

# K/Fours Lesson Plan - Sunday School

*Sunday, September 14*

---

UNIT 9 | SESSION 4

## FREEDOM FROM THE PHILISTINES

1 SAMUEL 7

---

**MAIN POINT / CHRIST CONNECTION:** The Israelites confessed their sin, and God saved them from the Philistines. When we confess our sin to God, He forgives us and saves us through the death and resurrection of His Son, Jesus.

**CATECHISM QUESTION:** Q) What is righteousness? A) It is God's goodness. (*Exo 33:19; 34:6; Psa 33:5; Hos 3:5; Rom 11:22.*)

**MEMORY VERSE of the Month:** PHILIPPIANS 4:19 - "And my God will supply every need of yours..." (ESV)

### Preparation

---

#### Lesson Context

**This Unit (4 weeks):** Regardless of sin patterns and disobedience, God continued to see His people and hear their requests and desires. God's provision is seen through His gifts of a kinsman redeemer for Ruth's family, a son with a prophetic calling for Hannah, and freedom and protection for the Israelites from the Philistines. God's plan remained steadfast, despite humanity's brokenness.

Volunteer Huddle | **8:45 a.m.**

Meet in the Threes classroom (first floor) for prayer and important info for this Sunday.

---

## Prep Room | 8:50 a.m.

- Pull out paper and crayons on tables (in Teacher Box)
- If you'd like, put music on the Spotify app on the Roku TV.
- Prep room for any activities you will do during the lesson.

## Fellowship & Play Time | 9:00-9:15 am

---

One volunteer should greet children and families at the door.

### FELLOWSHIP TIME

Allow children time to engage with one another and play. Use this time to get to know your students and hear about their week. What was a good part/hard part or “yay duck”/“yuck duck” of their week?

### FREE PLAY & COLORING

For free time before the lesson, ask children to come to the tables and give them the option to play or color (paper and crayons in Activity Box). Use this time to ask them questions about their week and get to know them.

**TRANSITION:** Give children a **warning** before you ask them to come to a circle

**SAY** “Everyone, in 5 minutes we are going to pick up our toys and gather in a circle!”

*Sing the clean up song and ask children to come find a seat in the circle.*

## Activity | 9:15 am

---

### REVIEW CLASSROOM RULES

Post the Rules Poster (in Activity Box) somewhere in the room.

### INTRODUCE THE LESSON - DO A HEART SEARCH

Take out the paper heart shapes (in Activity Box), which have one word of the memory verse per heart. Hide the hearts around the room. Instruct children to find all the hearts. Once all the hearts are found, work together to put the memory verse in the correct order.

**SAY** *God knows what is in our hearts. That means God knows our thoughts and feelings. God knew the thoughts and feelings of the Israelites. The Israelites were not fully loving God, but they were ready to confess their sin. After they repented from their sin, Samuel prayed to God, and something amazing happened.*

## Lesson | 9:20 am

---

*As the children gather in a circle on the floor, let them know your expectations - that you would like them to sit quietly, keep their hands to themselves, listen to the story, etc.*

### 1. Open the Bible & Pray

Open to **1 SAMUEL 7** in your Bible. **Reverently display the open Bible.**

**SAY** *Today we are going to be in the book of **1 Samuel!**?. Let's listen to this true story from the Bible.*

**Pray** quickly for your time in the Word of God.

### 2. Tell the Bible Story

Use the **visuals** (in Activity Box) if you'd like to help children follow along with the story.

**STORYTELLING IDEA:** Share a story about a time God answered one of your prayers. Ask preschoolers what prayers God has answered in their lives.

### **FREEDOM FROM THE PHILISTINES**

After some time had passed, God's people were sorry for their sin and wanted to hear from the Lord.

Samuel told the people if they wanted to hear from the LORD then they had to get rid of all their idols. The people had disobeyed God by worshiping false gods.

"Worship God only; then He will rescue you from the Philistines." Samuel said. "Gather all the people, and I will pray to the LORD."

The people removed the idols and met together. They fasted and confessed their sin to God. When the Philistines heard that the Israelites had gathered to pray, they thought this was the perfect time to attack.

The Israelites heard that the Philistine army was coming, and they were very afraid. They told Samuel, "Don't stop crying to the Lord for us, so that He will save us from the Philistines."

Samuel gave an offering to the LORD. Then Samuel prayed, and the Lord answered Samuel as the Philistine army got closer.

The Lord thundered loudly from the sky and made the Philistine army confused. The Lord helped the Israelites, and they won the battle!

Samuel set up a large stone to remind the people how God helped them win the battle that day. Then there was peace in the land.

**CHRIST CONNECTION:** *The Israelites confessed their sin, and God saved them from the Philistines. When we confess our sin to God, He forgives us and saves us through the death and resurrection of His Son, Jesus.*

### 3. Review the Bible Story

- What did Samuel tell the people that they had to get rid of? (*all of the idols or false gods*)
- The people were very scared when they heard the Philistines coming. They prayed and what did God do? (*God sent lots of thunder which confused the Philistines and drove them away*)
- Do you remember what Samuel set up after God's people won the battle? (*He set up a large stone to remind the people how God had saved them.*)

## 4. Catechism Question

**SAY** *Let's review our new catechism question today:*

**Q) What is righteousness?**

**A) It is God's goodness.**

*In our story today we learned how God's people turned from sin and toward righteousness, towards obeying God's ways.*

**Q) What is righteousness?**

**A) It is God's goodness.**

## 5. Pray

### Memory Verse | 9:30 am

---

Open your Bible to **PHILIPPIANS 4:19** and lead the kids to repeat the abridged verse several times, using hand motions if you'd like:

**"And my God will supply every need of yours..."**

**- PHILIPPIANS 4:19**

**SAY:** *God supplied what His people needed to win against the Philistines. He supplies what we need too. What we need most is forgiveness for our sins. There is no end to God's forgiveness for His people because of Jesus' death and resurrection.*

### MEMORY VERSE THEATER

Invite the class to say the memory verse in lots of fun ways. Some suggestions: loud, soft, high-pitched, low/deep, eyes closed, slow, fast, holding your nose, singing, holding your tongue, etc. Get creative and come up with your own fun ways to learn the memory verse.

### PLAY THE MUSIC VIDEO

Have the children repeat the verse with you several times. Then play the memory verse music video from the YouTube app on the Roku TV (*YouTube account should be [Fellowship Kids](#) (switch accounts on the top*

of the left sidebar if not) > go to Library on the left side bar > Choose Playlists on the top > choose your classroom).

*After the activity, invite children to sit at the tables to complete their activity pages.*

## Extra Activity | 9:40 am

---

### GET RID OF IDOLS

Dump MagnaTiles on the floor. Preschoolers will pretend the tiles are idols, or false gods. When you say “Go,” preschoolers will pick up the blocks and put them back in the box as fast as they can without throwing them. Time the preschoolers so they can compete against themselves. Repeat the pick-up process once or twice as preschoolers attempt to get faster.

**SAY** *Today in our story, the Israelites confessed their sins to God. They wanted to get rid of their idols as fast as they could, just like in our game. God was faithful to His people.*

## Dismissal | 9:45 am

---

As parents arrive,

- Match the 4 digit code on the parent’s tag to the child’s tag
- Check out the child on the tablet by clicking the check box to the left of their name on the roster.
- Give feedback! Tell parents how the student did that morning.

## Clean Up

---

- Wipe down tables if any messes were made with activities. [Magic eraser sponges can erase markings on desks.]
- Put teacher and activity items back in the Activity Box or Teacher Box.
- Place the TV remote in the white holder on the dry erase board.
- **Return the small Activity Box, class tablet, and your lanyards to the check-in desk.**