



JOURNAL PAGE

1. What does this story teach me about God or the gospel?
2. What does this story teach me about myself?
3. Are there any commands in this story to obey? How are they for God's glory and my good?
4. Are there any promises in this story to remember? How do they help me trust and love God?
5. How does this story help me to live on mission better?



Unit 31 • Session 5

JESUS SUFFERED FOR US

Philippians 2

WHY DID JESUS BECOME HUMAN? JESUS BECAME HUMAN TO OBEY HIS FATHER'S PLAN AND RESCUE SINNERS.

Paul, a follower of Jesus, was living as a prisoner in Rome. The Christians in Philippi sent a gift to Paul, and he wrote them a letter to thank them. Paul told them to be humble like Jesus and to love one another, working together and taking care of one another because Jesus suffered for us.

Paul wrote, "Adopt the same attitude as that of Christ Jesus. Jesus is God, but He set aside His rights to come to earth as a man. He came as a servant and obeyed God's plan by dying on a cross."

"This is why God highly exalted Him and gave Him the name that is above every name so that out of honor for Jesus, everyone in heaven and on earth and under the earth will bow down to Him. And every tongue will confess that Jesus Christ is Lord."

Jesus suffered and died for us, and He rose from the dead and is alive! God is at work in us, changing us to be like Jesus. Paul wrote, "Do everything without grumbling and arguing so that you may be blameless and pure, children of God who are faultless in a world full of wickedness. In this way, you will shine like stars in the world."

Christ Connection: Jesus, the Son of God, humbled Himself by coming to earth as a man. Jesus never sinned, but He died on the cross to rescue people from their sins. Jesus rose from the dead and is alive! Everyone who trusts in Jesus has forgiveness and life with God forever.

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