SCRIPTURE OBSERVATION APPLICATION PRAYER

MY DAILY



JESUS TIME

SEPTEMBER

Suggested Scriptures to Journal

- Mon 1 Mark 10:17-31 Mark 10:32-34 ■ Tue 2 ■ Wed 3 Mark 10:35-45 ■ Thu 4 Mark 10:46-52 ■ Fri Mark 11:1-11 ■ Sat 6 Mark 11:12-19 ■ Sun 7 Mark 11:20-26
- Mark 14:1-11 ■ Wed 17 ■ Thu 18 Mark 14:12-26 ■ Fri Mark 14:27-31 ■ Sat 20 Mark 14:32-42 ■ Sun 21 Mark 14:43-52 ■ Mon 22 Mark 14:53-65 ■ Mon 8 Mark 11:27-33 ■ Tue 23 Mark 14:66-72 ■ Tue 9 Mark 12:1-12 ■ Wed 24 Mark 15:1-15 ■ Wed 10 Mark 12:13-17 ■ Thu 25 Mark 15:16-20
- Fri 12 Mark 12:28-34 ■ Sat 13 Mark 12:35-40 ■ Sun 14 Mark 12:41-44

■ Thu 11 Mark 12:18-27

■ Fri

■ Sun 28 Mark 15:42-47 ■ Mon 29 Mark 16:1-8

26 Mark 15:21-32

- Mon 15 Mark 13:1-31
- Tue 30 Mark 16:9-14

■ Sat 27 Mark 15:33-41

■ Tue 16 Mark 13:32-37



Remember the stamps, recognition, and prizes for completing each full week in your SOAP Journal.



SOAP JOURNAL COMPANION

This guide is a companion for your **SOAP Journal** to offer optional Scriptures to use in your daily Jesus time.

What is SOAP?

Scripture: Read something in the Bible. Write in your journal the address where the scripture reference is found.

Observation: Write or draw in your journal what happened in the story. Who's talking? What are they saying? What did they do? This can be as short or long as you like.

Application: Ask how this Scripture applies to your life. Does anything stick out to you? Is it talking about something you should do or change? Write or draw in your journal about your life.

Prayer: Talk and listen to God about Scripture you've read, other things in your life, or whatever's on your mind. Then give God time to speak to your heart. Journal your prayers and God's answers.

One way to PRAY From Matt 6:9-13

Praise God for who He is and what He's done. "Our Father in Heaven, may Your name be honored."

Repent of sins I've done and commands I have not done. "And forgive us our sins, just as we also have forgiven those who sin against us."

Ask for the needs of others and myself. "Give us today our daily bread. Keep us from sinning when we are tempted."

Yield what I want so I can do what God wants instead. "May Your kingdom come. May what You want to happen be done on earth as it is done in heaven."

