SOAP

SCRIPTURE OBSERVATION APPLICATION PRAYER

MY DAILY



JESUS TIME

JULY

Suggested Scriptures to Journal

- Acts 28:17-31 ■ Tue 1 Num 9:1-14 ■ Wed 2 Num 9:15-23 ■ Thu 3 4 Num 11:1-15 ■ Fri ■ Sat 5 Num 11:16-30 ■ Sun 6 Num 11:31-35 ■ Mon 7 Num 13:1-24 ■ Tue 8 Num 13:25-33 ■ Wed 9 Num 14:1-12 ■ Thu 10 Num 14:13-25 11 Num 14:26-45 ■ Sat 12 Num 20:1-13 ■ Sun 13 Num 21:1-3 ■ Mon 14 Num 21:4-9 ■ Tue 15 Num 22:1-20
- Wed 16 Num 22:21-41 Num 23:1-12 Num 23:13-26 ■ Fri Num 23:27-24:14 ■ Sun 20 Num 24:15-25 Mark 1:1-8 ■ Mon 21 Mark 1:9-13 ■ Tue 22 Mark 1:14-20 ■ Wed 23 Mark 1:21-28 ■ Thu 24 25 Mark 1:29-39 ■ Fri ■ Sat 26 Mark 1:40-45 Mark 2:1-12 ■ Sun 27 ■ Mon 28 Mark 2:13-17 ■ Tue 29 Mark 2:18-22 ■ Wed 30 Mark 2:23-3:6

■ Thu 31 Mark 3:7-12



Remember the stamps, recognition, and prizes for completing each full week in your SOAP Journal.



SOAP JOURNAL COMPANION

This guide is a companion for your **SOAP Journal** to offer optional Scriptures to use in your daily Jesus time.

What is SOAP?

Scripture: Read something in the Bible. Write in your journal the address where the scripture reference is found.

Observation: Write or draw in your journal what happened in the story. Who's talking? What are they saying? What did they do? This can be as short or long as you like.

Application: Ask how this Scripture applies to your life. Does anything stick out to you? Is it talking about something you should do or change? Write or draw in your journal about your life.

Prayer: Talk and listen to God about Scripture you've read, other things in your life, or whatever's on your mind. Then give God time to speak to your heart. Journal your prayers and God's answers.

One way to PRAY From Matt 6:9-13

Praise God for who He is and what He's done. "Our Father in Heaven, may Your name be honored."

Repent of sins I've done and commands I have not done. "And forgive us our sins, just as we also have forgiven those who sin against us."

Ask for the needs of others and myself. "Give us today our daily bread. Keep us from sinning when we are tempted."

Yield what I want so I can do what God wants instead. "May Your kingdom come. May what You want to happen be done on earth as it is done in heaven."

