

# Rest in Jesus

“Jesus said to him, “I am the way, and the truth, and the life. No one comes to the Father except through me.” John 14:6

Sometimes, we get caught up in the busyness of life and allow ourselves the opportunity to become complacent in our relationship with Christ. School picks up, sports come into our lives again, and we transition our mindset to allow our schedules to "fill up". Usually when that happens something has to go. And unfortunately, a lot of times it can be our closeness & relation with Christ.

In this verse, Jesus is answering Thomas' question "Lord, we don't know where you're going, how can we know the way?" So what does it mean that Jesus is the way, the truth, and the life? This is a popular verse that tells us our only way to God our Father, is through Jesus, our Savior. Jesus' time on Earth was a blueprint, being the example for us on how we should live (the way). The way He did this was by teaching us what to believe and believe in (the truth). He then gave us the source of how we will live this out (the life).

Acts 4:12 tells us there is salvation in no one else. Christ alone is the only way to our salvation. He lived a short, sinless life, giving us miracles, lessons, & deep relationships which pointed to how we should live a life for God. He took our sin so that he could die in our place, allowing us to die to sin and be healed. His whole ministry was dedicated to framing our faith that is rooted in the truth. In this verse, He fulfills the teaching of the Old Testament and reveals the true God. What we know of God is a sweet gift that is enough to build our entire lives on. How will you handle this gift?

How great is it to know that Jesus took our sin and shame and made us clean? He paid the ultimate price for us, and because of this we are able to experience God in a way that never happened before. When WE don't have the answer, we can rest in Jesus knowing that He always does. If we follow the truth He gave to us, we will be living a life for Him.

I encourage us to rest in this truth during these busy seasons when we feel overwhelmed and empty, believing that the simply following Jesus is enough.

-Ciana Hardy