

Table Talk

PEACE THAT HITS DIFFERENT | PART 2

Discussion questions and conversation starters based on this weekend's sermon!

1. How do you personally recognize when you're being led more by emotions than by the Spirit?
2. If your soul was sitting at the "Dinner Bell" lazy Susan, what would it pile on its plate first?
3. Which part of the "pilot's checklist" (fuel up, clear the runway, full throttle, maintain altitude) is most challenging for you right now?
4. Which is worse: running out of gas on the interstate or realizing you've been spiritually running on fumes?
5. Can you share a time when you finally let God carry a burden you'd been holding onto for too long?
6. What's your go-to "comfort food" when your soul tries to feed from the body instead of the Spirit?
7. How do you intentionally "fuel up" your spirit during busy or stressful seasons?
8. If God gave you a cockpit checklist for life, what's the funniest item it might include?
9. How have you experienced joy or peace differently when it came from God rather than temporary fixes?
10. Have you ever tried carrying way more than you realized until someone took it off your shoulders?