

Fellowship Kids

1st-3rd Grade Lesson Plan

Sunday, October 26

UNIT 11 | SESSION 1

DAVID DEFEATED GOLIATH

1 SAMUEL 17

MAIN POINT / CHRIST CONNECTION: Jesus is our deliverer. The Israelites were helpless to defeat the giant enemy Goliath, but God sent David to save them. We are helpless to defeat our enemies of sin and death, but God sent Jesus to save us by dying for our sin and rising again.

CATECHISM QUESTION : Q) Did our Lord Jesus Christ ever sin? A) No. He was holy, blameless, and undefiled. (*Hb 7:26; Lk 23:47; 1-Ib 4:15; 1 Pet 2:22; 1 Jn 3:5*)

MEMORY VERSE of the Month: PSALM 103:19 - “The LORD has established his throne in the heavens, and his kingdom rules over all.” (ESV)

Preparation

Lesson Context

This Unit: After protecting his family’s flock of sheep, David was called into a role of shepherding God’s flock—the nation of Israel. He showed his trust in God through defeating Goliath, his heart for mercy in sparing Saul, and his willingness to put God’s plans above his own. But King David was still a broken human who gave in to his sinful desires. Yet, God showed His love and grace by forgiving and restoring David upon his repentance.

Volunteer Huddle | **8:45 a.m.**

Meet in the Threes classroom (first floor) for prayer and important info for this Sunday.

Prep Room | 8:50 a.m.

- Put out activity pages (in Activity Box) and markers (in Teacher Box) on desks.
- If you'd like, put music on the Spotify app on the Roku TV.
- You can push tables back or to the sides to make space in the center or front of the room for activities.

Fellowship Time | 9:00 - 9:15 am

FELLOWSHIP TIME

Greet families at the door as they arrive. Allow children time to engage with one another and catch up. Use this time to get to know your students and hear about their week. What was a good part/hard part or “yay duck”/“yuck duck” of their week? If you'd like a prompting question for discussion, you can use the one below:

SAY: *Who is the tallest person you know? What does it feel like to stand next to someone who's taller and stronger than you?*

ACTIVITY PAGE

Lead children to choose a desk and give them an Activity Page and markers (in Activity Box). You can also give them blank paper to draw or some playdough (in Teacher Box) if you prefer.

SAY: *Today, we will learn how Israel faced a giant problem when a Philistine name Goliath threatened God's people.*

REVIEW CLASSROOM RULES

Post the Rules Poster (in Activity Box) somewhere in the room.

1. **Be kind and respectful:** to your friends and teachers. Raise your hand and wait to be called; speak kindly to one another; use words and actions that build up and do not tear down; etc.
2. **Have a heart of obedience:** Listen to your teachers' instructions and obey fully, quickly, and joyfully!

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3. **Have self control:** Keep your hands, feet, and objects to yourself; keep all chair legs on the ground; no running or rough housing. Do not touch one another; let's not poke each other, hit, kick, etc.

Group Activity | 9:10/9:15 am

PRACTICE THE SLINGSHOT

Hang up the **picture of Goliath** on a wall or the whiteboard in the classroom (in Activity Box). Divide the class into two teams. Hand each team a **wooden slingshot** and the **foam balls** (in Activity Box) and have children stand across the room from the Goliath picture and see if they can hit the giant's head using the slingshot. Count how many kids from each team can hit the picture and the team with the most "hits" wins.

SAY *Was using the slingshot easier or harder than you expected? Today we will learn how David used his slingshot to take down a giant! David was a courageous deliverer for his people, and ultimately, he pointed to our brave deliverer, Jesus.*

Lesson | 9:20 am

Ask students to return to their desks and pass out **Bibles** (in Teacher Box). Let them know of your expectations during the lesson: listening to the teacher, sitting quietly with hands and feet to themselves, etc.

1. Introduce the Lesson + Pray

SAY *Welcome, kids! If you have a Bible with you, will you take it out? [Distribute Bibles to kids who need one.] Over the next four weeks, we will be learning about the life of David. We'll be studying his life from the books of 1 and 2 Samuel as well as the Psalms.*

We've learned that David was a shepherd boy from the town of Bethlehem. We've also heard how God chose David to be king. Today, we will see how God gave David power to defeat Goliath. Let's pray and ask God to prepare our hearts to hear from His Word.

2. Catechism Question

Use the **Catechism Question** posters to review previous questions and learn the new one for this week (in Activity Box).

SAY: *Today we will review our catechism question for the month:*

Q) Did our Lord Jesus Christ ever sin?

A) No. He was holy, blameless, and undefiled.

We will learn that David was a good leader but even he had sin. Jesus is the only person who never sinned!

Let's also remember our previous catechism questions:

Q) What is sin?

A) Sin is going our own way instead of God's way. .

Q) What is righteousness?

A) It is God's goodness.

Q) Did our Lord Jesus Christ ever sin?

A) No. He was holy, blameless, and undefiled.

3. Using Bibles

SAY: *Today, we will be in the book of 1 SAMUEL.*

1. *Turn to the Table of Contents at the front of your Bibles and look under the Old Testament category to find the book of 1 SAMUEL. Turn to that page number.*
2. *Once you've found 1 SAMUEL, I would like you to find chapter 17.*

4. Tell the Bible Story

Open your **Bible** to **1 SAMUEL 17** and ask children to turn in their Bibles.

DAVID DEFEATED GOLIATH

The Philistines gathered for war against Israel. The Philistines stood on one hill, and the Israelites gathered on another hill. There was a narrow valley with steep sides between them.

Then a champion named Goliath came out from the Philistine camp. He was nine feet, nine inches tall and wore bronze armor that weighed 125 pounds. He had a long spear, and the tip of the spear weighed 15 pounds.

He shouted to the Israelites: “Why are you lining up for battle? Choose one of your men and have him come down and fight me. If he wins, we will be your servants. If I win, then you will be our servants.”

Goliath threatened the Israelites every morning and every evening for forty days. Saul and all the Israelites were terrified.

One day, Jesse sent his son David to bring supplies to his brothers who were in the Israelite army. He heard the words Goliath used to threaten the Israelites. David said, “Who does Goliath think he is, that he should mock the living God and his army?”

Someone heard what David said and reported it to Saul. So, Saul had David brought to him. David said, “Don’t let anyone be afraid of this Philistine. I will go and fight him!”

Saul replied, “You can’t go and fight Goliath. You’re just a young man, and he’s been a warrior for a long time!”

David answered, “I have been tending my father’s sheep. When a lion or a bear came and carried off a lamb, I went after it, struck it down, and rescued the lamb. The Lord who rescued me from the paw of the lion and the bear will rescue me from the hand of this Philistine.”

Saul said, “Go, and may the Lord be with you.” Saul had his military armor put on David. David said, “I can’t walk in these,” because he was not used to them. He took them off. Instead, he took his staff and sling, and chose five smooth stones.

Then David approached Goliath. David said, “You come against me with a sword and spear, but I come against you in the name of the Lord of Armies—you have defied him! Today, the Lord will hand you over to me. Then all the world will know that Israel has a God, and that the battle is the Lord’s.”

When Goliath ran to attack David, David ran toward him. David pulled out a stone, slung it, and hit Goliath on the forehead. Goliath fell facedown to the ground and died.

4. Christ Connection

SAY: *The Israelites were helpless to defeat the giant enemy Goliath, but God sent David to save them. We are helpless to defeat our enemies of sin and death, but God sent Jesus to save us by dying for our sin and rising again. Jesus is our deliverer!*

Review & Video | 9:30 am

Bible Story Video

If you'd like, watch the **Bible lesson video** on the YouTube app on the TV (*YouTube account should be Fellowship Kids* (switch accounts on the top of the left sidebar if not) > go to Library on the left side bar > Choose Playlists on the top > choose your classroom).

Review the Bible Story

Invite children to **open their Bibles to 1 SAMUEL 17:40-49.**

SAY - Let's review a section of scripture from our Bible lesson today. Please turn to **1 SAMUEL 17:40-49. Have a volunteer read the passage.**

- 1. In whose name does David say he is coming to fight Goliath? Look at verse 45.**
 - a. David says he is coming to fight in the name of the LORD of hosts, the God of Israel's armies.
- 2. Why does David say the Lord will deliver at the end of verse 46-47. What does God want everyone watching to know?**
 - a. The Lord was going to deliver the giant into David's hand so that all the earth would know that there is a God in Israel. God brings deliverance to show his glory.
- 3. Why do you think David was so confident to go and fight the giant?**
 - a. David knew who God was. He knew that the battle was the Lord's and God would defend and show his glory. David probably didn't know how Goliath and the Philistines would be defeated when he approached the battle field, but he knew that God was a deliverer.

Pray

Ask students if they have any **prayer requests**. Pray about what you learned in the lesson and for any requests.

Memory Verse | 9:35 am

Show the **memory verse poster** (in Activity Box). Open your Bible to **PSALM 103:19** and lead the kids to read the verses together. You can also write the verse on the whiteboard so that children can see it more clearly.

“The LORD has established his throne in the heavens, and his kingdom rules over all.”

- PSALM 103:19

CHOOSE ANOTHER

Lead kids to sit or stand in a circle on the floor. Choose one kid to say the first word of the key passage. After she says the first word, she may point to another kid who will then say the second word. Continue until the entire key passage is said, emphasizing the need for every kid to say a word of the key passage. Repeat, trying to say the key passage faster each time.

SAY: *God is greater than everything and everyone. Not even Goliath could stand against David because God was with David. As we learn our key passage, let's remember there is no one like our great God.*

Extra Time Activity

LORD OF ARMIES

Challenge kids to listen for the words you call out and perform the appropriate action associated with the word. Tell kids that if you call out “sword,” they must place a hand on their hip as if they are unsheathing a

sword. If you call out “spear,” kids will raise one hand in the air. If you call out “shield,” kids will cross both arms across their chest. If you call out, “Lord of Armies,” kids will make prayer hands. Play several rounds, calling the words out in random order. Consider inviting kids to call out the words as well.
Read Psalm 46:6-7.

SAY *In our Bible story, we heard how Goliath trusted in his own strength and his weapons. However, David trusted in the Lord of Armies. The Lord of Armies is a name used for God to describe His military power and strength. We learned that God was with David and fought for him. Even when Goliath raged against God, God proved He was with David and gave him the victory. God is also with believers, and He has won the battle against sin and death.*

Dismissal | 9:50 am

As parents arrive,

- Match the 4 digit code on the parent’s tag to the child’s tag
- Check out the child on the tablet by clicking the check box to the left of their name on the roster.
- **Give feedback!** Tell parents how the student did that morning.

Clean Up

- Wipe down tables if any messes were made with activities. [Magic eraser sponges can erase markings on desks.]
- Put teacher and activity items back in the Activity Box or Teacher Box.
- Place the TV remote in the white holder on the dry erase board.
- Return the small Activity Box, class tablet, and your lanyards to the check-in desk.