

Greater Destiny International Ministries

Corporate Fast and Consecration for 2026
 "The Year of Alignment – Believe. Pursue. Become."



"Aligned for Growth" - Alignment is proven by fruit, not intentions.

Foundational Scripture for the Week

"But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, meekness, temperance." Galatians 5:22–23 (KJV)

7-Day Consecration and Fast: Begins Monday, January 5th at 6 AM and ends Sunday, January 11th at 11:59 PM.

Areas of Prayer & Concentration		
Date	Overall Prayer Focus	Fruit of the Spirit Daily Focus Area
Mon., Jan. 5 th	Personal Reflection and Repentance (II Chronicles 7:14)	LOVE - Alignment of the Heart Scripture Readings: <ul style="list-style-type: none"> Morning: John 13:34–35 Midday: 1 Corinthians 13:4–7 Evening: Romans 5:5 Personal Assessment Question: <i>Who is difficult for me to love right now, and what does that reveal about my heart?</i> Prayer Focus: <i>"Lord, align my heart with Your love. Remove bitterness, offense, and pride. Teach me to love the way You love—freely and fully."</i>
Tues., Jan. 6 th	Improved Relationship with God (Psalm 63:1–11)	JOY - Alignment of Perspective Scripture Readings: <ul style="list-style-type: none"> Morning: Nehemiah 8:10 Midday: John 15:9–11 Evening: Habakkuk 3:17–19 Personal Assessment Question: <i>What has been draining my joy, and why have I allowed it to shape my outlook?</i> Prayer Focus: <i>"Father, realign my perspective. Restore joy that is rooted in You and not dependent on circumstances."</i>
Wed., Jan. 7 th	Corporate and Individual Revelation and Direction for Godly assignments (Ephesians 1:17; Proverbs 3:5–6)	PEACE - Alignment of the Mind Scripture Readings: <ul style="list-style-type: none"> Morning: Isaiah 26:3 Midday: Philippians 4:6–7 Evening: Colossians 3:15 Personal Assessment Question: <i>What am I anxious about that I need to fully surrender to God?</i> Prayer Focus: <i>"God, align my mind with Your truth. Quiet my thoughts and let Your peace rule in my heart and decisions."</i>

Thurs., Jan. 8th	Healing of bodies, minds, hearts, and souls (Jeremiah 30:17; Jeremiah 17:14; James 5:15)	LONGSUFFERING (PATIENCE) - <i>Alignment of Timing</i> Scripture Readings: <ul style="list-style-type: none"> • Morning: James 1:2–4 • Midday: Romans 8:25 • Evening: Psalm 27:13–14 Personal Assessment Question: <i>Where am I struggling to wait on God, and how is that affecting my obedience?</i> Prayer Focus: “Lord, align me with Your timing. Teach me to wait with faith instead of frustration.”
Fri., Jan. 9th	Unity in the body of Christ as a whole and within GDIM (I Corinthians 1:10)	GENTLENESS & GOODNESS - <i>Alignment of Conduct and Character</i> Scripture Readings: <ul style="list-style-type: none"> • Morning: Ephesians 4:31–32 • Midday: Proverbs 11:17 • Evening: Micah 6:8 Personal Assessment Question: <i>Do my daily actions reflect God’s character, even when no one is watching?</i> Prayer Focus: “Father, align my behavior with Your heart. Let my life reflect kindness, integrity, and goodness in word and deed.”
Sat., Jan. 10th	Government – God’s intervention and control locally and nationally (I Timothy 2:1-2)	FAITH & MEEKNESS - <i>Alignment of Trust and Posture</i> Scripture Readings: <ul style="list-style-type: none"> • Morning: Hebrews 11:6 • Midday: Matthew 11:28–29 • Evening: Philippians 2:3–5 Personal Assessment Question: <i>Do I trust God enough to submit to Him without needing control or recognition?</i> Prayer Focus: “Lord, align my trust and my posture. Strengthen my faith and humble my spirit so I follow You without resistance.”
Sun., Jan. 11th	Church Leaders, Church Body, with special emphasis on the Youth (Ephesians 4:11-16)	TEMPERANCE (SELF-CONTROL) - <i>Alignment of Discipline</i> Scripture Readings: <ul style="list-style-type: none"> • Morning: Proverbs 25:28 • Midday: 1 Corinthians 9:24–27 • Evening: Titus 2:11–12 Personal Assessment Question: <i>What area of my life lacks discipline, and how is it affecting my spiritual alignment?</i> Prayer Focus: “God, align my desires with Your will. Give me the discipline to protect what You are building in my life.” Corporate Closing Declaration (Day 7) “ <i>As we complete this fast, we declare that our hearts are aligned, our minds are renewed, our spirits are disciplined, and our lives are bearing fruit. We walk in the Spirit, and we move forward aligned with God’s will. In Jesus’ name, Amen.</i> ”

GUIDELINES FOR CONSECRATION AND FAST

***Health Warning - If you take medication or have a medical condition that makes fasting unsafe, adjust the fast based on your doctor's guidance. However, make a fasting commitment that is a personal sacrifice. ***

January 5th-6th: Listed Fasting Guidelines; One serving of Turkey, Fish, or Chicken

January 7th: Complete Fast, Water only

January 8th-11th: Listed Fasting Guidelines; No Meat

****6:00 AM Daily Zoom Prayer Call ****

FOODS INCLUDED IN THE FAST:

- ✓ Egg (1 per day)
- ✓ Whole Grains: Brown Rice, Oats, Barley
- ✓ Whole Grain Bread
- ✓ Legumes: Dried Beans, Pinto Beans, Split Peas, Lentils, Black Eyed Peas
- ✓ Fruits: Apples, Apricots, Bananas, Blackberries, Blueberries, Boysenberries, Cantaloupe, Cherries, Cranberries, Oats, Figs, Grapefruit, Grapes, Guava, Honeydew Melon, Kiwi, Lemons, Limes, Mangoes, Nectarines, Papayas, Peaches, Pears, Pineapples, Plums, Prunes, Raisins, Raspberries, Strawberries, Tangelos, Tangerines, Watermelon, etc.
- ✓ Vegetables: Artichokes, Asparagus, Beets, Broccoli, Brussels Sprouts, Cabbage, Carrots, Cauliflower, Celery, Chili Peppers, Corn, Cucumbers, Eggplant, Garlic, Gingerroot, Kale, Leeks, Lettuce, Mushrooms, Mustard Greens, Okra, Onions, Parsley, Potatoes, Radishes, Rutabagas, Scallions, Spinach, Sprouts, Squashes, Sweet Potatoes, Tomatoes, Turnips, Watercress, Yams, Zucchini, etc.
- ✓ Seeds, Nuts, Sprouts
- ✓ Liquids: Water, 100% All-Natural Fruit Juices (No Fruit Punch, Hi-C, Sunny D, etc.), 100% All Natural Vegetable Juices, 2% Milk, De-cafeinated Tea or Coffee
- ✓ Water: Try to drink a minimum of eight glasses of water daily throughout the fast. **(Important)**
- ✓ Butter
- ✓ All-natural honey

FOODS NOT INCLUDED:

- Sugar and sugar products (i.e. desserts, soft drinks, etc.)
- Beverages that include caffeine (i.e. coffee, tea, etc.), Carbonated beverages
- Breads (except whole grain), Grits, and White Rice
- Beef, Pork, and Seafood (excluding fish that is not fried)
- Fried foods
- Refined sugar; Sugar substitutes
- White flour and all products containing it
- Margarine, shortening, high-fat products

***If you feel the need to sacrifice more than what is listed (social media, television, texting, etc.), feel free to do so.**

Helpful Thoughts

- COMMIT - Make the decision to complete the fast. Ask God to help you, and He will. MISTAKES HAPPEN! Mistakes are not opportunities to give up altogether. Repent, pray, realign, and move forward!
- FOCUS ON "THE WHY" - **Don't focus so much on the food you're missing**, but on the spiritual benefits that will follow because of your obedience. This is a **BRIEF** sacrifice to align ourselves for the greater things in God in 2026.
- MEAL OPTIONS - Ask for suggestions! Several members make creative and filling meals every year.