

PAUSE Quiet yourself
🕒 1 minute

- Become aware of Him

REJOICE Praise and thank God
🕒 1 minute

- Write out as prayer something you are thankful for 📖

ASK Conversation with God
🕒 7 minutes

- Talk with Him about your day
- Read daily Bible passage
 - Write out what the Holy Spirit says to you? 📖 (Listening Prayer, SMORP)
- Intercession - My Prayers

YIELD Surrender to God
🕒 1 minute

- Invite the Holy Spirit to fill you
- Confess sin - clean heart

To end, pray the Lord's Prayer out loud

*Our Father in heaven, hallowed be your name.
Your Kingdom come, your will be done, on earth
as it is in heaven. Give us this day our daily
bread, and forgive us our debts, as we also have
forgiven our debtors. And lead us not into
temptation, but deliver us from evil. For yours is
the kingdom and the power and the glory,
forever. Amen. (Matthew 6:9-13)*

READINGS

Date

Readings

August 1	Luke 19:3-4
August 2	Psalms 25:21-22
August 3	Luke 20:17-18
August 4	Psalms 27:4-5
August 5	Luke 21:17-19
August 6	Psalms 28:7-8
August 7	Luke 22:26-27
August 8	Psalms 30:11-12
August 9	Ezra 9:8
August 10	Luke 23:42-43
August 11	Luke 24:6-7
August 12	Luke 24:46-47
August 13	1 Thessalonians 1:2-3
August 14	Psalms 33:21-22
August 15	1 Thessalonians 4:14
August 16	1 Thessalonians 5:9-10
August 17	2 Thessalonians 1:6-7
August 18	Psalms 35:22-23
August 19	2 Thessalonians 3:3-4
August 20	Psalms 37:3-4
August 21	Job 1:21-22
August 22	Psalms 37:39-40
August 23	1 Timothy 4:12-13
August 24	Psalms 39:7-8
August 25	Job 17:9
August 26	Psalms 40:16-17
August 27	2 Timothy 2:22-23
August 28	2 Timothy 3:16-17
August 29	2 Timothy 4:7-8
August 30	Psalms 44:6-8
August 31	Titus 2:7-8

Find more resources,
future readings, and
prayerful playlists
online by scanning
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