

## 1. Wise people use their words for good

- Words should bring \_\_\_\_\_  
*Proverbs 12:18 "Some people make cutting remarks, but the words of the wise bring healing." (NLT=New Living Translation)*
- Words should be \_\_\_\_\_  
*Proverbs 12:22 "The LORD detests lying lips, but he delights in those who tell the truth." (NLT)*  
*Ephesians 4:15 "Instead, we will speak the truth in love, growing in every way more and more like Christ..." (NLT)*
- Words should be \_\_\_\_\_  
*Proverbs 16:24 "Kind words are like honey—sweet to the soul and healthy for the body." (NLT)*
- Words should be \_\_\_\_\_  
*Proverbs 18:4 "Wise words are like deep waters; wisdom flows from the wise like a bubbling brook." (NLT)*
- Words should be \_\_\_\_\_ in wisdom  
*Proverbs 16:23 "The heart of the wise makes his speech judicious and adds persuasiveness to his lips." (ESV=English Standard Version)*

## 2. Foolish people use their words carelessly

- Words that are \_\_\_\_\_  
*Proverbs 18:7 "The mouths of fools are their ruin; they trap themselves with their lips." (NLT)*  
*Proverbs 15:2 "The tongue of the wise makes knowledge appealing, but the mouth of a fool belches out foolishness." (NLT)*
- Words that are \_\_\_\_\_  
*Proverbs 12:18 "Some people make cutting remarks..." (NLT)*

- Words that

*Proverbs 16:28 "A troublemaker plants seeds of strife; gossip separates the best of friends." (NLT)*

*Proverbs 26:20 "Fire goes out without wood, and quarrels disappear when gossip stops." (NLT)*

- Words that are

*Proverbs 25:18 "Telling lies about others is as harmful as hitting them with an ax, wounding them with a sword, or shooting them with a sharp arrow." (NLT)*

*Proverbs 26:18-19 "Just as damaging as a madman shooting a deadly weapon is someone who lies to a friend and then says, 'I was only joking.'" (NLT)*

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### **Discussion Questions:**

1. Talk about your own experience with the power of words. What words from others do you still remember even after years? Why are some people human medicine by how they use their words? How does the neuroscience back this up?
2. Wise people use their words for good. Five specific ways were discussed. Read each way and discuss its impact on others and also, how you can grow in using your words like this. Don't be in a hurry with these. Take your time to really lean in.
3. Foolish people use their words carelessly. Four specific ways were discussed. Discuss each way and your own struggles with being careless with your words. Be honest. Everyone struggles with their words at times.
4. What are the specific ways you are going to grow in wisdom using your words to be that human medicine people desperately need?

