



FIRST

Baptist Church

Small Group Curriculum
Sept. 21, 2025
This is US!

Getting-to-know-you questions:

For a new group:

Share about something that you experienced this summer.

For an established group:

Is it easier to start a new habit or stop an old one? Why?

From the Message:

- 1) What difficulties/tensions have you experienced in your life because you saw your faith as a religion rather than a relationship? i.e. pride, insecurity, judgmental attitude...
- 2) How does acknowledging the fact that we are totally dependant on Jesus for our standing with God change the way we see our relationship with Him and our attitudes towards others?
- 3) Discuss some of the negative outcomes of only focusing on the things that we are to "put off" in Colossians 3?
- 4) Read Colossians 3:12-17, share with the group a quality that you would like to "put on" in the coming week.
- 5) As a group, brainstorm some ways to help each individual "put on" the quality they chose.

Read:

2 Corinthians 5:17, Galatians 2:20, 5:22-25, and Romans 12:1-2.

And Or

Watch:

My Spiritual Journey
Paul Thomas Mathews "A new lifestyle."
<https://app.rightnowmedia.org/en/player/video/811459?session=825583&position=0>

Discuss from the readings:

- 1) How did faith in Jesus change your attitudes, behavior, passions, and relationships with others?
- 2) What everyday struggles do we encounter in our journey toward becoming new creations? How do you think these struggles can be overcome?
- 3) What does it mean to pursue holiness?
- 4) What are some concrete steps you can take to pursue holiness?
- 5) Why should our new life include a new love for others?

All Questions taken from RNM Study Guide

Discuss from the video:

- 1) Which of the seven signs of a changed life connected most with you? Why
- 2) According to Proverbs 18:21, what is the power of the tongue, and how can we use it for positive outcomes in our lives?
- 3) Which of the Beatitudes listed in Matthew 5 do you find hardest to understand or apply?
- 4) How does focusing on eternal things rather than temporary things affect our lifestyle?

All Questions taken from RNM Study Guide

Prayer:

- 1) Pray that we would grow in our desire to live out God's character.
- 2) Pray that we would grow in our ability to rest in the finished work of Jesus on our behalf.