyst for revival because he dared to let God search him, break him, and set him ablaze.

**Personal revival isn't some distant, unreachable dream.** It's not reserved for preachers, saints, or influencers. It's for you—right now, right where you are. In

a distracted, divided, and cynical generation, God is still looking for one person to wake up.

## Will you be that one?

### The Wake-Up Call: Josiah's Story

Josiah's family tree was a mess. His great-grandfather Hezekiah loved God, but his grandfather Manasseh was so evil that it took an army—and a personal breakdown—to bring him to repentance. After Manasseh, things only got worse with King Amon. But then, Josiah. At eight years old, he inherited a kingdom full of spiritual rubble. Instead of following the crowd, Josiah went after God with everything.

He made it his mission to turn back to God and led his entire nation with him. The turning point? While cleaning out the neglected temple, someone found the long-lost Scriptures. When Josiah heard God's Word for the first time, it wrecked him. He realized: "We've been living on borrowed time, ignoring what matters most." That conviction became the spark for national revival.

**When God wakes one person up,  
that spark can ignite a movement.**

### What Is Personal Revival?

**Personal revival is not hype or a passing high. It's when God's presence becomes real, tangible, and disruptive in your life.** It's when your spiritual sleep is interrupted by a holy alarm clock and you realize: **God is here. God is real. God wants all of me.** Revival is heaven crashing into your ordinary. It's the fingerprints of God all over your story—fresh love, deep conviction, and unstoppable faith.

***It's not about being perfect. It's about being willing.***

### 3. "Do It Again, Lord—With Me"

Every great move of God starts with a simple, desperate prayer: *"Do it again, Lord. And do it again in me."* The revivals you've heard about weren't magical

or automatic. They all began with people just like you who got hungry for God, tired of spiritual boredom, and willing to let God do open-heart surgery on their souls.

***God's invitation is not "clean up, then come." It's "come as you are—and let Me clean house."***

## How to Experience God for Yourself

Here's where revival begins—practically, honestly, and in a way that will resonate with anyone who's had enough of empty religion or shallow spirituality.



### Search My Heart

Revival starts with self-examination. Be brave enough to ask God: "What's really in my heart?" Let Him reveal the stuff you've hidden, the wounds you've ignored, the habits you've justified. Psalm 139 is your prayer guide: *"Search me, God, and know my heart..."* It might be addiction, pride, unforgiveness, secret compromise, or just apathy. No filter, no excuses.

Ask: "God, show me what needs to die, what needs to be surrendered."

God doesn't expose you to shame you—He exposes you to heal you.

### Live a Life of Devotion

Devotion is rare because distraction is everywhere. We've traded deep love for God for a thousand "likes," traded our focus for FOMO, and let comfort dull our urgency. But real revival means re-centering your life around Jesus.

Ask yourself: Where is my devotion? What gets my best time, my real energy, my deepest loyalty?

Devotion is not a vibe; it's a decision. It's a posture—love, loyalty, obedience.

Your worship, your prayers, your service, your choices—they all matter.

## Stop Being Casual With God

Let's be real: we've gotten casual with God.  
We treat Him as an accessory, not the main thing.  
Our expectations are low, and our reverence is missing.  
But God is not a hobby; He's the Creator, not created.  
He's not an option—He's everything.  
No more excuses, no more apathy, no more treating God like a side hustle.  
God is calling you from ignorance to encounter, from comfort to consecration.



## The Steps of Personal Revival

### ☐ **Remember**

Revival often starts with remembering.  
Remember when you loved God more, when your prayers were real, when you couldn't wait to open your Bible, when worship was a joy, not a duty?  
Don't run from the pain of lost passion—let it awaken you.  
Painful remembrance is the first step home.  
God promises to revive the lowly, to restore the contrite (Isaiah 57:15).

## ☐ **Return**

Don't just remember—return.  
God's arms are open, not angry.  
He says, "Return, faithless child, for I am merciful" (Jeremiah 3:12).  
No matter how far you've wandered, His mercy goes further.  
Confess. Repent. Come home.  
God isn't waiting to punish; He's waiting to restore.

## ☐ **Remove**

When God wakes you up, He'll ask you to remove whatever pulled you away.  
Like Josiah smashing idols, like Paul turning from his old life, revival means ruthlessly cutting off what kills your soul.  
Don't settle for half-measures.  
Break up with sin. Delete the app. End the toxic relationship.  
Every idol you smash is space for God to move.

## ☐ **Restore**

Let God restore you.  
Do the things you did at first—pray like it matters, worship with wonder, serve with joy, share your faith out of overflow, not obligation.  
Return to old habits of holiness, but with new passion.  
Let God make the Bible sweet, prayer alive, church family precious again.

# The Cost—And the Promise

Revival is free, but it costs you everything.  
God will not settle for a divided heart.  
Revival doesn't come to the casual, doesn't rest on the indifferent, doesn't ignite the distracted.  
It comes to those willing to lay everything down—to surrender, to be set apart, to be changed.  
You can't make yourself righteous; only Jesus can (Romans 3:22).  
Personal revival always starts with the gospel—repent, believe, receive new life.



# Six Practical Keys to Burning Bright

1. **Stop Making Excuses**

God has made Himself known. Don't delay, don't justify compromise. It's time to go all-in.

2. **Acknowledge God Always**

Keep God in your thoughts. Let Him into every decision. Don't let revival die in your memory—keep it alive in your mind.

3. **Let God's Wisdom Lead**

You don't have to figure it all out. Surrender your plans, your intellect. Let humility be your pathway.

4. **Stop Suppressing the Truth**

Don't run from what God is showing you. Face it, embrace it, and let truth set you free.

5. **Live By Faith**

Don't walk by feelings. Live by faith in God's Word and Presence, letting it lead you to action.

6. **Don't Be Ashamed of the Gospel**

Be bold. Be unapologetic. Speak the truth. Let your life preach louder than your words.

These aren't just steps—they're a way of life for anyone who wants to keep the fire burning.

## Arise. Remember. Respond.

Isaiah 60 says, "Arise, shine, for your light has come, and the glory of the Lord rises upon you."

God is not looking for qualified people; He's looking for willing ones.

Let your prayer be:

"Lord, give me a deep longing for You. Let me encounter You again and again. Help me live from Your presence."

# When One Person Wakes Up

You may feel like you're just one person in a crowd, but revival almost always begins with one.

The last great awakening in America, the Jesus Revolution, started with young people sick of the status quo.

Our world is broken, divided, and spiritually tired.

But when things are darkest, God's light shines brightest through the ones who wake up.

## Your Turn

You don't have to wait for the right conference, the right worship set, or the right season.

You can start revival within you—right now.

God's invitation is open.

So, will you remember? Will you return? Will you remove? Will you be restored?

Will you be the one who wakes up and lets God do what only He can do?

- **Do it again, Lord. And do it again—with me.**
- **Stay hungry.**
- **Stay surrendered.**
- **Stay awake.**
  - *Personal revival starts now.*



## DISCUSSION GUIDE 1:

### "Waking Up: The Josiah Effect"

#### **Purpose:**

To explore how one person's spiritual awakening can impact their world, using Josiah's story as a relatable example.

#### **Introduction (2 min):**

Read 2 Kings 22:1-2 aloud.

Share: "Josiah was just a kid when he decided to do what was right in God's eyes. His story shows that age, background, or past failures don't limit what God can do when one person wakes up."

## Discussion Questions

### 1. **Personal Reflection (5 min):**

- What stands out to you about Josiah's story?
- Have you ever felt like you were "too young" or "not the right person" for God to use you? Why or why not?

### 2. **Group Conversation (8 min):**

- Josiah experienced a wake-up call when he heard God's Word for the first time. Has there ever been a moment or event in your life that made you see God or faith differently?
- Josiah's response was to repent and lead change. What would "waking up" look like in your context—school, friends, online?

### 3. **Challenge & Prayer (5 min):**

- What's one small step you can take this week to "wake up" spiritually? (Examples: read a Bible passage, pray honestly, have a tough conversation, etc.)
- Pray together: "Lord, wake us up. Use us—right where we are."

## Optional Activity (5-10 min):

Write down one thing you want God to "wake up" in your life. Share it with the group or keep it as a private prayer.



## DISCUSSION GUIDE 2:

# "Search My Heart: Getting Real With God"

### **Purpose:**

To challenge Gen Z to pursue authentic personal revival by allowing God to examine their hearts and uproot what holds them back.

### **Introduction (2 min):**

Share: "Revival isn't hype. It's when God disrupts your normal and calls you to something deeper. It gets personal—real personal."

### **Discussion Questions**

#### **1. Self-Examination (5 min):**

- Read Psalm 139:23-24 ("Search me, God, and know my heart...").
- Why do you think it's hard to let God search our hearts? What are we afraid He'll find?

#### **2. Honest Conversation (8 min):**

- What are some things that keep our generation from getting real with God? (Addictions, distractions, pride, comparison, etc.)
- How does being "casual" with God show up in your life or in our culture?
- What's a lie or excuse you've believed that's kept you from going deeper?

#### **3. Commitment & Prayer (5 min):**

- What's one thing you sense God might want you to surrender or change?
- Pray: "God, show us what's in our hearts. Give us the courage to let go and let You in."

### **Optional Activity (5-10 min):**

In silence, let everyone write down a private "God, search my heart" prayer. If comfortable, share with the group or pray silently.

## DISCUSSION GUIDE 3:

# "Remember, Return, Remove, Restore"

### **Purpose:**

To walk Gen Z through practical steps of personal revival—remembering, returning, removing, and restoring.

### **Introduction (2 min):**

Share: "Sometimes we drift from God without even noticing. The good news: God specializes in bringing us back and restoring us."

### **Discussion Questions**

#### **1. Step 1: Remember (5 min):**

- When have you felt closest to God? What was different about your life or habits then?
- Why do you think it's important to remember where you've come from spiritually (Revelation 2:5)?

#### **2. Step 2: Return (5 min):**

- What stops us from coming back to God?
- Read Jeremiah 3:12 – what does God promise to those who return?

#### **3. Step 3: Remove (5 min):**

- Is there anything (habits, apps, relationships, attitudes) you sense God nudging you to remove?
- Why does God call us to remove things, not just "feel sorry"?

#### **4. Step 4: Restore (5 min):**

- What's one habit or practice you want God to restore in your life (prayer, joy, boldness, etc.)?
- How could you help each other keep these "restoration" commitments?

### **Challenge & Prayer (3 min):**

Each person share one "R" (Remember, Return, Remove, Restore) they want to focus on this week.

Pray together: "Lord, restore our souls. Help us remember, return, remove, and be restored in You."

### **Tips for Leaders:**

- Keep the tone honest and non-judgmental; share your own struggles if appropriate.
- Allow silence—sometimes people need time to process.
- Encourage prayer that's real, not just "churchy."

Here are **7 journal prompts** carefully selected from the "Guide to Personal Revival."  
Each prompt is matched to a key part of the guide, take time to pause, reflect, and write:

## 1. When One Person Wakes Up (Josiah's Story)

**Prompt:**

Josiah's personal awakening changed an entire nation. Write about a time when someone's faith or courage inspired you—or how your own spiritual "wake up" might impact those around you. What step could you take to stand in the gap for others today?

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## 2. "Do It Again, Lord, With Me" (Desiring Personal Revival)

**Prompt:**

Reflect on the prayer, "Do it again, Lord, and do it again with me." What would it look like for God to start a revival in your life? Where do you most feel the need for a fresh encounter with God's presence?

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## 3. Search My Heart (Honest Self-Examination)

**Prompt:**

Read Psalm 139. Ask God to search your heart. What attitudes, habits, or hidden things might be keeping you from closeness with Him? Write honestly about what God reveals—even if it's uncomfortable.

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## 4. Have We Become Casual with God? (Call Out of Apathy)

**Prompt:**

In what ways have you become "casual" with God, treating Him as routine or optional? What would it look like for you to shift from apathy to awe in your relationship with Him?

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## 5. The Cost of Personal Revival (Counting the Cost)

**Prompt:**

Revival costs us our comfort, our excuses, and sometimes our pride. What “cost” is God asking you to count or pay in this season? What might you need to lay down or surrender for a deeper walk with Him?

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## 6. Restore My Soul (Remember, Return, Remove, Restore)

**Prompt:**

Think back to a time when your love for Jesus was stronger or your faith felt more alive. What changed? Write about what you remember and what steps you sense God inviting you to take to return to that closeness.

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## 7. Practical Principles (Conviction, Obedience, Ongoing Revival)

**Prompt:**

After reading God’s Word, do you feel convicted, comforted, or challenged? Write about a recent moment when Scripture spoke to you—maybe with conviction, maybe with hope. How can you obey what God is saying to you, and what’s one action step to keep the fire of revival burning in your life?