

# Fall 2025 Marriage Study | Week 3 Marriage & Sin

# **Opening (5 minutes)**

## **Icebreaker Question:**

"Think about the first argument you can remember in your marriage (or in a close friendship if you're single). Don't share the details – just the category. Was it about money? Time? Chores? Miscommunication? Something else?"

#### **Leader Notes:**

- Keep this lighthearted at first–laughter helps lower defenses.
- Transition: "Isn't it interesting how quickly sin shows up in even our closest relationships? Tonight we're going to look at how Genesis 3 helps us understand why that happens—and how the gospel brings hope."
- If singles feel excluded, reframe as: "Think about the first conflict in a close friendship, sibling relationship, or roommate situation."

## **Scripture Focus (5 minutes)**

Read aloud together:

- **Genesis 3:1-7** Sin's arrival.
- Genesis 3:8-13 Hiding and blame-shifting.
- **Genesis 3:14-19** The curse.

## **Group Prompt:**

Ask: "What stands out about how sin changes relationships with God and with each other?"

#### **Leader Notes:**

• If group stalls: ask, "What did Adam and Eve do differently after sin than before? How did their relationship with God shift?"

• Reinforce: Sin fractures both our vertical (God) and horizontal (each other) relationships.

# **Discussion - Sin's Arrival (10 minutes)**

**Key Principle:** Sin disputes God's goodness and God's truth.

#### Questions:

- Satan's first tactic was: "Did God really say...?" What are some modern "Did God really say...?" lies couples (or singles) face today? (e.g., "Marriage should always make me happy," "Sex outside marriage is no big deal," "You'll never change.")
- How does sin show up as distrust of God's goodness in marriage? (Think: control, selfishness, resentment, bitterness.)
- Why is regular time in God's Word so crucial for protecting a marriage (or any close relationship) against lies?

# **Application Challenge:**

This week, identify one "lie" that creeps into your thinking about marriage or singleness. Write it down. Then counter it with a specific truth from Scripture (e.g., lie: "I'll never be satisfied." truth: Psalm 16:11 – In His presence is fullness of joy.").

#### **Leader Notes:**

- If answers are shallow, push gently: "What's a lie you've personally been tempted to believe?"
- Consider giving one concrete example yourself to model vulnerability.

## Discussion - Sin's Effect (10 minutes)

**Key Principle:** Sin damages our relationship with God and with others.

## **Questions:**

• Why do we tend to hide sin instead of bringing it into the light? (fear, shame, pride)

- In marriage, why is it so tempting to blame your spouse instead of owning your own sin?
- What's the difference between compassionately addressing a spouse's sin and condemning them for it? What role does the gospel play in that?

# **Application Challenge:**

Practice gospel honesty this week. Share one area of weakness or struggle with your spouse (or a trusted friend if single). Invite prayer and encouragement instead of hiding.

#### **Leader Notes:**

- If discussion gets tense: remind the group this is not about airing marital grievances publicly. Encourage personal reflection and safe accountability.
- Key transition: "Genesis 3 doesn't end with blame—it moves to God's judgment and His promise of hope. Let's talk about that."

## **Discussion - Sin's Curse (7 minutes)**

**Key Principle:** The Fall turned joyful submission and loving leadership into power struggles – but the gospel gives hope.

#### **Questions:**

- Where do you see the "battle of the sexes" today (control vs. passivity, superiority vs. resentment)?
- Genesis 3:15 promises the serpent's defeat through Christ. How does that promise give us hope when we feel stuck in weakness or conflict?
- Why must we view marriage not primarily by what it produces (kids, companionship, stability) but by what it portrays (the gospel story of Christ and His church)?

# **Application Challenge:**

Instead of resenting a weakness in your spouse (or a close friend/family member if single), ask: "How might God use this weakness to shape me into Christlikeness?"

## **Leader Notes:**

Anticipate pushback: People may want to vent about frustrations.
Redirect toward: "Yes, but how could God use that frustration for your growth in humility, patience, or grace?"

# Closing (3 minutes)

## Re-read **Psalm 51:4:**

"Against you, you only, have I sinned and done what is evil in your sight."

# **Prayer Points:**

- Confess where you've hidden sin or shifted blame.
- Ask for courage to face sin honestly and compassion to respond graciously to others' sin.
- Thank God for Christ, who crushed the serpent's head and makes real healing possible.

## **Leader Notes:**

• Suggested prayer format: short time of silent confession, then close with a spoken prayer of thanksgiving for the gospel. This balances honesty with hope.