

“Stop Worrying and Get On With Living!”

2 Timothy 1:3-7 (page 960)

Pastor Rod Kamrath

Boogey Man in the Barn

“For God did not give us a spirit of _____,
but a spirit of power, of love and of self-discipline.”

a. _____

b. _____

c. _____

1. Notice fear does not come from _____.

2. Fear is a _____ behavior.

The Effects of Fear & Worry

1. It _____ the mind.

2. It _____ initiative.

How to _____
Fear & Worry

1. Remember that it _____
_____.

2. Choose to _____ your
_____ and _____
your _____.

3. _____ passages of
Scripture.

- Psalm 55:22
- Psalm 27:1-3
- Philippians 4:6-7
- Isaiah 26:3
- Isaiah 41:10
- 2 Timothy 1:7
- John 14:27

Got any light you need to turn off in the barn?

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