During The Fast

During the period January 5th thru January 14, 2026 you are encouraged to:

♦Start your morning with prayer.

♦Eat any variety of fruits, vegetables, and grains.

♦Drink at least 8 glasses of water per day.

♦ Spend time in daily devotions, reading the suggested scriptures and other portions of God's Word.

♦ Meditate on the Word.

♦Listen only to Gospel music, preaching and/ or teaching.

♦End your evening before going to sleep with prayer.

♦If you have any questions about your fitness to fast, please consult your physician.



Be a Witness During This Time of Consecration

If it's God's heart you desire, Lost souls you must learn to cherish; For the heart and will of the Father Is that not one soul should perish.

"Say not ye, there are yet four months, and then cometh harvest? Behold, I say unto you, lift up your eyes, and look onto the fields; for they are white already to harvest." -John 4:35

New Solid Rock Church Ministries, Inc.

1103 State Route 3 North Gambrills. MD 21054

Phone: 301-772-7100 Email: nsrrock@aol.com Website: www.nsrcm.org



Our Theme:

"Anointed for the Harvest"

"Thus saith he unto his disciples, the harvest is truly plenteous, but the Labourers are few: pray ye therefore the Lord of the Harvest, that he will send forth labourers

Mathews 9: 37-38 KJV

into his harvest."

Monday, January 5, 2026 starting at 6:00 am until Wednesday, January 14, 2026at 3:00 pm

Please seek medical advise from your doctor/healthcare professional before starting this fast as portions and diets may need to be modified.



Pastors Terrence J. & Taunya A. Melvin www.nsrcm.org



Why Fast?

To fast is to abstain from anything that hinders our walk with God. It is the practice of self-denial. In biblical times fasting aided the believer in becoming a channel of power. Indeed fasting is a private matter between an individual and God; however, a corporate fast can be a powerful experience that enables God to release His promises because of the humility of men and women.

We Fast.....

Daily Prayer During the Fast

January	5th	Self-Repentance Psalm 51
January	6th	Unity of Hearts, Spirit, and Minds Psalm 139:23, 24 II Chronicles 7:14
January	7th	Thanksgiving In All Things and for All Things. Psalm 103:2-5 Ephesians 5:20 I Thessalonians 5:18
January	8th	Forgiveness Psalm 66:18-20 Matthew 6:12, 15
January	9th	Salvation of Those Who Do Not Know Jesus As Their Personal Savior. John 3:16 Romans 10:9-13 Revelation 3:20; 12:2-11
January	10th	Wisdom, Strength and Divine Direction for the Pastors and the entire leadership of NSRCM. Psalm 20 Ephesians 6:19, 20 I Timothy 1:13, 14 Proverbs 24:1-7 Philippians 4:13
January	11th	Spiritual Revival Within Our Entire Church Family. Joshua 1:8 John 15:1-17 Romans 12:1, 2 Ephesians 3:14-19

Last Three Days

January 12th to January 14th - Pray the outline of prayer as stated in Matthew 6:9-31. Pray the **Corporate Directives**.

We want to share in your testimony of what the Lord has done during this period of consecration. Please write us at the above address or send us your e-mail at NSRROCK@AOL.COM or share on Facebook. For additional copies please feel free to visit our website: www.nsrcm.org

Corporate Prayer Directives

Luke 18:1 And He spake a parable unto them to this end, that men ought always to pray, and not to faint.

- Pray for those who have authority over us (city, state, government).
- ♦ Pray for the peace of Jerusalem.
- Pray that the anointing will increase in Pastors Terrence and Taunya's lives for miracles.
- Pray for NSR Elders, Ministers, Deacons, Officers and their family members.
- Pray that Pastors Terrence and Taunya will walk in wisdom like never before.
- Pray for the favor of God in the life of every member and supporter of New Solid Rock.
- Pray that every member of this house will have their houses overtaken by the prosperity of God. Pray for an invasion of God's prosperity into the lives of every member of NSR.
- Pray for the deliverance from debt in the life of every member of NSR.
- Pray for countless numbers of souls to be saved through evangelism and come to NSR. Pray for the services on Sunday, Wednesday and Thursday that there will be countless numbers of souls in attendance hungry for God's Word.
- ◆ Pray that we reach countless number of souls for Jesus through,email, social media platforms, radio, T.V., newsletters and conference calls and the harvest from our outreach ministries.
- Pray for divine health for every member of our church.
- Pray for a hunger and thirst for God's Word and God's anointing in our church.
- Pray for the expansion of the church(church property, contractors, lawyers, bankers and architect).
- Pray that our outreach ministries will operate at full capacity and never go below.
- Pray for the teenagers, children, young adults, and Seniors of NSR.
- Pray that money through tithes, offerings, and grants will come unto the church.
- Pray that every individual that plants a seed in this ministry will be blessed beyond measure.
- ◆Pray for the Lords' presence and continued favor as we work in the coming months

^{*}To loose the bands of wickedness.

^{*}To undo the heavy burdens.

^{*}To let the oppressed go free.

^{*}To break every yoke.

Isaiah 58