

Living from the Weekend

Theme: Embracing God's design for rest, reflection, and purposeful living, rooted in Christ.

Introduction:

- We are leaders in every sphere—church, work, and influence.
- Called to shine light for God's glory (Matthew 5:14-16).
- Our lives are influential; purpose extends beyond prosperity and happiness.

Two Key Callings (Dr. Simms):

1. Following Jesus
2. Vocation (spouse, parent, career, neighbor, etc.)

Living from the Weekend:

- Life designed to give Jesus the first and best.
- Many live for the weekend, work to rest, but we're made to work from rest.
- Rest is not for the lazy; it's part of God's created rhythm.

Biblical Foundation of Rest:

- Genesis 1:27 & 2:1-2—God models rest on the first day, establishing the pattern.
- Sabbath: a day of rest, remembrance, reset, and celebration (Exodus 31:16-17; Isaiah 58:13-14).
- Purpose of Sabbath: realign priorities, remember God's goodness.

Early Christian Practice:

- Worship rooted in the Lord's Supper, observed on Sunday (the first day of the week).
- Signifies victory over death (Mark 16:9; Matthew 28:1-6).

Transition in Worship:

- Shift from Sabbath (Saturday) to Sunday—focused on resurrection and new creation (Colossians 2:16-17; Romans 14:5).
- Sunday = Day of remembrance, celebration, and spiritual/rest renewal.

Christian Blessings & Identity:

- We are blessed with every spiritual blessing in Christ (Ephesians 1:3).
- Our identity in Christ is our true rest and victory (Ephesians 2:4-6; Romans 8:1-2).
- God's love revealed through Jesus (1 John 4:9-10).

Implications for Our Lives:

- Our week begins with gratitude for what Christ has done.
- Purpose and strength come from being rooted in Christ first, not just doing for Him.
- Reframe goals: The starting point is loving Jesus, which naturally flows into our vocations.

Quote:

"You have made us for yourself, O Lord, and our hearts are restless until they rest in You." — St. Augustine

Practical Application:

- Begin each week from a place of gratitude and being centered on God.
- Prioritize spiritual renewal on Sundays—refilling, realigning, rejoicing.
- View Sundays as a means to enter dark, dry worlds with rest, hope, and love.

Call to Action:

- Visualize yourself as clay and oil lamps—fragile, needing refilling.
- Shift perspective on Sundays: not duty, but divine renewal.
- Approach Jesus at the altar or in your seat, asking to be filled with His Spirit.
- Remember: We are part of a greater eternal kingdom, not just individual pursuits.

Salvation & Reflection:

- Embrace God's love demonstrated through Christ's sacrifice.
- Rest in His victory, His love, and His purpose for your life.

Closing Thought:

Let us live from the weekend—rested, refreshed, and purposeful—shining His light wherever we go.