

NAVIGATING THE DISCIPLESHIP WHEEL

The Discipleship Wheel is a useful tool in understanding spiritual STRENGTH and GROWTH areas. After completing the assessment, plot your average scores in each pie slice on the wheel. You can plot as precisely as you like or, if you prefer, round to the nearest whole number and shade in below your score.

For example:

If you score a 4.5 avg. on “Abide in Christ” and a 5 avg. on “Live in the Word” you would fill out your wheel like the one to the right. →

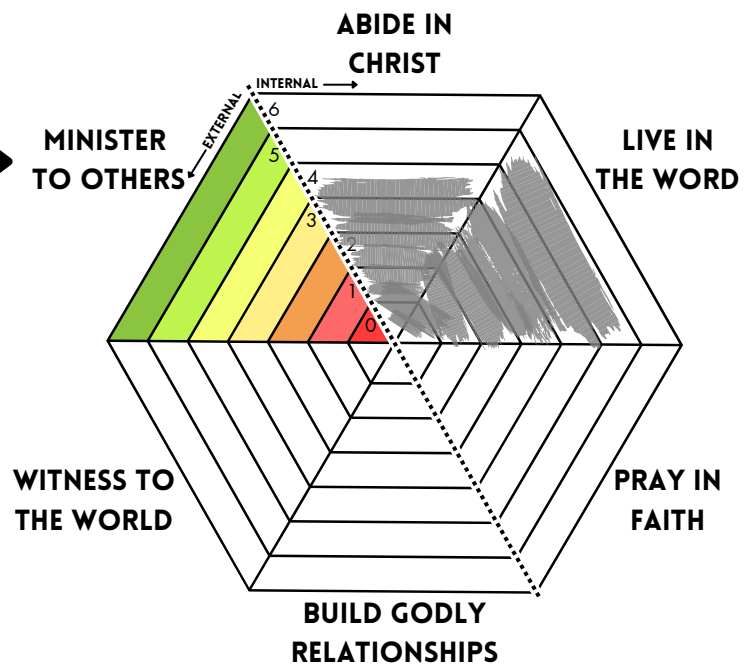
How to Read Your Wheel:

Your scores reveal Strength and Growth areas in your spiritual life. Your highest scores (or anything above 4) is a strength. Your lowest scores (3 or below) are growth areas.

When you identify your growth areas, take these to the action plan and make a plan of attack with an accountability partner.

Pro Tip:

Identifying growth areas is a multifaceted task. Take into account that within each of the six disciplines lie many smaller areas of spiritual growth/strength. For example: within, “Build Godly Relationship” there are friendships, co-workers, marriage, children, etc. As you consider how to make a growth plan, don’t neglect these nuances. You will need to be vulnerable with your accountability partner to get to the root of what’s holding you back.



SPIRITUAL GROWTH ASSESSMENT

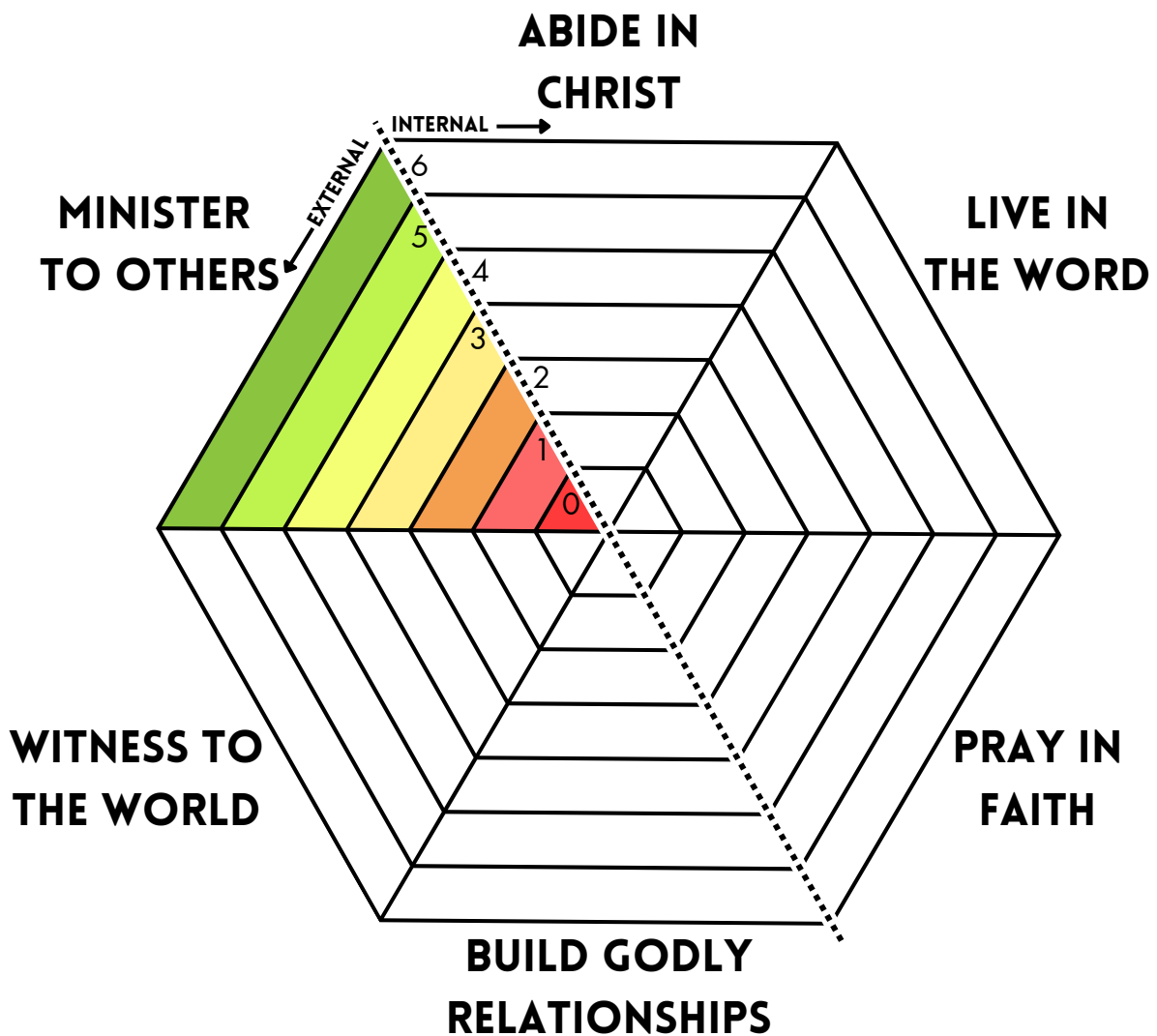
Use the scale below to score each discipline 1 to 6. Total each section and divide by 7 to get your average - write this number in the "Avg." column to be used on the discipleship wheel.

NEVER - 1 RARELY - 2 SOMETIMES - 3 OFTEN - 4 CONSISTENTLY - 5 ALWAYS - 6

SPIRITUAL DISCIPLINES	Score	Avg.
ABIDE IN CHRIST		
1. I practice a regular quiet time with God that I look forward to.		
2. When making choices, I seek Christ's guidance first.		
3. I am motivated in my relationship with Jesus by love rather than fear or duty.		
4. I experience life change as a result of worshipping God.		
5. I live life knowing that I cannot merit God's love by obedience - I must trust in Christ.		
6. Peace, contentment and joy characterize my life - not worry and anxiety.		
7. I remain confident of God's love even in difficult times.		
LIVE IN THE WORD		
1. I regularly read, study and enjoy time in my Bible.		
2. I evaluate culture, ideas and lifestyles with the Bible as my standard.		
3. I can answer questions about life and faith from a biblical perspective.		
4. I study the Bible for the purpose of discovering truth to live by daily.		
5. I fight impure thoughts with truth from God's word.		
6. When Scripture reveals sin in my life, I respond in repentance seeking to change.		
7. I don't make a practice of hypocrisy - My public and private self are the same.		
PRAY IN FAITH		
1. I pray daily at planned and unplanned times.		
2. My prayers focus on discovering God's will more than expressing my needs.		
3. I trust God to answer and wait patiently.		
4. My prayers include thanksgiving, praise, confession, and requests.		
5. I seek to grow in the practice of prayer.		
6. I am motivated to pray because of a deep dependence on God.		
7. I initiate prayer with others.		

SPIRITUAL DISCIPLINES	Score	Avg.
BUILD GODLY RELTIONSHPIS		
1. I forgive others when they hurt me. 2. I admit my mistakes in relationships and seek forgiveness. 3. I seek out other men/women to hold me accountable for spiritual growth. 4. I seek to live peacefully with my family and others. 5. I am gentle and kind. I am not the source of conflict in my relationships. 6. I encourage others by calling out their strengths. 7. My time commitments show that I value relationship over work/hobbies/personal time.	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	
WITNESS TO THE WORLD		
1. I regularly share my faith in Christ with non-believers. 2. I regularly pray for non-believers I know to follow Jesus. 3. I make my faith known to people in my circle of influence. 4. I intentionally maintain relationships with non-believers in order to share my testimony. 5. When confronted about my faith, I remain committed. 6. I am prepared to share my testimony at any time. 7. My actions demonstrate a belief and commitment to the Great Commission.	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	
MINISTER TO OTHERS		
1. I know my spiritual gifts and use them to serve others. 2. I sacrificially contribute my finance to the church and to help others. 3. I take joy in sharing biblical truth with people in my circle of influence. 4. I go out of my way to love the people I meet. 5. I regularly sacrifice my time to serve within my church. 6. I help others identify ministry gifts and become involved in ministry. 7. I expect to be uses by God daily in His kingdom work.	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	

DISCIPLESHIP WHEEL



SPIRITUAL GROWTH ACTION PLAN

GROWTH AREA _____

WHO WILL HOLD YOU ACCOUNTABLE? _____

LONG RANGE 1 YEAR +

DESCRIBE THE OUTCOME(S) FROM ONE YEAR OF GROWTH IN THIS AREA.

ACTIONS STEPS

PRIMARY OBSTACLES

MID RANGE 6 MONTHS

DESCRIBE THE OUTCOME(S) FROM SIX MONTHS OF GROWTH IN THIS AREA.

SHORT RANGE 90 DAYS

WHAT DO YOU NEED TO DO IN THE NEXT 90 DAYS TO START OFF STRONG?

MARKS OF SUCCESS

HOW WILL YOU KNOW YOU'RE GROWING?

POSSIBLE ACTION STEPS

Below are some suggested actions steps to help you with your action plan. These suggestions are not an exhaustive list. Rather, they are a way to help you brainstorm ways to address growth areas in your spiritual life. Whatever you choose as your actions steps, be prayerful and don't over commit. Start small - your walk with Jesus is a marathon, not a sprint.

ABIDE IN CHRIST

1. Commit to weekly worship attendance on Sundays.
2. Schedule a daily quiet time in the morning/evening. Start with 10 mins and grow from there.
3. Set aside Saturday nights for prayer and confession ahead of Sunday morning worship.
4. Practice fasting - start with one meal then try more. During meal time - pray and sit with God quietly.
5. Ask for a devotional/book recommendation and commit to read it with someone.
6. Make a list of obstacles that hinder your spiritual growth and commit to removing or resolving them.
7. Study biblical fasting, prayer, devotion, or mediation with a friend.

LIVE IN THE WORD

1. Join or start a Discipleship Group with two other people and read through scripture together weekly.
2. Learn about H.E.A.R. journaling and introduce it into your Bible study routine.
3. Take notes during weekly preaching during worship.
4. Introduce a study resource into your Bible study time: commentary, devotional, study guide, etc.
5. Commit to serving as a teacher, assistant teacher in Kids ministry.
6. Ask to lead bible study in your MCG, Dgroup, or Bible Study once a month.
7. Read scripture with your family at meal times during the week.

PRAY IN FAITH

1. Once a week, have a conference call with other believers to pray together.
2. Journal your prayers and frequently record God's answers.
3. Commit to praying 10 mins in the morning before you start your day - grow from there.
4. Text 3 friends and ask how you can pray for them. Write down their requests and pray through them.
5. Read a book on biblical prayer.
6. Volunteer to lead in prayer during MCG.
7. Commit to praying with others believers whenever your together.

BUILD GODLY RELATIONSHIPS

1. Commit to joining an MCG, Bible Study or other regular gathering where you will know and be known.
2. Ask for feedback from family and friends on how you can improve your relationships - Then Listen!
3. Make a list of people you have had conflict with and seek reconciliation.
4. Commit to marriage counseling with your spouse
5. Attend a marriage conference or retreat with your spouse.
6. Host dinner for families from your neighborhood or church. Ask to hear their stories. Share testimony.
7. Lead an MCG or other community group in your home.

WITNESS TO THE WORLD

1. Write down your testimony and practice sharing it other believers.
2. Ask your pastor for a good gospel sharing tool or track to give out to people you meet.
3. Make a list of non-believers you know and pray for them regularly.
4. Practice inviting unchurched friends to worship or bible study.
5. Use a missions tracking website to pray for unreached people daily.
6. Sign up for a mission trip.
7. Go to a park with another family and meet people to share the gospel with.

MINISTER TO OTHERS

1. Discover your spiritual gifts and volunteer in an area that will use your gift.
2. Commit to giving regularly, cheerfully and sacrificially to the church.
3. Support a missionary financially and through prayer.
4. Volunteer to take meals to families at your church who are sick, have had a baby, etc.
5. Join a group from your church to do homeless outreach in the area.
6. Join an MCG and practice serving the neighbors in the community where you meet.
7. Commit encouraging people in your church and family through notes, texts, phone calls, conversations.