

Fellowship Kids

Twos/Threes Lesson Plan - Sunday School

Sunday, August 17

UNIT 8 | SESSION 4

SAMSON AND THE PHILISTINES

JUDGES 13-16

CHRIST CONNECTION: God used Samson to save His people. God sent His Son, Jesus, to save us from our sins and give us life with God forever.

MEMORY VERSE of the Month: PHILIPPIANS 4:19 - "And my God will supply every need of yours..." (ESV)

Preparation

Lesson Context

This Unit (4 weeks): Despite Israel's rebellion and attacks from neighboring tribes, God was gracious to raise up judges who would rescue His people from their enemies. While these judges only provided temporary help, they reminded God's people that He would one day provide a perfect Judge to rescue His people from the power of sin.

Volunteer Huddle | 8:45 a.m.

Meet in the Threes classroom (first floor) for prayer and important info for this Sunday.

Prep Room | 8:50 a.m.

- Pull out paper and crayons on tables (in Teacher Box)
- If you'd like, put music on the Spotify app on the Roku TV.
- Prep room for any activities you will do during the lesson.

Fellowship & Play Time | 9:00-9:15 am

One volunteer should greet children and families at the door.

FELLOWSHIP TIME

Allow children time to engage with one another and play. Use this time to get to know your students and hear about their week. What was a good part/hard part or “yay duck”/“yuck duck” of their week?

MAGNETILES & COLORING

For free time before the lesson, ask children to come to the tables and give them the option to either 1) build with Magnatiles or 2) color (paper and crayons in Activity Box). Use this time to ask them questions about their week and get to know them.

During free time, especially because children are at such a young age, please keep a diligent eye and ear on their words and play with one another.

TRANSITION: Give children a *warning* before you ask them to come to a circle

SAY “Everyone, in 5 minutes we are going to pick up our toys and gather in a circle!”

Sing the clean up song and ask children to come find a seat in the circle.

Activity | 9:15 am

REVIEW CLASSROOM RULES

Post the **Rules Poster** (in Activity Box) somewhere in the room.

SHOW YOUR STRENGTH

Invite kids to spread out in the room. Explain that everyone will do exercises to show their strength. (If some children don’t feel comfortable doing them, let them know that they are more than welcome to refrain and watch the others.) Have kids do a variety of tasks for 10 seconds:

- Jumping jacks
- Running in place
- Big arm circles

- Jump in place
- High knees, etc.

SAY *You guys are so strong! Through our story today we will learn how a judge named Samson learned that **strength comes from God alone**. We'll see how God gave Samson incredible strength to defeat Israel's enemy, the Philistines.*

Lesson | 9:20 am

Let children know your expectations during the lesson - that you would like them to sit quietly, keep their hands to themselves, listen to the story, etc.

1. Open the Bible & Pray

Open to **JUDGES 13** in your Bible. **Reverently display the open Bible.**

SAY *Today we're going to keep learning from the book of Judges. Judges is in the Old Testament. Let's listen to this true story from God's Word.*

Pray quickly for your time in the Word of God.

2. Tell the Bible Story

Use the **visuals** (in Activity Box) if you'd like to help children follow along with the story.

SAMSON AND THE PHILISTINES

God's people again did not listen to God. God let the Philistines rule over them.

One day, an angel told a man and woman they were going to have a baby named Samson. He would be strong and save God's people. God had a special rule: never cut Samson's hair.

When he grew up, Samson met a woman named Delilah. She helped the Philistines find out why Samson was so strong.

One night, Delilah told the Philistines to cut Samson's hair, and they cut it. When Samson woke up, he was weak. The Philistines caught and took him away.

When Samson's hair grew back, they took him to a big temple. Samson prayed, and God gave him his strength back. Samson pushed the temple's columns, and it fell. God used Samson to save His people.

Christ Connection: *God used Samson to save His people. God sent His Son, Jesus, to save us from our sins and give us life with God forever.*

3. Review the Bible Story

- What was the name of the leader and judge God used to deliver his people? (*Samson*)
- Was Samson strong or weak? (*Very strong!*)
- How did Samson lose his strength? (*His hair was cut*)
- Who gave Samson strength? (*God*)

4. Pray

Memory Verse | 9:35 am

Open your Bible to **PHILIPPIANS 4:19** and lead the kids to repeat the abridged verse several times, using hand motions if you'd like:

"And my God will supply every need of yours..."

- PHILIPPIANS 4:19

SAY: *God provided his people with a leader to defeat their enemies and God gives us everything we need too! Most importantly, God has given us Jesus to save us from our sins.*

MAKE MOTIONS

Invite the children to help you create motions for the key words of the memory verse. Recite the verse several times while using your motions to help memorize it.

PLAY THE MUSIC VIDEO

Have the children repeat the verse with you several times. Then play the memory verse music video from the YouTube app on the Roku TV (YouTube account should be [Fellowship Kids](#) (switch accounts on the top of the left sidebar if not) > go to [Library](#) on the left side bar > Choose [Playlists](#) on the top > choose your classroom).

After the activity, invite children to sit at the tables to complete their activity pages.

Activity | 9:40 am

PLAY DOUGH HAIR

Tell children to roll out play dough into thin pieces like hair ([play dough](#) in Teacher Box). Encourage the children to make the face of Samson out of play dough and put the long hair on his head. Review the Bible story.

SAY *God had told Samson never to cut his hair. A man came and cut his hair and Samson was not strong anymore. Eventually, Samson's hair grew back and one day he called out to God, and God gave him the strength to destroy the temple. Samson's strength came from God. God used Samson to save the Israelites. God sent Jesus to save us from our sin. Jesus died and rose again to rescue us from sin and give us life with God forever.*

Activity Pages + Transition | 9:45 am

ACTIVITY PAGES



Invite children to the tables and pass out the week's **Activity Page** (in Activity Box) and **crayons** (in Teacher Box) to each child. Have them work on it as the new Worship Service volunteer team arrives.

TRANSITION TEAMS

The worship service volunteer team will switch into the classroom at 9:50. **Please do not leave the classroom until the next service's volunteers have arrived and are ready to take responsibility for the class.** Call the Team Lead if the worship service volunteers have not arrived on time.

If needed, let them know about any pertinent information on children, the lesson, etc.

