

FREELY GIVE

2026 Global
Breakthrough Fast
January 11-31

Get ready for 21 days of breakthrough fasting!

We're so glad you will be joining us for our annual 21 Day Breakthrough Fast. This year our theme is "Freely Give." The Kingdom of God advances by the cadence of freely receive, freely give. Another way of saying this is, the Kingdom of God advances according to fullness/receiving (God's work in us) and fulfillment/giving (God's work through us).

Over these 21 days there will be countless moments to turn towards the reviving presence of Christ and away from the desires of the flesh and temptations of the world. Hebrews 12:29 says that "our God is a consuming fire." Let's allow Him to consume the unpurified parts and revive the spiritually dead parts of our lives.

As we begin our fast, keep in mind that a spiritual fast comes in many forms, but ultimately a fast is for one primary purpose: growing more in love with Jesus, and becoming more like Jesus. When your spiritual hunger is greater than your physical hunger, it's time to fast. When you are more eager for spiritual breakthrough than to fulfill selfish ambitions, it's time to fast.

When churches and families agree to fast together it becomes a dynamic tool that they can use to break the power of darkness, set captives free, and release God's blessing on those we love. Isaiah 58:6 says, "Is not this the kind of fasting I have chosen: to loose the chains of injustice and untie the cords of the yoke, to set the oppressed free and break every yoke?" Fasting not only fills our spiritual appetite for more of God's presence, it also releases a new level of spiritual, physical, mental, and emotional breakthrough in our lives.

So prepare today for how you will fast (liquids only fast, giving up certain meals, etc.) and prayerfully begin writing down specific breakthroughs you will be seeking God for over these 21 days.

You might find the following podcasts helpful as you prepare for your fast:

[The Power of Fasting with Jon Mitchell](#)

[Five Breakthrough Benefits of Fasting with Fred Hartley](#)

January 11 - Day 1

"Freely you have received, freely give." - Matthew 10:8

As you begin your 21-Day Global BREAKTHROUGH Fast today, God wants you to receive.

Receive ears to hear what the Holy Spirit is saying.

Receive faith so that you can encounter Christ in your fast.

Receive Holy Spirit anointing to maximize your fast.

Receive revelation from the written word of God and from the prophetic word of God.

Receive breakthrough in Jesus' name.

The theme of our 2026 21-Day Global BREAKTHROUGH Fast this year is "*Freely Give*." Keep in mind that God's exhortation to you to *freely give* is based on His nature to *freely give*. If God did not *freely give*, you and I could never *freely give*.

Freely give starts with God, not with you. But *freely give* is triggered in you when you encounter the *freely give* of God.

Prayer:

Loving Father, you are forever freely giving. I come to you today to encounter your freely giving nature. Take my selfish heart and transform it. Make me like you, one who freely gives in Jesus name, amen.

Fred Hartley, III

President, College of Prayer, Lilburn, GA

January 12 - Day 2

"Freely you have received; freely give" - Matthew 10:8

These words of Jesus carry the heartbeat of His Kingdom. There is overflowing generosity rooted in His lavish grace toward us. Every move of God in Scripture begins with a people who receive from Him and then release what they've received. As we enter January 2026, we believe the Holy Spirit is inviting the global College of Prayer family into 21 days of consecration, impartation, and joyful surrender under the banner—Freely Give.

This year's theme calls us to align our hearts with the Father's generosity. We don't fast to earn His favor, but to make room for more of Him. More of His presence, His healing, His courage, and His compassion. As we receive freely, we are empowered to give freely: forgiveness where there has been offense, blessing where there has been scarcity, love where there has been indifference, and the gospel where there has been silence. Times of fasting accelerate the advance of Christ's Kingdom, and we believe this fast will be catalytic for you, your church, and your region.

During these 21 days, expect God to pour out what you cannot manufacture. Fresh hunger, renewed intimacy, restored joy, and supernatural breakthroughs. Ask boldly. Receive openly. Then give it away courageously. God always fills what we freely surrender. May this be a season where you surrender more deeply and receive more fully than ever before. And as you receive, may you become a conduit of the manifest presence of Christ to everyone around you.

Let's fast together in faith, knowing that our Father delights to give the Holy Spirit to those who ask. Let's ask Him for a global awakening, for revival in our homes and cities, and for a fresh anointing to give what He has entrusted to us without fear, without hesitation, freely and joyfully.

Prayer:

Lord Jesus, you have given to us more than we could ever deserve...grace upon grace, mercy without measure, the very presence of Your Spirit. As we enter this 21-day fast, enlarge our capacity to receive all that You long to give. Cleanse our hearts, renew our minds, and awaken our spirits. Make us bold to release forgiveness, generous with our resources, eager with encouragement, and courageous in witness. May Your life flow through us unhindered. Use this global fast to ignite fresh fire in Your church and to advance Your Kingdom in every nation. We freely give because You have freely given. In Your mighty name, amen.

Jim Eaton

Pastor in Alicante, Spain

January 13 - Day 3

"Freely you have received, freely give"- Matthew 10:8

These are the words our Lord Jesus Christ spoke in the midst of His instructions and charge to His twelve disciples before He sent them out on their first ministry assignment. His instructions begin with specific directives about where to go (v 5-6), what to preach (v.7), and what to do (v.8). These are clearly the most basic things they are to do in order to accomplish their mission. Then He says, “Freely you have received, freely give.”

In these words, we see “The Fullness-Fulfillment Principle.” First, they have “received.” What they “received” from the Lord is stated in the opening words of this passage. “Jesus summoned His twelve disciples and gave them authority over unclean spirits, to cast them out, and to heal every kind of disease and every kind of sickness” (v.1). This is the “fullness” they “freely received.” (v.8) The word translated “freely” means a “gift” - a “free gift” because every actual “gift” is free. They “received” the “gift of the “fullness” of the empowering presence of the Holy Spirit to do the work of ministry in these areas. Then having received the “fullness,” they were to go and “fulfill” their assignment and “freely give.”

What is significant about this instruction, “freely give,” is that the mood of the Greek verb translated “give” is imperative. This is not an option. It is literally a command. It is imperative that they do this. It is what they are to do. It is what they must do. This means that while they had “freely received” the “fullness,” the way this will be “fulfilled” is to “freely give.” Jesus is telling them that you must “freely give” in order to activate, release, and manifest what I have given you.

There is a proverb, while not in Scripture, it is, nevertheless true: You can’t out-give God. The more we “freely give”, the more of the “fullness” we will receive from Him. Hallelujah!

Prayer:

May the Lord grant to us the revelation of understanding of this kingdom principle so that we will “freely give” from the “fullness” of what we have received, so that His gifts will be manifested in ever-increasing “fulfillment” in and through us. In the Name of our Lord Jesus Christ. Amen.

Bill Hyer

Pastor in Charleston, SC

January 14 - Day 4

“We have different gifts, according to the grace given to each of us. If your gift is prophesying, then prophesy in accordance with your faith; if it is serving, then serve; if it is teaching, then teach; if it is to encourage, then give encouragement; if it is giving, then give generously; if it is to lead, do it diligently; if it is to show mercy, do it cheerfully.” - Romans 12:6-8 (NIV)

“Freely give” is the fulfillment of God’s work through us. In Romans 12:6-8, we see that each of us is given a gift or gifts, and we see how to use them for God’s purpose - not for us but for His fulfillment in us. He doesn’t leave anyone out, and He doesn’t leave us wondering how to utilize the gifts!

The definition of give is to “freely transfer the possession of (something) to (someone).” Here in Romans, Paul reminds us that God first gave us the free gift of grace through Jesus and then gives gifts to be used in accordance with this gift of grace. It’s not because He needs us but because He loves us and desires to give us purpose. It is our calling to use these gifts by giving to others through prophecy, service, teaching, encouraging, leading, and mercy. He is transferring His gift to us and then through us to others.

We have opportunities to freely give or transfer these gifts every day. Gifts that reflect Christ to others. Today, we have been given an opportunity to freely give something back to God so that we may better hear from Him. I would encourage you not to miss these opportunities. In freely giving, we demonstrate the Fullness of His Presence, and the Fulfillment of His Mission!

Prayer:

Father, thank you for the free gift of grace through Jesus that you have given to me. Thank you also for the specific gifts you have given me to show Your Love to the world. Please help my eyes to be up, my ears to be open, and my heart to be sensitive to opportunities for You. Give me Your faith and grace to freely give to those I come in contact with today.

Amy Henning

State College Alliance Church, State College, PA

January 15 - Day 5

“Each one must give as he has decided in his heart, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to make all grace abound to you, so that having all sufficiency in all things at all times, you may abound in every good work.” - 2 Corinthians 9:7,8

Giving Cheerfully

Paul wrote these verses to encourage the Corinthian church to give to the believers in Jerusalem who were in need. Giving is to be done cheerfully. It is a blessing to be able to give, because God has blessed us. This verse tells us that God's grace abounds to us so that we have ALL sufficiency in ALL things at ALL times. That is a promise we can count on as His children. As we believe this promise, we know that God has and will provide all we need and more. So when we are asked to give help to others in need, we can give freely and generously.

My husband has been to many countries in Africa. He has been in small villages where the people gather in the open air to worship and hear of the Savior's love for them. When they take an offering, the people sing and dance and bring their offerings of sweet potatoes and chickens to the Lord. They give freely from the abundance of what God has given them. They not only give cheerfully, but with joyful singing and dancing. This is a picture I often think of in my mind when I give. I want to give freely and joyfully.

Do you give freely and joyfully? If we remind ourselves of the abundance we have received both physically and spiritually from the Lord, we are filled with thankfulness that will overflow into a desire to give back to Him by giving to others. We give out of the overflow of gratitude and give cheerfully and freely.

Prayer:

Lord, thank you for giving me the gift of salvation, the fullness of your Holy Spirit, my family, my church family, my home, food, and clothing. You have provided for me in abundance. Show me today how I can give freely and cheerfully.

Sherry Hartley

Prayer Team, College of Prayer, Lilburn, GA

January 16 - Day 6

“I tell you, her sins—and they are many—have been forgiven, so she has shown me much love. But a person who is forgiven little shows only little love.” - Luke 7:47 (NLT)

Jesus spoke these words about the immoral woman who sought Him out, broke open her alabaster jar, and poured out perfume on His feet, washing them with her tears and drying them with her hair. Something had already happened in her heart—she had received grace from Jesus that moved her to find Him and offer such costly love. She received forgiveness, yet even before Jesus declared it publicly, she was already responding with affection and gratitude.

He who is forgiven little loves little—but he who is forgiven much loves much. Freely we have been forgiven; freely we can love.

Take a moment to reflect on how much you have been forgiven. Is there a sin you have already confessed and repented of, yet still don't feel forgiven for? Break agreement with shame. Declare that Jesus' sacrifice is enough and that God has truly forgiven you. Pour out a sacrifice of praise to Jesus. Receive His forgiveness and His love—and then choose to love Him back.

Once you receive forgiveness and the Father's love, you will find that you have so much more forgiveness and love to give.

Prayer: *Jesus, thank you for forgiving me for everything I have done or not done. Father, I receive your love now because that is who you are. Holy Spirit, help me to keep myself in the love of Christ and to give love and forgiveness to others freely. In the mighty name of Jesus Christ, Amen.*

January 17 - Day 7

“For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life.” — John 3:16 (ESV)

As we continue in the 21-day fast and the theme of “Freely Give”, meditate today on the powerful truth of John 3:16. God gave the greatest gift ever given—His one and only Son. God paid the highest price for the greatest gift—His Son’s life on the cross. God gave the greatest gift anyone can receive—salvation through Jesus Christ.

God’s love was not passive—it moved Him to *give* His one and only Son so that we would not perish. God did not just speak the words, “I love you”; God demonstrates His love in a tangible way in how He gave (and continues to give) His one and only son—Jesus Christ. (Romans 5:8). This was His rescue plan from the beginning. Jesus lived, died, and rose again so that anyone who believes in Him can receive eternal life.

Today, allow God’s great love to be renewed in you. We do not want to become like the church in Ephesus when God told them that they had *“abandoned the love you had at first.”* (Revelation 2:4) Rather, we want to follow Jude’s encouragement to *“keep yourselves in the love of God”* (Jude 1:21). Receive God’s love that He lavishly pours out on you (1 John 3:1). And as we receive this incredible gift, we are called to share it. Jesus said, *“Freely you have received; freely give”* (Matthew 10:8). Because God gave His Son so that the world might be saved, we too want to give Jesus to others by sharing His message. Let this fast sharpen your awareness of those around you who have not yet received Him as Savior. Pray for boldness, compassion, and opportunities to point others to the eternal life found only in Christ.

Right now, ask God for people whom He wants you to give Jesus to. Write down the names of people who have yet to receive the greatest gift ever given. Ask God for specific ways in which you can share the love of Jesus with those who have yet to receive eternal life in Jesus.

Prayer:

Father, thank You for giving the greatest gift ever given—Your Son Jesus—and for the eternal life I receive through Him. Thank You that through belief in Jesus, I will not perish but will have everlasting life. During this fast, help me receive Your love and salvation in a deeper way. And Lord, because I have freely received, help me freely give. Use me to share Jesus, show Your love, and offer the hope of salvation to those around me. Make my life a vessel of Your grace and Your glory. Amen.

Stephen Hartley

2nd Wave Team Leader & Pastor in Dacula, GA

January 18 - Day 8

“The Spirit of the Lord God is upon me, because the Lord has anointed Me to preach good tidings to the poor; He has sent Me to heal the brokenhearted, to proclaim liberty to the captives, and the opening of the prison to those who are bound; to proclaim the acceptable year of the Lord, and the day of vengeance of our God; to comfort all who mourn, to console those who mourn in Zion, to give them beauty for ashes, the oil of joy for mourning, the garment of praise for the spirit of heaviness; that they may be called trees of righteousness, the planting of the Lord, that He may be glorified.” – Isaiah 61:1-3 (NKJV)

Jesus stood up in the synagogue and read this passage, declaring, to their amazement, and to some, their consternation, that He was the fulfillment of this promise. Today, He calls us to follow in His steps so we too can bring good news to the poor, freedom to those trapped in the enemy’s bondage, and light into the darkness.

We are living in dark times. So many are hurting, both inside and outside the church. I believe we are entering into a season of increased spiritual warfare, and as the church, we must be prepared for battle. Now is the time to be dressed in our armor, at the ready at all times, and to stand!

But as we see those who are struggling, or who are falling in battle, we can come alongside and bring them beauty for their ashes, the oil of joy for their mourning, and the garment of praise for the spirit of heaviness. We can be the Aarons

and Hurs holding up their weary hands when they no longer have the strength to do so for themselves, ministering with tenderness and compassion until the battle is won (see Exodus 17:8-13). We can be not only warriors on the battlefield, but also medics ready to care for the wounded and hurting.

I think of the scene in C. S. Lewis's *The Lion, the Witch and the Wardrobe*, where the power of the White Witch is finally beginning to break. And after years of it always being winter but never Christmas, Father Christmas arrives in Narnia, bringing gifts. Among the gifts, he gives Lucy both a dagger and a bottle of healing cordial. She has both a weapon and a tool for healing, and she must use them both. I believe there is a truth in that little scene. We are made for battle, and we are made to bring healing, as we read in Isaiah 61.

Let us put on our armor daily, prepped and ready to do battle, both for ourselves and for others, generously sharing from the abundance of what God has done for us with those around us in need. Now is the time when the Body of Christ must rise, in all her glory, armed and ready with all her gifts, first to drive back the enemy, and then to bring healing to the wounded.

Prayer:

Father, use me today for Your glory. May I bring light into dark places, good news to those who are spiritually bankrupt, healing those who are wounded and brokenhearted, and freedom to those who are bound in sin's chains. May I be a bringer of beauty and joy and praise, as I point people to the foot of the cross, where You can do the work that only You can do! Thank You for allowing me to share in what You are doing in the world around me. Give me eyes to see what You have for me to do today. Give me ears to hear Your Spirit's gentle whispers and help me to obey. Amen.

Debbie Ong

2nd Wave Leadership Team, Pearl City, HI

January 19 - Day 9

“For if you forgive other people when they sin against you, your heavenly Father will also forgive you. But if you do not forgive others their sins, your Father will not forgive your sins.” — Matthew 6:14-15

At the end of the Lord's Prayer in Matthew's Gospel, Jesus emphasizes the importance of forgiveness. We have freely received love and forgiveness from the Father, and so we freely extend forgiveness to others. The word forgive literally means “to give completely.” In forgiving someone else, we are completely giving up our right to get even and laying down our weapons of anger, vengeance, and retaliation.

Forgiveness is rarely easy. But thankfully, we can draw power and strength from the Holy Spirit! I recently experienced this in my life. I had been struggling to forgive someone who had hurt me. I had said the words “I forgive” and even prayed for this person, but the bitterness in me was deep. One day, I was asking the Lord what He wanted to say to me about this pain. The Holy Spirit spoke very clearly and showed me that the Lord was using this hurt to work things in me that could not be accomplished any other way. In that moment, I experienced the “completeness” of forgiveness. It was like the Lord had reached inside of me and pulled up that bitter root completely. Hallelujah!

I want to encourage you to freely receive the Father's love and forgiveness today and to freely give the same forgiveness to others.

Father, we take this moment to receive your love today. Thank you for giving us everything that we need for life and godliness. Help us as we consider those who have sinned against us. Empower us to freely give forgiveness just as we have freely received forgiveness from you. In Jesus' holy and powerful name, amen.

Dan Kirk

Missionary in Clarkston, GA

January 20 - Day 10

“Heal the sick, raise the dead, cleanse those who have leprosy, drive out demons. Freely you have received; freely give.” - Matthew 10:8

The words from Mathew 10:8 remind us of the generosity and kindness of our Heavenly Father. We have received so much from Him - forgiveness, love, salvation, and eternal life. Jesus freely gives to each of us so much.

As Jesus has freely given to us, so now we get to freely give to Him and to others. With the theme "FREELY GIVE", it is not just about our finances or resources; it's about our time, our talents, and our love. It's about being willing to serve others with a generous heart, the same way Jesus served us.

When we give freely, we reflect the character of God who so loved the world that He gave His one and only begotten Son (John 3:16). As we give, may our faith be strengthened, and may we experience the joy of giving.

As we fast and pray, let us ask God to reveal areas in our lives where we can give more freely. We need to hear clearly whether it's time, talents, or resources. We can ask the Lord to soften our hearts and make us sensitive to the needs of others. Remember the words of Jesus, "it's more blessed to give than to receive" (Acts 20:35).

Prayer:

Heavenly Father, thank you for freely giving, as your love, mercy, and grace through Jesus Christ. As we fast and pray, help us to remember that everything we have is from you. Teach us to give freely, to serve with compassion, to love without condition, and to trust you completely. May this fast draw us closer to your heart and open our eyes to the needs around us. May our giving bring glory to your name and be a reflection of your love. In Jesus' name, Amen.

Joel Atamu

Bishop in Kitale, Kenya

January 21 - Day 11

“Give, and it will be given to you. Good measure, pressed down, shaken together, running over, will be put into your lap. For with the measure you use, it will be measured back to you.” - Luke 6:38 (ESV)

The Lord has taken me to school through this passage many times. He has broken my orphan mentality and poverty mindset by asking me, at certain moments, to give far beyond what I felt capable of. Scripture says, "Freely you have received, freely give," but what about when God asks you to give before you feel you've received? Notice that this verse starts with giving.

When we are in Christ, united with Him, co-heirs with Him, we already have everything we need to give by faith. This includes not only resources, but time, compassion, courage, and spiritual authority.

Just today, I received a request to meet with a couple struggling to conceive. My first reaction was, "God, I'm already overwhelmed. This is supposed to be my recovery day... and what can I offer that the doctors haven't already offered?"

But the truth is: I have Jesus. I am in union with God. I am seated with Christ in the heavenly places, and He has all authority.

I have seen the infertile conceive and bodies healed by His power. It didn't take long for my heart to turn, to repent and declare that greater is He who is in me than he who is in the world. Of course, I will meet with them. I will give what I have: a good measure, pressed down, shaken together, and running over. I will bring them to Jesus, the healer.

Prayer:

Father, thank You for giving us everything we need for life and godliness. Thank You for blessing us with every spiritual blessing in the heavenly places. Thank You for choosing me to be a vessel through whom You flow in power, healing, and grace. Thank You for giving me Your Holy Spirit, Your Word, and Your anointing. Help me steward them faithfully for Your glory, Jesus. Amen.

Becca Holcomb

International Worker in Dakar, Senegal

January 22 - Day 12

"For I am already being poured out as a drink offering, and the time of my departure has come. I have fought the good fight, I have finished the race, I have kept the faith. Henceforth there is laid up for me the crown of righteousness, which the Lord, the righteous judge, will award to me on that day, and not only to me but also to all who have loved his appearing." - 2 Timothy 4:6-8

God spared no expense to redeem us. Rich in love and mercy, the Father delivered us "from the domain of darkness and transferred us to the kingdom of his beloved Son" (Colossians 1:13). He "made us alive together with Christ... and raised us up with him and seated us with him in the heavenly places (Eph. 2:5-6). "In him we have received an inheritance" (Eph. 1:11). We have been sealed by the "promised Holy Spirit" (Eph. 1:13), and "from his fullness we have all received, grace upon grace" (John 1:16). He has loved us with an everlasting love, and he is coming again so that where he is we may be also. "Beloved, we are God's children now" (1 John 3:2).

As we gaze again at the perfect provision of Jesus for us and forget not his nearness and "benefits" (Psalm 103:2), our hearts should soar in worship, and our lives be lived in devotion. How rich we are! We who were dead in our trespasses have now been blessed in Christ "with every spiritual blessing in the heavenly places" (Eph. 1:3). Therefore, to whom much is given, much is required (Luke 12:48). But what offering would the King of Kings receive? Does the Lord just want more service or ministry?

Beloved, the Lord does not change. Even though he has also given us a calling and purpose: to give to others as he has to us, he is still after our hearts. Hosea 6:6 says that he desires steadfast love and not sacrifice. Jesus says to us, "Give as alms those things that are within, and behold, everything is clean for you" (Luke 11:41). He prizes our love, and before we can freely give to others, we must again give ourselves to him. Give him our talents, our dreams, our time, our family members, our possessions, and our lives. Once we have been emptied of ourselves, the Lord will fill us and make us a vessel able to be poured out in love to him and in selfless service to others.

Paul is an excellent example of living a life poured out. Having been miraculously transformed by God, he poured and poured and poured out. He gave himself as an instrument to the Lord and the Lord enabled him to toil, struggling with all Christ's energy that he was powerfully working within him (Col. 1:29). He planted churches, endured persecutions and allowed God to order his steps. At the end of his life, he was able to say with confidence that although he again was being poured out even unto death, he had kept the faith and finished the race. He had given everything for God, who gave all to him. May we run to win and finish well. We can never outgive God, even in the giving of ourselves.

Prayer:

Father, thank you for all that you have given me in Christ Jesus. Help me not to be stingy in my affection, time, or resources. Fill me up and pour me out. Use my life to glorify your name and serve those you have placed around me who need the presence of Jesus. I want to be a vessel. As I have freely received, enable me to freely give.

Sophia Watson, 2nd Wave Leadership Team, Vineland, NJ

January 23 - Day 13

"Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they will be comforted. Blessed are the meek, for they will inherit the earth. Blessed are those who hunger and thirst for righteousness, for they will be filled." - Matthew 5:3-6 (NIV)

The word "beatitude" means "supreme blessing." Jesus teaches us that the supreme blessing of receiving the kingdom of heaven begins with poverty of spirit. To be broken before the Lord is the doorway to the kingdom. The first half of the beatitudes all involve humbling ourselves before the Lord. The second half largely involves humbling ourselves before others.

So how do we humble ourselves before the Living God, so that we might receive his Kingdom, and freely give it to others? What action can we take to humble ourselves in the sight of the Lord, so that he may lift us up? We fast in Jesus Name.

John Wesley taught about "the means of grace." These are actions and disciplines we as believers can practice, humbling ourselves and drawing near to God. Reading scripture, prayer, corporate worship, and the sacraments are all means of grace. One of the most powerful means of grace is to humble ourselves in the presence of Christ, is to fast. Jesus himself modeled this for forty days in the wilderness before he began his ministry. This 21-day global fast is a means for us to become poor in spirit, to mourn, to become meek, and to become hungry and thirsty for righteousness.

Prayer:

Lord Jesus, as we fast in your Presence, teach us humility, that we may receive and freely give your Kingdom to the nations this year. In Jesus' Name we pray, amen.

Chris Pulice

Church Development Network, Columbus, GA

January 24 - Day 14

One gives freely, yet grows all the richer; another withholds what he should give, and only suffers want. Whoever brings blessing will be enriched, and one who waters will himself be watered. - Proverbs 11:24-25

Thank you, dear faithful partners, as we labor in this journey together. As we fast and pray, I am encouraged by the preacher's wisdom in Proverbs 11. My father shared a story about an uncle who served as a commander in the "Secret War" in Laos. Like so many of his comrades, he had a home at the army base and a home in the capital. When he was away from his home in the capital, he would open his residence for people to come and get precious water from the well he had dug. His fellow commanders, on the other hand, boarded up their residence when they were at the army headquarters.

When my uncle returned, his well had fresh water because the locals used the well, so it was being replenished with fresh water. The people who boarded up their residences came back to find foul-smelling water. It took many days to get the water refreshed. Real life proved the word of God to be true. My uncle was generous with his residence and allowed the locals to use his water freely. He did not run out of water. He had clean water whenever he was back in town. Meanwhile, his friends had to spend days cleaning their wells so the water could be refreshed.

In consideration of the theme "freely give," we must understand that to give, first we must have. My uncle was able to give the water freely because he had or he held ownership of the water. What do you have that you can give freely? You can only give what you have. If you have life in Jesus, then you can give Jesus to others. If you have found joy in Jesus, then you can give joy to others. You cannot give what you do not have. What is God leading you to freely give? May we be a blessing to all in our interactions and encounters with people. Then, as we water, we too will be watered.

Prayer:

Abba Father, thank you for showing us the way to your heart. May we be a people that freely give. What you have given and entrusted to us; we truly want to freely and openly give to others. Help us to give, knowing we will have still more. In Jesus Mighty Name, amen.

Stuvy Yang

International Worker in Southeast Asia

January 25 - Day 15

"Is not this the fast that I choose: to loose the bonds of wickedness, to undo the straps of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry and bring the homeless poor into your house; when you see the naked, to cover him, and not to hide yourself from your own flesh? Then shall your light break forth like the dawn, and your healing shall spring up speedily; your righteousness shall go before you; the glory of the Lord shall be your rear guard." -Isaiah 58:6-8

Speedy Kingdom Advancement in Fasting

Who wants a speedy Kingdom breakthrough during this fast? In Isaiah 58, a chapter highlighting fasting, God gives us a promise of accelerated breakthrough. He says that "your healing shall spring up speedily" (Isaiah 58:8). Are you interested in a speedy breakthrough while you're fasting?

Isaiah 58 invites us to a speedy breakthrough through truthful confession about our condition before God. This breakthrough starts with complete and open honesty about our separateness (Isaiah 58:6), which brings our whole mind and being into the light where Jesus will meet us and exchange our separateness for wholeness in connection with Him.

This breakthrough will change your whole life from this day forward. I John 1:9 communicates, *"If you will tell the truth about your separateness, He is faithful and just to cancel the effects of your separateness."* The Holy Spirit will help you tell the truth (confession) about what you're believing that is separating you from true connection with Jesus. You give that truth you believe to Jesus by telling Him.

Jesus is faithful to receive everything that made you separate, and in a beautiful exchange, release a deeper connection with Him in its place. This breakthrough is so powerful that it will bring an explosion of wholeness from God's heart to your soul, just as sun beams burst forth at dawn and fill the object of its radiance with warmth and light. What was cold and dark in your soul can now be filled with warmth and light. Are you ready to be honest about your separateness? Picture this, "From the sole of the foot to the head, there is no soundness in it, but bruises and sores and raw wounds. They are not pressed out or bound up or softened with oil." Any outsider can see that this man is separate from wholeness. Why can't he recognize his condition? This one who is so wounded thinks that his condition is normal and can't be honest with himself. In the same way, you can fast in complete dysfunction, utter lies, and woundedness of soul, like it is the normal Christian life, living a lie. Most don't do this intentionally, and yet they are bound, strapped, and oppressed just like the person from Isaiah 1, all the while saying that they're doing ok.

As you fast the fast God chooses, He wants intimacy with you because He wants you to be whole in every way. The word intimacy can make you feel uncomfortable, especially if you recognize your dysfunctional behaviors you're trying to manage while masquerading as normalcy in life and ministry. But intimacy, the way God intends, results in healing, truth, peace, and a Spirit-filled life—complete transformation into the image of Jesus.

So how do you get this intimacy and be honest about your separateness? Picture this - God invites you to His loving arms to tell the truth. Answer these truth-revealing questions as if God is directly asking. Are you feeling loved right now? Do you feel understood? Do you feel like you belong? Do you feel significant? Do you feel like you have purpose? Do you feel safe? You may know what you are supposed to answer, but can you reflect deeply and answer honestly from the heart? Why use the word "feel?" Because the feeling is communicating what you actually believe in this moment. Please don't build theology on these feelings, for they may be lying to you, but you need to learn to be honest before our God, who already knows what is really happening in your heart. He wants you to tell the truth. Ignoring or denying the feeling or covering it with a knowledge Band-Aid or declaration brings more separateness and is like the beat-up, broken person of Isaiah 1 declaring that there is nothing wrong with him because he quotes a verse about wholeness.

Do you want to accelerate Kingdom advancement in your life during this fast? Start by telling the truth about your separateness. This speedy pathway is for us to freely receive and freely share. But one thing we've learned in life and ministry is that we can't share what we haven't received. Truth-telling will unlock the sun to shine in the dark places and speedily bring your breakthrough.

Take a deep breath and release to Jesus any tension or stress you may be carrying. Look at Jesus standing in front of you and ask Holy Spirit to help you be honest. Look at the truth-revealing questions and answer without filter before the Lord. Here, the breakthrough begins.

Prayer:

Lord Jesus, I choose to tell the truth about my separateness. I choose to be honest about my current heart condition. I confess that I feel/don't feel _____. This is just where I am at this moment. Will you meet me here? As I tell you the truth about how I feel, what do you want me to know? What do you want to freely give me in exchange for my confession?

Jimbo Hull

The Well House of Prayer, Toccoa, GA

January 26 - Day 16

Freely give" is a phrase from the Bible (Matthew 10:8) that means to share what we have received from God without payment. It shows God's own character. He gave Jesus, who freely gave his life for our sins. He didn't ask for anything

in return.

Jesus instructs his disciples, telling them to share the message of the gospel freely because they have received it freely. They did this when they passed the golden gate, and Peter said, "Silver or gold I do not have, but what I do have I give you. In the name of Jesus Christ of Nazareth, walk."

It is seen as a cycle of receiving and giving back. When you receive God's gifts (like grace or forgiveness), you are compelled to give them back to others.

Share your time and skills to train others. Donate whenever someone asks for help as an act of kindness. If you have enough, share resources to help others and communicate love. Stay with people who are going through a difficult time, offering support freely.

Pray that a breakthrough will come in many people's lives and that God will give them new opportunities.

Prayer:

Father, help us to receive from you all that you have given to us. We want to receive so that we can freely give to you and those around us. We come today with open hands and hearts to receive all you have for us.

Zeeshan Rahmet

Pastor in Lahore, Pakistan

January 27 - Day 17

"For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord. " Romans 6:23

It seems that we live surrounded by bad news every day. Global conflicts, economic instability, sickness, poverty, devastating accidents, loss of loved ones, families torn apart, and the list goes on and on. But the worst news of all was the eternal consequences of sin. All of us had sinned; therefore, we were separated from God and faced eternal death. As Romans 6:23 warns us, "For the wages of sin is death..." so much despair, so much pain. There was nothing in power to free us from such condemnation. We could not save ourselves!

That's when we received the greatest of all news! "...BUT *the free gift of God is eternal life through Christ Jesus our Lord*" (Romans 6:23). Jesus Christ came to pay the debt for our sins. He broke sin's grip upon us and He gave us the gift of eternal life! We have been saved! Our relationship with God was restored; now we have peace with God and enjoy the peace of God in the midst of a broken planet.

We have freely received the Gospel, so we can now enjoy the blessing of a restored relationship with God and the gift of eternal life. May we be encouraged during these 21 days of fasting and prayer to pray for those who are still lost and hopeless. Pray that we, the believers, might raise up and freely give the good news of the Gospel to our friends, family, community, and to the ends of the world so that many would be saved!

Prayer:

Dear Heavenly Father, we are so thankful for the gift of eternal life that we have freely received through the sacrifice of your beloved son Jesus Christ, at Calvary. He died, was resurrected, and now He stands before you to intercede for us. Give us the courage and anointing of your Holy Spirit to give the wonderful news of the Gospel to the people with whom we work, study, and play. That they may also receive the joy and peace of your Salvation. In Jesus' mighty name, amen!

Josh Bencomo

Pastor in El Paso, Texas

January 28 - Day 18

“You prepare a table before me in the presence of my enemies; you anoint my head with oil; my cup overflows.” - Psalm 23:5

Overflowing

This favorite psalm of David describes the life of one who follows the Lord as sheep follow their shepherd. The Lord feeds us and provides for us even when the enemy is present to make us fear by lying to us. The enemy wants us to believe that we need to take care of ourselves, that if we give to others, we won't have enough to pay our bills or care for our family. The Lord anoints us with oil to make those lies fall off us. As we follow Him, we know all our needs are met. We don't need to be anxious about the future. He fills our cup so that it overflows onto others around us. We follow a Shepherd who cares for us with abundance. There is always more than enough, so that we can give freely.

Are you freely giving to those around you? Do you let what the Lord blesses you with to overflow onto others? Don't listen to the lies of the enemy. We have a God who loves us and meets our daily needs. He fed the five thousand, and the disciples gathered more food after everyone ate than there was at the very beginning. There was more after than before they gave. He does the same for us, so we can freely give.

Prayer:

“Lord, thank you for blessing me with many gifts and abilities. Thank you for your physical blessings and your spiritual blessings. Everything I have comes from you. As you have given freely, so I give freely. Thank you for the blessing of giving freely.”

Sherry Hartley

Prayer Team, College of Prayer, Lilburn, GA

January 29 - Day 19

However, he has given each one of us a special gift through the generosity of Christ. Now these are the gifts Christ gave to the church: the apostles, the prophets, the evangelists, and the pastors and teachers. Their responsibility is to equip God's people to do his work and build up the church, the body of Christ. -Ephesians 4:7, 11–12 (NLT)

As you grow in grace and in prayer, it's important to ask God about the gifts He has entrusted to you for serving the body of Christ. This is not the moment for false humility, shrinking back, or letting shame or fear define you. This is the moment to come before Jesus in true humility and ask Him how He sees you. How has He gifted you so that you can be a gift to His church?

Paul encouraged Timothy to fan into flame the gifts imparted to him. What in your life needs to be rekindled?

- Do you need to mother or father the next generation of builders and sent ones?
- Do you need to grow in hearing from the Lord and proclaiming His Word?
- Do you need deeper compassion for the lost—and a desire to train others to share the good news?
- Do you need to protect and defend the flock God has entrusted to you from the deceit of the world?
- Do you need to rightly divide the Word of God, helping others understand and apply it?

“Freely you have received; freely give.” Sometimes God calls us to bloom where we are planted rather than waiting for a perfect opportunity. At other times, He sends us somewhere new so we can use our gifts among people who are hungry for them. Listen and obey—because freely you have received, freely give.

Prayer:

Jesus, thank You for the gifts You have given me. Thank You for the ways You have gifted others. Help me honor each person You have given as a gift to Your church. Help me rise into my calling and become who You created me to be for the sake of Your body. I repent of any religious pride, shame, or fear that has held me back. Holy Spirit, fill me with Your gifts (1Corinthians 12:1–22; Romans 12). Help me give according to the power at work within me (Ephesians 3:20). Fill me, Holy Spirit. In Jesus' Name, amen.

Becca Holcomb

January 30 - Day 20

“For one will scarcely die for a righteous person—though perhaps for a good person one would dare even to die—but God shows his love for us in that while we were still sinners, Christ died for us.” Romans 5:7–8

Many give, but few do so *freely*. For those who do, it is a miracle of the Spirit of Jesus at work in us. Paul comes to some interesting conclusions and subsequent remarks that may be lost on us as contemporary readers of the Word. In Romans 5:7, he makes a distinction between a "righteous person" and a "good person". Unless we assume this is a tongue-in-cheek statement, we become aware that we all instinctively recognize the difference when we see these two kinds of people living their lives in a variety of circumstances, especially when observed over time. A "righteous" person is someone who knows how to have proper relations with others. In kindness, they treat and consider others well, and they have a life of right relationship to God, where they are connected with Him, and we see this often by their faithfulness to the religious things they do. But a "good" person is something completely different; it's otherworldly. It's why Jesus remarks that no one is truly "good" in themselves.

Someone good, even by our estimation, is one who we see lives completely compelled by love for God and people, and that is then expressed in open-hearted and open-handed generosity. A generous person is someone who repeatedly sacrifices for others. They keep giving, and giving, and giving *freely*, well beyond everyone else's expiration date. Often, for years on end and for the rest of their lives, they demonstrate this generosity to everyone they meet. And the amazing thing is we were neither "righteous" nor "good" when Christ found us, and yet Christ, who is both, died for us—the ungodly! But we can be both as His people, by His Spirit!

That's why Paul also said that this "goodness" or "*freely* given generosity" is a fruit of the Spirit. (Gal 5:22-23). Extravagant Generosity is how we can observe that someone is governed by love and compassion instead of external control, as they exhibit "mastery over self" (also a fruitful work of the Spirit). This humble posture of sacrifice is exactly what we see in Jesus as He comes to earth and gives Himself up for us *freely*. The results are completely unimaginable because abundant absolute love is at work. A love that is selfless, sacrificial, and sufficient. It becomes completely satisfying because it changes you and everyone who is touched by it. The greatest gifts Jesus gave us were not just the forgiveness of and freedom from sin, but the life He demonstrated of Faith, and subsequent close connection to the Father that was "generous to (what many would consider) a fault".

His words of prayer in the garden, "Father...not my will" (desire) "but your will (desire) be done" and on the cross, "Father, forgive them for they don't know what they do" are the fuel that not only powered His sacrifice that dark afternoon, but *freely* gave a transformational lifestyle that the Ancient Christian Church was then empowered to endure through persecution for 3 centuries and since then for thousands of pockets of disciples through the centuries and across the globe. If only this were still true for the whole Church! But couldn't it be?!?

Yes! We too can be truly generous people, *freely* giving of our Hearts and Love, Forgiveness and Grace, Courage and Kindness, Minds and Words, Presence and Purpose, and Hands and Feet every day, not for ourselves but for Christ; especially to our enemies and especially at many inconvenient times and circumstances, as we remain "in Christ", overflowing with His Word and Spirit, choosing generosity and simplicity, and making those virtues the only extravagance we pursue. It's Christ's *freely* given "goodness" that, when received, compels us to lay down our lives for Him and others.

This generous lifestyle truly makes it a delight to give and give and give at the same proportional ratio that we have received from His abundant generosity to us, overflowing in peace, that always comes at just the right time. And this results in a release of joy that can only come from letting go of self and choosing to *freely* love and *freely* give in Christ's way instead of the world's cheap imitation.

Prayer:

Loving Father, we were made for generosity, and we have so much capacity for this Kingdom lifestyle. The reality around us is one of increasing self-centeredness and vain pursuit of possessions, pretense, platforms, positions, and false power. BUT, when we rely on your indwelling Spirit, you make us people who bring reconciliation with us to others by freely giving sacrificially and generously. This is a simple, selfish act that reflects your act on the cross and still does as you sit enthroned as King in Heaven. Not our wills, our desires, but Your will and way. Make this a year for us where we are re-parented in all aspects of life to be generous in the same ways you have been so generous to us. Fill us afresh with the absolute and abundant love of Heaven, so that its fractals fracture the facade of the world's false versions of love and grace. We pray that we will be a blessing, for this is why we were called and blessed and will be

blessed in full when you return.

"For, 'Whoever would love life and see good days must keep their tongue from evil and their lips from deceitful speech. They must turn from evil and make good [cultivate a lifestyle of generosity to become the reality all around them]; they must seek peace and pursue it. For the eyes of the Lord are on the righteous and his ears are attentive to their prayer, but the face of the Lord is against those who make evil.'" (1 Peter

*In the fullness of Your Spirit, may this become our pursuit of You in the land of the living, as we await Your return. We want to see You, Jesus as we are freely given to You and others.
In Jesus Name, we agree by prayer!*

Drew Strecker

Pastor in Charlotte, NC

January 31 - Day 21

***"For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast. For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them."* Ephesians 2:8–10.**

Whenever I come to the end of an extended fast, I often have mixed emotions. I certainly enjoy the thought of eating again, but I actually grieve that the fast comes to an end for two primary reasons.

1) Answers to Prayer - During the fast, I often see such dramatic answers to prayer. While perhaps we see an increase in answers to prayer during a fast, it is necessary for each of us to recognize that any answer from God was not a result of our *"doing."*

Paul makes it clear in Ephesians 2:8-9 that anything we receive from God is all *"by grace."* The definition of grace is *"unmerited favor."* We do not earn favor; we receive favor. Paul makes it clear that it is not a *"result of works."*

As we finish the fast, may we celebrate God and all the works that *God did*. Any answer to prayer had little to do with what we may have done. We received answers to prayer by grace. Celebrate the grace of God and worship Him for His grace. End the fast the way Jesus ends His Prayer Pattern, *"For yours is the kingdom and the glory and the power forever and ever."*

2) Intimacy with God - During the fast, I often enjoy deep intimacy and connection with God. I have had extended times in God's Word. I confess sin, journal, grieve, plan ahead, and receive revelation for the days ahead.

I often come to the end of the fast, and while I am excited to eat, I do not want to lose the deep connection with God, and I want to continue to see more supernatural answers to prayer. Perhaps you are like me?

I want to encourage you to celebrate what God has done. Write down the miracles. Celebrate the answers to prayer. Journal the ways God has brought you closer to Him. Then, ask God to help you to transition to eating again.

While we may eat tomorrow, the intimacy with God can remain. God is eager to meet with you on day 22 (tomorrow, after you have eaten food), as he was on Day 1 of the fast. God wants you to continue to draw near to Him. Seek Him. Continue to flow in intimacy with Him.

Prayer:

Father God, thank you for the miracles you have done. I have received them by grace through faith. I did not deserve or earn anything. I received everything by grace. I also thank you for the increased intimacy and connection we have had on this fast. I love you now more than ever. Help me now as I return to eating. While I return to eating, I do not want to return to the way things were before the fast. I am a new person. I want to continue to draw near to you and seek you with all my heart so I can remain close with you. (Jeremiah 29:13; Matthew 7:7-8; James 4:8)

Stephen Hartley, 2nd Wave Team Leader & Pastor in Dacula, GA