

**JOURNAL PAGE**

1. What does this story teach me about God or the gospel?

2. What does this story teach me about myself?

3. Are there any commands in this story to obey? How are they for God's glory and my good?

4. Are there any promises in this story to remember? How do they help me trust and love God?

5. How does this story help me to live on mission better?



Unit 8 • Session 2

DEBORAH LED ISRAEL

Judges 4-5

WHAT IS REPENTANCE?

REPENTANCE IS TURNING AWAY FROM SIN AND TURNING TO JESUS.

After 20 years of being treated badly by King Jabin, the Israelites cried out to the Lord for help. God sent Deborah, a prophetess and judge, to lead and help them.

Deborah called for Barak, a leader of Israel's army and said, "Hasn't God already commanded you to take the army to fight against Sisera and King Jabin's army? He has promised to hand you the victory."

Barak said, "I will go if you go with me. If you don't go with me, I won't go."

"I will gladly go with you," Deborah replied. "But because you failed to obey this command on your own, the commander Sisera will be defeated by a woman instead of you."

Barak and Deborah gathered ten thousand men from Israel and attacked Sisera and his troops. The Lord caused the enemy army to panic, and all of them were defeated except for Sisera, who ran away in fear.

Sisera fled to the tent of a friend named Heber. Heber was not there, but his wife Jael (JAY uhl) greeted him. Sisera thought he was safe, but he was not. Jael picked up a tent peg and killed Sisera with it. The words of Deborah came true: a woman defeated Sisera instead of Barak.

Deborah and Barak sang a song of praise to God for the victory. The Israelites had peace for the next 40 years.

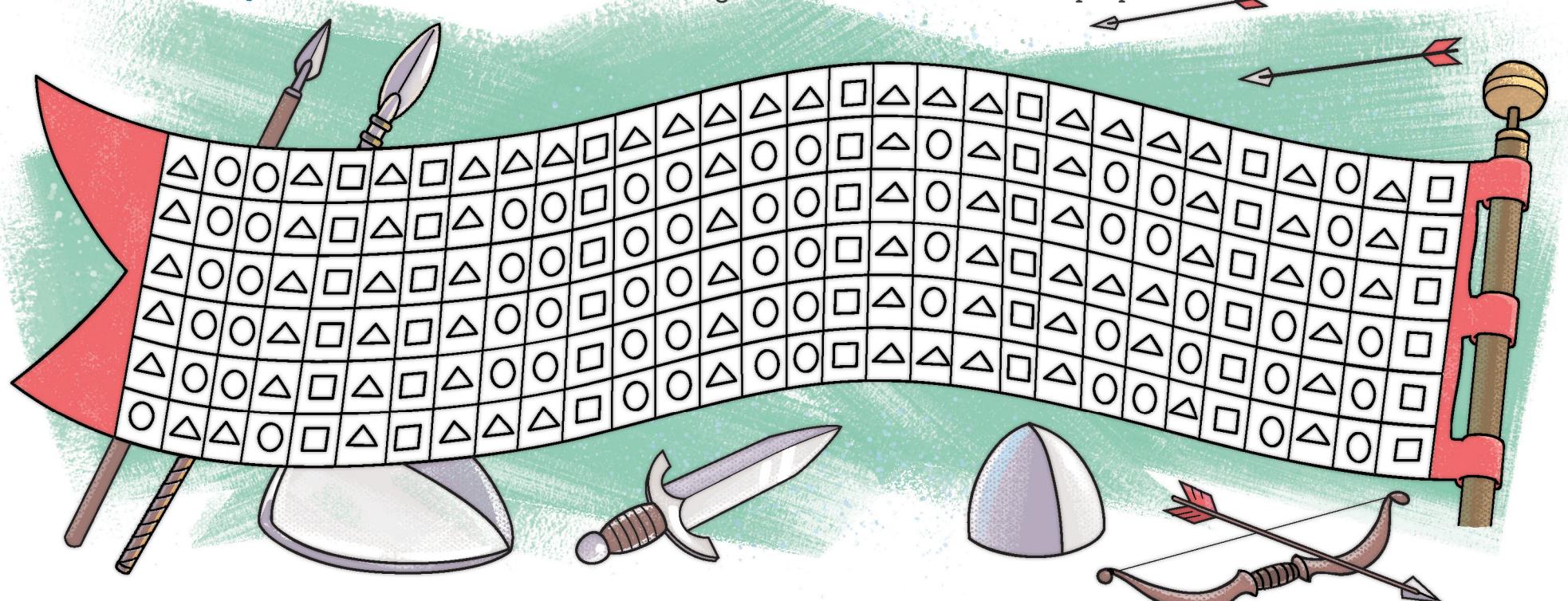
Christ Connection: God used Deborah to lead Israel in victory over their enemies, and God received the glory. God sent Jesus to reign victorious over sin and death. Jesus is worthy of all honor, glory, and power (Revelation 4:11).

SCAN THE QR CODE FOR RESOURCES TO USE AT HOME!



Word Reveal |

Color in the boxes that contain a triangle to reveal what God led His people to.



Song of Praise |

Deborah and Barak sang praises to God for saving them from their enemies.
Write your own song of praise to God.

Music staff paper for writing a song of praise.