



21 DAYS OF
PRAYER &
FASTING
DEVOTIONAL

WEEK 2



SCRIPTURES ABOUT PRAYER

The Bible is full of scriptures about the importance and practice of prayer and fasting. Jesus, though He was God in the flesh, modeled a lifestyle of prayer and intimacy with the Father. As you begin this time of prayer and fasting know that you are not only doing what Jesus did but you are also being obedient to what Christ taught about the power of prayer and fasting. Jesus also made it clear that God rewards openly what is done in private. May this time draw you closer to the Lord than ever before.

Mark 1:35 (NKJV)

35 Now in the morning, having risen a long while before daylight, He went out and departed to a solitary place; and there He prayed.

Matthew 6:6 (NKJV)

6 But you, when you pray, go into your room, and when you have shut your door, pray to your Father who is in the secret place; and your Father who sees in secret will reward you openly.

Matthew 6:17–18 (NKJV)

17 But you, when you fast, anoint your head and wash your face, 18 so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly.

A GENTLE REMINDER ABOUT FASTING

Fasting is not about earning God's favor, but about drawing closer to Him. God doesn't love us more if we fast and less if we don't, however fasting is a largely untapped source of power and freedom in the life of the believer. Each person should fast prayerfully, wisely, and according to their health and life circumstances. If you have any questions or concerns about fasting please be sure to consult your physician.

4 TYPES OF FASTING

1. Complete Fast - This fast involves abstaining from all food for a set period of time. This type of fast should be done carefully and for a short period of time. We strongly encourage you to stay hydrated by continuing to drink water.

2. Partial Fast - This fast focuses on refraining from food during specific hours of the day, such as skipping one meal or fasting from sunrise to sunset. The time normally used for eating is instead devoted to prayer, Scripture reading, and reflection.

4. Daniel Fast - The Daniel Fast emphasizes eating simple, plant-based foods while avoiding meat, sweets, and rich foods. It is often practiced over a longer period and is paired with intentional prayer and humility before God.

5. Media or Activity Fast - Rather than fasting from food, this fast involves stepping away from distractions such as social media, television, or entertainment. The goal is to create space for listening to God and focusing on spiritual growth.

And fasting is chiefly an aid to prayer, so much so, that it has frequently been found a means, in the hand of God, of confirming and increasing, not one virtue, but also seriousness of spirit, sincerity, sensitivity and tenderness of conscience, deadness to the world, and consequently a love of God, and of every holy and heavenly feeling.

-Jon Wesley

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DAY 8

LEARNING TO RECOGNIZE THE OPPORTUNITIES

Victor Massey

Whenever God desires to open a door, it often shifts our season. In 2 Corinthians 2:12, Paul wrote, “A door was opened to me by the Lord.” Doors represent new opportunities, access to new seasons, and moments for growth.

1. Doors Provide Access

Doors give us access to new places and experiences. Whether it’s a change in our spiritual lives, health, or relationships, open doors move us into new levels of faith and growth. But this access requires discernment and courage to step forward when God opens the door.

2. Doors Are Often Closed but Only for Specific Moments

Doors don’t stay open forever. Just as opportunities have a window, they’re available only for a time. The Israelites’ opportunity to enter the promised land was closed after their disobedience. In the same way, certain moments may never return, so we must respond to God’s call while the door is open.

3. We Need to Have Keys

Preparation is key. David wasn’t prepared to face Goliath on a set schedule; he was prepared at all times by fighting lions and bears. When God’s opportunity appeared, he was ready. If we prepare, God’s open doors become something we can easily walk through.

4. Doors Have Thresholds

It’s important to know that every open door has a threshold that can be challenging to cross. When God moves us into something new, the unfamiliar can be difficult to manage. I want to encourage you to push through that threshold and do not return to the comfort of the past. Keep moving forward.

Lastly, I would like to add that not every open door is from God, and we must be discerning of the differences. Sometimes, the enemy disguises traps as opportunities. David refused to take Saul’s life, even when it seemed like a convenient way to fulfill his destiny. If we have to bend our morality to enter, it’s a trap. Wait for God’s timing, and don’t be desperate for a blessing; be desperate for God.

DAY 9

DON'T MISS YOUR DIVINE OPPORTUNITY

Tracey Adkins

God often places divine opportunities in front of us—but they usually require a step of faith. Fear, doubt, or even busyness can cause us to hesitate, and sometimes we miss what God has prepared because we're afraid to move forward.

In Jeremiah 29:11, God reminds us, “For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.” This verse assures us that our lives are not random. God already knows where He is leading us, and His plans are always rooted in goodness, faithfulness, and hope.

When we remember that God is the One who planned our future, it becomes easier to recognize divine opportunities when they arise. Psalm 139:13 tells us that God formed us intentionally—on purpose, for a purpose. If He created us with intention, then He also prepares opportunities that align with His plan for our lives.

Fear is often the greatest obstacle that keeps us from stepping into what God has for us. But God encourages us in Joshua 1:9 to be strong and courageous, reminding us that He is with us wherever we go. When fear sets in, we can bring it to God and allow Him to make us brave.

When we follow God, His goodness follows us. When we choose obedience, His faithfulness meets us there. Don't let fear cause you to miss your divine opportunity—take the step and trust the God who already knows the plan.

Prayer: Lord, I praise you because you are good. Thank you for always knowing what is best for me. I declare that I was made on purpose for a purpose and I command all fear to flee. Help me to be brave as I step into Your divine opportunities. In Jesus' name, Amen.

DAY 10

THE DAILY DIVINE OPPORTUNITY TO DO GOOD

Taylor Reed

Galatians 6:10 (NIV) “Therefore, as we have opportunity, let us do good to all people...”

As Outreach Pastor, I have an overwhelming heart to help those who are in need. I cannot see a person in need and not be called to “go out of my way” to help. Sometimes that means crossing the street, sometimes it means deliberately going into a storm.

But it does not take an outreach event or a mission trip to do good- the Lord has given every one of us a divine opportunity to do good, every single day!

Proverbs 3:27 states- “Do not withhold good from those who deserve it, when it is in your power to act.”

God Creates Opportunities Daily: Whether big or small, an encounter in the grocery store, a meeting with a co-worker, a stroll past a stranger... Doing good does not have to be something elaborate like giving the shirt off of your back. Maybe we notice a young mother in a store, her child screaming, she looks stressed and has tears in her eyes... A simple smile and “Jesus Loves You” and offering a prayer for peace can turn her day around.

Psalm 37:23 mentions how the steps of a good man are ordered by the Lord. We are not all led to go around the world- but we are all called to do good, and we can do good right where we are.

Prayer: “Lord, help me daily to see the opportunities to do good. When I come across a lost sheep, a neighbor in trouble, a stranger in need, help me to act. Give me eyes to see and ears to hear, when and where good can be shared.”

Further Reading: Hebrews 13:16 , Ephesians 2:10

DAY 11

NOT HERE BY ACCIDENT

Kalyb Abbott

We are not here by accident. We are not alive in this age by happenstance. God positions us for divine opportunities every single day, but the question is, are we divinely obedient?

Consider Simeon in Luke 2:25. Scripture tells us he was righteous and holy, and that the Holy Spirit was upon him. Simeon lived with spiritual awareness and holy expectation. He was attentive, and he was obedient. Are we? Do we live in the moment with divine obedience, or are we more concerned with how we appear? Are we afraid of looking strange, out of place, or overly spiritual?

Simeon almost certainly would have appeared odd by cultural standards. Yet he entered the temple with a singular purpose: to encounter Jesus. How often do we enter a place with that same intention? Simeon waited. He didn't rush. He simply obeyed the prompting of the Spirit. Scripture says he was moved by the Spirit to go into the temple, and because of that obedience, he encountered the King.

When the Spirit prompts us, it is always an invitation to obedience, and obedience always carries the potential for divine opportunity. We often fail to listen, or worse, we ignore the prompting. Jonah is a reminder of what happens when obedience is abandoned. His resistance didn't cancel God's plan, but it did remove him from the peace and alignment of God's will.

In conclusion, walking in step with the Holy Spirit aligns us for divine opportunities. Listen closely. Respond boldly. Wait when He says wait. Move when He says move. Experience how divine obedience unlocks divine opportunities.

DAY 12

WHEN JESUS OPENS THE DOOR

Karel Bellamy

Revelation 3:8 “See, I have placed before you an open door that no one can shut.”

God specializes in opening doors that human strength, strategy, or status could never create. When Jesus speaks of an open door, He is pointing to moments this year filled with purpose and divine opportunity prepared by Him, not earned by us. These doors exist because of His authority and His plan.

Divine opportunities do not always look impressive at first. Often they begin quietly with a nudge to speak up, a chance to serve, or a step into the unknown. Yet behind that door is Jesus at work, ordering timing, aligning people, and moving hearts in ways we cannot and do not see.

The promise is simple but powerful. When Jesus opens a door, no one can shut it. Fear and inadequacies do not have the final word. The past does not get to decide the future. Our role is not to force doors open but to trust Jesus enough to walk through the ones He has already unlocked. Will you knock? Will you seek? Will you ask?

You are not where you are by accident or coincidence. Holy Spirit has uniquely positioned you for a purpose in this season. Pay attention. Be discerning.

Step forward in faith. The door in front of you may be the very place God plans to move. One final thought: Difficult does not mean it can not be divine.

Prayer: Jesus, help me recognize the doors You are opening in my life. Give me courage to say YES, faith to trust Your leading, and obedience to walk where You guide me. Use my life for Your purpose. In Jesus name. Amen.

DAY 13

DIVINE PROTECTION

Cedric Moore

Jeremiah 33:3: Call unto me, and I will answer thee, and shew thee great and mighty things, which thou knowest not.

On July 31st of 2007, a 240mm Rocket hit our base killing two Soldiers. This was my braking point, I blamed God and said, I wouldn't serve Him anymore. I had prayed and believed that God would protect every Soldier under my command. As I was overcome with emotions that night a presence entered that room letting me know how much He loved me. I cried and fell down on my knees and asked God to forgive me.

I had struggled with the decision to look under blue tarps three times to see my fallen brothers. Their bodies were burned and one was missing limbs. I didn't know it then but this was God opening doors of divine opportunities for me. He shielded me from the images and the replaying of those images in my mind.

The family members wanted to know the condition of their loved ones when they died. I could honestly say that I didn't see their loved ones in that condition. So, my conversations with family members were always filled with fond memories of their fallen soldier. God took an extremely difficult and painful moment and turned it around for my good. I've experienced so many divine opportunities from this single event orchestrated by God.

Prayer: Lord, thank you for those divine opportunities even in times of great loss and pain. It is during these times when we're hurting the most that You love us the most.

DAY 14

ELISHA & ELIJAH Harli Bellamy

2 Kings 2:9 NIV

Elijah said to Elisha, “Tell me, what can I do for you before I am taken from you?” “Let me inherit a double portion of your spirit,” Elisha replied.

If there were ever a divine opportunity, it was this moment. When Elijah asked Elisha what he wanted before he was taken away, Elisha could have asked for so many things. Instead, he recognized the weight and the rarity of the opportunity before him and boldly asked for a double portion.

This moment did not come out of nowhere. It was the result of many faithful “yeses” that led Elisha here. When Elijah first approached Elisha while he was plowing with twelve yoke of oxen, Elisha immediately recognized the moment as divine. He slaughtered the oxen and burned his equipment to cook the meat-eliminating his Plan B. He didn’t leave room to return to his old life. That decisive obedience led him into an apprenticeship with one of Israel’s greatest prophets and eventually to picking up Elijah’s cloak and parting the Jordan.

Every divine opportunity builds upon faithful obedience. Each “yes” prepares us for something greater. At first glance, Elisha’s request may seem bold-even excessive. Why ask for a double portion? Wasn’t that prideful? Not at all. Elisha understood what he was asking for. A double portion meant twice the responsibility, twice the work, and greater weight. Elisha saw this moment not as ambition, but as a calling he was willing to carry.

It’s easy to ask for more, but are we ready for what comes with it? Are we prepared to carry the weight of what we pray for? We do not carry divine opportunities alone—we invite God into them. My prayer is that we would not only have the courage to say “yes” but the endurance to mean it!

Prayer: Father, help me understand the weight of every divine opportunity. Give me the courage to say yes, the endurance to carry what You entrust to me, and the confidence to walk in it. In Jesus name, amen!

