

## Summary of Chapter 6

### The Extra Plus in Leadership: Attitude

In this chapter, John C. Maxwell emphasizes the critical role of “*attitude*” in effective leadership. He argues that a positive attitude not only benefits personal life but also enhances leadership effectiveness by influencing the thoughts and emotions of those being led. Maxwell identifies the “*whatever-it-takes*” mindset as a hallmark of successful leaders, highlighting that this attitude fosters commitment and perseverance in the face of challenges.

#### Overview

**Disown Helplessness:** Leaders should avoid victim mentalities and empower themselves and their teams to seek solutions actively.

**Choose Your Attitude:** Attitude is a choice that can be cultivated through self-management and intentionality.

**Model a Positive Vision:** Leaders should exemplify resolve and tenacity, inspiring their teams to pursue success despite obstacles.

**Celebrate Success:** Acknowledging achievements, both big and small, reinforces a positive atmosphere and encourages continued effort.

**Consistency:** Leaders must remain steadfast in their positive attitude, which helps establish trust and dependability within their teams.

Maxwell encourages leaders to practice gratitude, reflect on their attitudes, and be proactive in creating a culture of positivity.

#### Key Points

- **Attitude** is crucial for effective leadership and influences team dynamics.
- A “*whatever-it-takes*” mindset is essential for overcoming challenges.
- Leaders should **empower** themselves and their teams, avoiding a victim mentality.
- **Positive attitudes** can be cultivated through intentional choices and self-management.
- **Consistency** in attitude builds trust and reliability among team members.
- **Celebrating successes** fosters a positive environment and motivates continued effort.
- Reflecting on personal attitudes and **practicing gratitude** can enhance leadership effectiveness.

#### Discussion Questions

1. How does your attitude impact your leadership style and the dynamics of your team?
2. In what ways can you develop a “whatever-it-takes” mindset in your leadership practice?
3. Can you identify a time when a positive attitude led to a successful outcome? What did you learn from that experience?
4. How can celebrating small successes contribute to overall team morale and motivation?
5. What strategies can you implement to maintain a consistent positive attitude in challenging situations?

### **Supportive Scriptures**

**Philippians 4:8:** "Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things."

**Proverbs 17:22:** "A cheerful heart is good medicine, but a crushed spirit dries up the bones."

**Colossians 3:23:** "Whatever you do, work at it with all your heart, as working for the Lord, not for human masters."

**2 Corinthians 5:7:** "For we live by faith, not by sight."

**Romans 12:2:** "Do not conform to the pattern of this world, but be transformed by the renewing of your mind."

These verses reinforce the importance of maintaining a positive attitude, focusing on uplifting thoughts, and approaching challenges with faith and commitment.