

K/Fours Lesson Plan - Sunday School

Sunday, October 26

UNIT 11 | SESSION 1

DAVID DEFEATED GOLIATH

1 SAMUEL 17

MAIN POINT / CHRIST CONNECTION: **Jesus is our deliverer.** The Israelites needed God's help to defeat Goliath, so God sent David. We all need help to fight against sin. God sent His Son, Jesus, to win against sin so we can have life with God forever.

CATECHISM QUESTION : Q) Did our Lord Jesus Christ ever sin? A) No. He was holy, blameless, and undefiled. (*Hb 7:26; Lk 23:47; 1-Ib 4:15; 1 Pet 2:22; 1 Jn 3:5*)

MEMORY VERSE of the Month: PSALM 103:19 - "The LORD has established his throne in the heavens, and his kingdom rules over all." (ESV)

Preparation

Lesson Context

This Unit (4 weeks): After protecting his family's flock of sheep, David was called into a role of shepherding God's flock—the nation of Israel. He showed his trust in God through defeating Goliath, his heart for mercy in sparing Saul, and his willingness to put God's plans above his own. But King David was still a broken human who gave in to his sinful desires. Yet, God showed His love and grace by forgiving and restoring David upon his repentance.

Volunteer Huddle | **8:45 a.m.**

Meet in the Threes classroom (first floor) for prayer and important info for this Sunday.

Prep Room | 8:50 a.m.

- Pull out paper and crayons on tables (in Teacher Box)
- If you'd like, put music on the Spotify app on the Roku TV.
- Prep room for any activities you will do during the lesson.

Fellowship & Play Time | 9:00-9:15 am

One volunteer should greet children and families at the door.

FELLOWSHIP TIME

Allow children time to engage with one another and play. Use this time to get to know your students and hear about their week. What was a good part/hard part or “yay duck”/“yuck duck” of their week?

FREE PLAY & COLORING

For free time before the lesson, ask children to come to the tables and give them the option to play or color (paper and crayons in Activity Box). Use this time to ask them questions about their week and get to know them.

TRANSITION: Give children a **warning** before you ask them to come to a circle

SAY “Everyone, in 5 minutes we are going to pick up our toys and gather in a circle!”

Sing the clean up song and ask children to come find a seat in the circle.

Activity | 9:15 am

REVIEW CLASSROOM RULES

Post the Rules Poster (in Activity Box) somewhere in the room.

INTRODUCE THE LESSON - HOW TALL WAS GOLIATH?

Tape a 10-foot piece of yarn vertically on the wall (in Activity Box). Give each preschooler a sticky note and crayons within reach. Lead preschoolers to draw their self-portrait on the sticky note. Invite each preschooler to stand against the wall next to their string. Help them to stick their picture next to the yarn to compare their height to Goliath's.

SAY *Goliath was so tall! He was way bigger and taller than any of us. Everyone was afraid of Goliath because he was so strong and powerful. David trusted that God would help him defeat Goliath, and He did! God is greater than anything. Is there anything greater than God? No, God is greater than everything.*

Lesson | 9:20 am

As the children gather in a circle on the floor, let them know your expectations - that you would like them to sit quietly, keep their hands to themselves, listen to the story, etc.

1. Open the Bible & Pray

Open to **1 SAMUEL 17** in your Bible. **Reverently display the open Bible.**

SAY *Today we are going to be in the book of **1 Samuel**. Let's listen to this true story from the Bible.*

Pray quickly for your time in the Word of God.

2. Tell the Bible Story

Use the **visuals** (in Activity Box) if you'd like to help children follow along with the story.

DAVID DEFEATED GOLIATH

The Israelite army was getting ready to fight the Philistines. The two big armies stood on opposite hills with a deep valley between them.

The Philistines had a giant warrior named Goliath. Goliath was very tall—almost 10 feet tall! He wore heavy armor, and every day Goliath came out and shouted at the Israelites. “Send someone to fight me!” he said. “If you win, we will serve you. If I win, you will serve us.”

Goliath did this every day for 40 days. All the Israelites were scared, even King Saul. One day, David—who was just a boy—came to the battlefield to bring food to his brothers in the Israelite army. David heard Goliath’s challenge. He said, “Who does Goliath think he is to challenge God’s army?”

When King Saul heard what David said, he called for David. David said, “I’ll fight Goliath!”

Saul was worried because David was young, but David said, “God has helped me protect my father’s sheep from lions and bears.” David trusted God would help him defeat Goliath.

Saul gave David his armor, but it was too big. So David went to face Goliath with only a sling and five smooth stones.

David said, “You come against me with a sword and spear, but I come against you in the name of the Lord of Armies—you have defied him! Today, the Lord will hand you over to me. Then all the world will know that Israel has a God, and that the battle is the Lord’s.”

Then David used his sling to throw a stone at Goliath. The stone hit Goliath on the forehead. Goliath fell facedown to the ground and died.

CHRIST CONNECTION: *The Israelites needed God’s help to defeat Goliath, so God sent David. We all need help to fight against sin. God sent His Son, Jesus, to win against sin so we can have life with God forever. **Jesus is our deliverer.***

3. Review the Bible Story

- Was Goliath short or tall? (*very tall!*)
- Was David big or little? (*David was small, he was still very young*)
- What had David protected his father’s sheep from? (*lions and bears*)
- Why do you think David wanted to fight Goliath? (*David did not like that Goliath was mocking God*)
- Do you think David was scared to fight the giant? Who did David know was with him and would help him win? (*David probably was scared! But he knew that the battle is the Lord’s and God would be with him.*)

- How did David defeat Goliath? *(He used his sling to throw a stone at Goliath that hit him in the forehead and he fell down dead.)*

4. Catechism Question

SAY Today we will review our new catechism question for the month:

Q) Did our Lord Jesus Christ ever sin?

A) No. He was holy, blameless, and undefiled.

We will keep learning that David was a good leader but even he had sin. Jesus is the only person who never sinned!

Let's also remember our previous catechism question:

Q) What is sin?

A) Sin is going our own way instead of God's way. .

Q) What is righteousness?

A) It is God's goodness.

Q) Did our Lord Jesus Christ ever sin?

A) No. He was holy, blameless, and undefiled.

5. Pray

Memory Verse | 9:30 am

Open your Bible to **PSALM 103:19** and lead the kids to repeat the verse several times, using hand motions if you'd like:

"The LORD has established his throne in the heavens, and his kingdom rules over all."

- PSALM 103:19

SAY: *Today in our story, Goliath looked bigger and more powerful than anyone! However, God gave David power to defeat Goliath. God is greater and more powerful than anything or anyone else.*

CREATE MOTIONS OR SONG

Create motions and/or a jingle for the words of the verse. Invite children to follow along with the motions.

PLAY THE MUSIC VIDEO

Have the children repeat the verse with you several times. Then play the memory verse music video from the YouTube app on the Roku TV (*YouTube account should be [Fellowship Kids](#) (switch accounts on the top of the left sidebar if not) > go to [Library](#) on the left side bar > Choose [Playlists](#) on the top > choose your classroom*).

After the activity, invite children to sit at the tables to complete their activity pages.

Extra Activity | 9:40 am

AIM YOUR STONE

Use a strip of masking tape to make a boundary line on the floor, and set a **bucket** (in classroom) about three feet from the line (depending on your preschoolers' ability). Mention that you have **five beanbags** that you will pretend are "stones" (in Activity Box). Demonstrate how to stand behind the line and toss the beanbags into the bucket. Choose a preschooler to toss the beanbags, being sure each child has a turn.

SAY *Was it hard to aim your stones into the bucket? It was almost impossible for David to have hit Goliath directly on the forehead with his stone - but God was with him! God gave David the ability to deliver his people.*

Dismissal | 9:45 am

As parents arrive,

- Match the 4 digit code on the parent's tag to the child's tag
- Check out the child on the tablet by clicking the check box to the left of their name on the roster.
- Give feedback! Tell parents how the student did that morning.



Clean Up

- Wipe down tables if any messes were made with activities. [Magic eraser sponges can erase markings on desks.]
- Put teacher and activity items back in the Activity Box or Teacher Box.
- Place the TV remote in the white holder on the dry erase board.
- **Return the small Activity Box, class tablet, and your lanyards to the check-in desk.**