SOAP

SCRIPTURE OBSERVATION APPLICATION PRAYER

MY DAILY



JESUS TIME

AUGUST

Suggested Scriptures to Journal

- Fri 1 Mark 3:13-19 Mark 3:20-30 ■ Sat 2 ■ Sun 3 Mark 3:31–35 ■ Mon 4 Mark 4:1-20 ■ Tue 5 Mark 4:21-25 ■ Wed 6 Mark 4:26-29 ■ Thu 7 Mark 4:30-34 ■ Fri 8 Mark 4:35-41 Sat 9 Mark 5:1-20 ■ Sun 10 Mark 5:21-43 ■ Mon 11 Mark 6:1-6 ■ Tue 12 Mark 6:6-13 ■ Wed 13 Mark 6:14-29 ■ Thu 14 Mark 6:30-44 ■ Fri 15 Mark 6:45-56
- Sun 17 Mark 7:14-23
 Mon 18 Mark 7:24-30
 Tue 19 Mark 7:31-37
 Wed 20 Mark 8:1-13
 Thu 21 Mark 8:14-21
 Fri 22 Mark 8:22-26
 Sat 23 Mark 8:27-30
 Sun 24 Mark 8:31-9:1
 Mon 25 Mark 9:2-13
 Tue 26 Mark 9:14-32
 Wed 27 Mark 9:33-37

■ Sat 16 Mark 7:1-13

Thu 28 Mark 9:38-41
Fri 29 Mark 9:42-50
Sat 30 Mark 10:1-12
Sun 31 Mark 10:13-16



Remember the stamps, recognition, and prizes for completing each full week in your SOAP Journal.



SOAP JOURNAL COMPANION

This guide is a companion for your **SOAP Journal** to offer optional Scriptures to use in your daily Jesus time.

What is SOAP?

Scripture: Read something in the Bible. Write in your journal the address where the scripture reference is found.

Observation: Write or draw in your journal what happened in the story. Who's talking? What are they saying? What did they do? This can be as short or long as you like.

Application: Ask how this Scripture applies to your life. Does anything stick out to you? Is it talking about something you should do or change? Write or draw in your journal about your life.

Prayer: Talk and listen to God about Scripture you've read, other things in your life, or whatever's on your mind. Then give God time to speak to your heart. Journal your prayers and God's answers.

One way to PRAY From Matt 6:9-13

Praise God for who He is and what He's done. "Our Father in Heaven, may Your name be honored."

Repent of sins I've done and commands I have not done. "And forgive us our sins, just as we also have forgiven those who sin against us."

Ask for the needs of others and myself. "Give us today our daily bread. Keep us from sinning when we are tempted."

Yield what I want so I can do what God wants instead. "May Your kingdom come. May what You want to happen be done on earth as it is done in heaven."

