

# Wise Up

Practice Humility

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Pastor Dale Satrum

Part 3



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*Proverbs 11:2 "Pride leads to disgrace, but with humility comes wisdom." (NLT=New Living Translation)*

## What is humility?

- **Occupying your God-given space**
- **Not overestimating or underestimating:**  
*Romans 12:3 "Because of the privilege and authority<sup>[a]</sup> God has given me, I give each of you this warning: Don't think you are better than you really are. Be honest in your evaluation of yourselves, measuring yourselves by the faith God has given us." (NLT)*
- **Acknowledging God's role**  
*John 15:5 "Yes, I am the vine; you are the branches. Those who remain in me, and I in them, will produce much fruit. For apart from me you can do nothing." (NLT)*

## Why does humility produce wisdom?

1. Humility is foundational for \_\_\_\_\_  
*Zephaniah 2:3 "Seek the Lord, all who are **humble**, and follow his commands. Seek to do what is right and to live humbly..." (NLT)*
2. Humility is required to \_\_\_\_\_ from God  
*Matthew 11:28-29: "Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. <sup>29</sup> Take my yoke upon you. **Let me teach you**, because I am humble and gentle at heart, and you will find rest for your souls." (NLT)*
3. Humility is essential to learn from \_\_\_\_\_  
*Colossians 3:16 "Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom..." (ESV=English Standard Version)*  
*Proverbs 13:18 "If you ignore criticism, you will end in poverty and disgrace; if you accept correction, you will be honored." (NLT)*
4. Humility is necessary to learn from \_\_\_\_\_  
*Proverbs 12:1 "To learn, you must love discipline; it is stupid to hate **correction**." (NLT)*

## How does one grow in humility?

Humility is a choice. *James 4:10 "Humble yourselves before the Lord, and he will exalt you." (ESV)*

1. Increase your \_\_\_\_\_ of God  
*Jerimiah 9:24 "But those who wish to **boast** should **boast** in this alone: that they truly know me and understand that I am the Lord who demonstrates unfailing love and who brings justice and righteousness to the earth, and that I delight in these things . " (NLT)*
2. Grow in your understanding of \_\_\_\_\_
3. Make \_\_\_\_\_ a priority  
*James 1:22 "But don't just listen to God's word. You must do what it says. Otherwise, you are only fooling yourselves." (NLT)*
4. Ask God for more \_\_\_\_\_
5. Willingness to \_\_\_\_\_ from others

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### Discussion Questions:

1. The word humility can create a lot of thoughts and feelings, some positive and some negative. What do you think and feel when you hear this word? Why?
2. The Hebrew word for humility (humble) is multifaceted. Discuss the three aspects of humility that come from the Hebrew word.
3. Why does humility produce wisdom in our lives? Discuss the four reasons why humility is so essential for wisdom.
4. Why is humility a choice?
5. Discuss the five choices (ways) we can grow and pursue humility. Which choices do you need to make and decide to grow in?

