



Home Discipleship Tool

Tool 2: Center of Formation

Initial Instructions:

Set aside uninterrupted time to complete this guide. It is recommended that this guide be completed weekly; however, it can still be useful if completed less frequently. The goal of this guide is to best consider how to lead your family intentionally in home discipleship.

Organized Discipleship

Using Scripture

What can we do daily?	Consider a memory verse, read a chapter of Scripture, do a Bible in a year plan, or use a devotional	Write your plan here
When is a good daily time?	Consider dinner time or before bed	
What can we do weekly?	Consider a longer discussion of Scripture, applying the sermon together, or listening to a teaching online as a family such as <i>The Bible Project</i> videos	
When is a good weekly time?	Aim for a regular weekday evening that is least likely to have a scheduling conflict	

Praying Together

What can we do daily?	Consider any opportunities for family prayer and/or one-on-one prayer	Write your plan here
When is a good daily time?	Consider fixed times such as before <i>and</i> after meals, bedtimes, or morning prayers	
What can we do weekly?	Consider intentional prayer for church family and church services, visiting family or friends that have specific needs and praying, or following the weekly church prayer guide	
When is a good weekly time?	Aim for at least one longer or more intentional prayer session per week, whether as a family or in a one-on-one context	

Involvement in the Local Church

Sunday Service	Find a time to read through the passage for the upcoming Sunday and to pray for the service	Write your plan here
Home Groups	How can you foster hospitality and intentionality in your home? What can you learn from other homes?	
Additional Involvement	Prioritize serving in the church as a family and attending significant events	

Incorporating Spiritual Disciplines

Fasting	Consider how your family could fast together. This could be from food, but it is recommended to fast from technology periodically or other things of the world that have a tight grip on your home.	Write your plan here
Feasting	Consider regularly identifying opportunities to celebrate together. This could be used to praise God and to acknowledge the growth of those in your home.	
Giving	Consider finding opportunities to give of your time together in service of others. Also, consider training your home to be generous with money and things.	
Resting	Consider observing the Sabbath, or at least taking designated time to rest physically, but also spiritually.	
Additional Practices	Consider the makeup of your home and how you could incorporate a spiritual focus into your family. Refer to <i>Home Tool 1</i> for help thinking through your home culture.	

Organic Discipleship

Organic discipleship requires (1) time together and (2) intentional preparation for when occasions may arise for a formative impact. Refer to the individual bios from Home Tool 1 to assist completing this page for each member of your home. After praying and reflecting on this member of your home, generate 10 intentional questions to have on hand that could spark a spiritual conversation.

Name:

Date:

Opportunities to spend time together this week:

10 questions to generate spiritual conversations:

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.